

## SECTION 1. REPORTING OF UROLOGICAL PROBLEMS UG

	Men and Women	Men					Women					Men v. Women
		Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
<b>UNIRARY INCONTINENCE</b>												
How often do you leak urine? (Mean ± SD)	0.8 ± 1.64	0.5 ± 1.29	0.1 ± 0.52	0.4 ± 1.24	1.0 ± 1.70	0.001	1.4 ± 1.96	0.4 ± 1.26	1.7 ± 2.07	1.7 ± 2.05	<0.001	<0.001
0:Never	75.1%	82.0%	94.3%	86.0%	65.4%		64.6%	90.9%	56.5%	55.3%		
1:Usually once a week or more often	4.7%	6.7%	1.6%	7.0%	11.5%		1.7%	0.8%	1.4%	2.6%		
2:2 or 3 times a week	2.9%	3.2%	2.1%	0.0%	7.7%		2.4%	0.3%	1.2%	5.3%		
3:Usually once a day	2.4%	1.3%	2.0%	0.0%	1.9%		4.2%	0.0%	5.8%	5.3%		
4:Many times per day	7.6%	1.2%	0.0%	1.8%	1.9%		17.4%	4.0%	25.1%	18.4%		
5:Constantly	7.2%	5.6%	0.0%	5.3%	11.5%		9.7%	4.0%	10.1%	13.2%		
Urinary incontinence (% Yes)	24.9%	18.0%	5.7%	14.0%	34.6%	0.001	35.4%	9.1%	43.5%	44.7%	0.001	0.002
When you leak urine, about how much is it? Would you say: (Mean ± SD)	0.8 ± 1.63	0.5 ± 1.15	0.1 ± 0.44	0.4 ± 1.18	0.9 ± 1.45	0.008	1.3 ± 2.08	0.4 ± 1.41	1.5 ± 2.09	1.7 ± 2.30	0.004	0.003
0:None	75.4%	82.3%	95.1%	86.0%	65.4%		64.9%	91.5%	57.0%	55.3%		
2:Small quantity	14.9%	14.0%	4.9%	8.8%	28.8%		16.2%	0.3%	19.3%	23.7%		
4:Medium amount	4.0%	1.9%	0.0%	3.5%	1.9%		7.2%	4.3%	13.4%	2.6%		
6:Big amount	5.7%	1.9%	0.0%	1.8%	3.8%		11.7%	3.8%	10.3%	18.4%		
To what extent does incontinence influence your everyday life? (0:Not at all, 10:Very much)						0.002					0.002	0.001
Mean ± SD	1.8 ± 3.43	1.2 ± 2.85	0.4 ± 1.60	1.0 ± 2.70	2.2 ± 3.61		2.7 ± 4.03	0.8 ± 2.61	3.1 ± 4.07	3.4 ± 4.44		
Median	0.0	0.0	0.0	0.0	0.0		0.0	0.0	0.0	0.0		

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Min, Max	0, 10	0, 10	0, 9	0, 10	0, 10		0, 10	0, 10	0, 10	0, 10		
Have you ever seen a health care provider for UI symptoms? (% Yes)	19.9%	14.1%	3.4%	12.3%	26.9%	0.003	28.7%	4.5%	39.0%	34.2%	<0.001	0.006
Have you ever gotten treatment for UI symptoms? (% Yes)	17.1%	12.1%	3.0%	12.3%	21.2%	0.01	24.6%	4.2%	33.5%	28.9%	0.002	0.01
Overall, how bothersome have the above symptoms been during the last month? (Mean ± SD)	0.6 ± 1.11	0.4 ± 0.95	0.1 ± 0.58	0.3 ± 0.89	0.8 ± 1.20	0.004	0.9 ± 1.27	0.2 ± 0.83	1.0 ± 1.32	1.1 ± 1.35	0.002	0.003
0:Not at all bothersome	76.1%	82.8%	92.8%	87.7%	67.3%		65.8%	91.2%	59.3%	55.3%		
1:Bothers me a little	4.3%	3.4%	2.8%	1.8%	5.8%		5.6%	0.8%	6.6%	7.9%		
2:Bothers me some	5.0%	4.1%	1.3%	1.8%	9.6%		6.2%	0.2%	8.6%	7.9%		
3:Bothers me a lot	14.7%	9.7%	3.1%	8.8%	17.3%		22.4%	7.8%	25.5%	28.9%		
If you were to spend the rest of your life with these symptoms, as they are now, how would you feel about that? (Mean ± SD)	1.2 ± 2.18	0.8 ± 1.88	0.2 ± 0.84	0.7 ± 1.78	1.6 ± 2.41	<0.001	1.8 ± 2.47	0.5 ± 1.67	2.1 ± 2.55	2.2 ± 2.61	<0.001	0.001
0:Delighted	74.9%	81.6%	93.1%	86.0%	65.4%		64.6%	90.9%	56.6%	55.3%		
1:Pleased	1.0%	1.6%	1.2%	0.0%	3.8%		0.2%	0.3%	0.2%	0.0%		
2:Mostly satisfied	1.2%	0.9%	1.0%	1.8%	0.0%		1.5%	0.2%	1.3%	2.6%		
3:Mixed (equally satisfied and dissatisfied)	1.2%	0.5%	1.5%	0.0%	0.0%		2.3%	0.5%	5.6%	0.0%		
4:Mostly dissatisfied	4.9%	4.7%	2.9%	3.5%	7.7%		5.3%	0.2%	6.0%	7.9%		
5:Unhappy	7.7%	4.4%	0.3%	1.8%	11.5%		12.6%	0.2%	15.2%	18.4%		
6:Terrible	9.1%	6.2%	0.0%	7.0%	11.5%		13.6%	7.8%	15.1%	15.8%		

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
<b>International Index for Prostate Symptom Score (IPSS) (0-35)</b>						<0.001					0.61	0.44
Mean ± SD	10.6 ± 9.26	10.3 ± 10.04	4.1 ± 6.53	9.6 ± 8.89	17.1 ± 9.97		11.1 ± 7.93	12.5 ± 8.41	10.9 ± 8.10	10.4 ± 7.49		
Median	9.0	7.0	2.0	9.0	18.0		11.0	12.0	10.0	10.0		
Min, Max	0, 35	0, 35	0, 30	0, 35	1, 35		0, 33	0, 33	0, 32	0, 33		
<b>IPSS Categories</b>						<0.001					0.70	0.02
1:IPSS Score 0	14.1%	18.3%	35.5%	19.3%	0.0%		7.6%	12.3%	7.6%	4.4%		
2:IPSS Score 1-7	30.4%	31.8%	48.4%	24.6%	23.1%		28.3%	17.4%	30.8%	33.1%		
3:IPSS Score 8-19	36.2%	29.9%	10.0%	43.9%	34.6%		45.9%	48.6%	41.2%	49.1%		
4:IPSS Score 20+	19.3%	20.0%	6.1%	12.3%	42.3%		18.2%	21.7%	20.4%	13.5%		
<b>LUTS (% Yes)</b>	55.5%	49.9%	16.1%	56.1%	76.9%	<0.001	64.1%	70.3%	61.6%	62.5%	0.74	0.03
<b>IPSS Components</b>												
<b>During the last month:</b>												
How often did you feel that your bladder was not empty after urinating? (Mean ± SD)	1.5 ± 1.90	1.4 ± 1.87	0.6 ± 1.20	1.2 ± 1.75	2.5 ± 2.06	<0.001	1.5 ± 1.95	2.2 ± 2.14	1.7 ± 2.02	0.9 ± 1.58	0.02	0.66
0:Never	54.3%	53.9%	72.6%	57.9%	30.8%		55.0%	39.7%	52.4%	68.4%		

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
1:About 1 out of 5 times	9.4%	11.4%	10.2%	14.0%	9.6%		6.4%	9.4%	5.0%	5.8%		
2:About 1 out of 3 times	7.3%	7.1%	6.5%	8.8%	5.8%		7.6%	6.3%	6.8%	9.3%		
3:About 1 out of 2 times	8.1%	8.3%	6.5%	1.8%	17.3%		7.7%	4.9%	10.8%	6.2%		
4:About 2 out of 3 times	6.9%	5.7%	2.2%	7.0%	7.8%		8.8%	17.4%	8.3%	3.5%		
5:Almost always	14.0%	13.7%	2.0%	10.5%	28.8%		14.5%	22.3%	16.7%	6.8%		
You had to urinate again within 2 hours (Mean ± SD)	2.2 ± 2.05	2.1 ± 1.94	1.2 ± 1.61	2.1 ± 1.84	2.9 ± 2.00	<0.001	2.3 ± 2.20	2.7 ± 2.00	2.1 ± 2.22	2.2 ± 2.33	0.50	0.37
0:Never	37.6%	35.7%	58.5%	31.6%	17.3%		40.6%	27.1%	44.8%	45.5%		
1:About 1 out of 5 times	10.2%	12.0%	6.2%	12.3%	17.3%		7.5%	5.2%	8.6%	8.0%		
2:About 1 out of 3 times	7.6%	10.1%	10.0%	10.5%	9.6%		3.9%	5.7%	3.6%	3.1%		
3:About 1 out of 2 times	10.4%	13.3%	14.2%	19.3%	5.8%		5.9%	20.9%	1.6%	0.4%		
4:About 2 out of 3 times	11.5%	10.8%	6.4%	12.3%	13.5%		12.7%	13.2%	15.8%	9.1%		
5:Almost always	22.6%	18.3%	4.7%	14.0%	36.5%		29.2%	27.8%	25.7%	34.0%		
Your urination had to stop and start again (Mean ± SD)	1.1 ± 1.74	1.2 ± 1.73	0.4 ± 0.97	1.2 ± 1.65	2.0 ± 2.04	<0.001	1.1 ± 1.76	1.4 ± 1.97	1.0 ± 1.72	1.0 ± 1.68	0.67	0.73
0:Never	61.9%	58.5%	81.0%	57.9%	36.5%		67.2%	59.8%	68.5%	70.8%		
1:About 1 out of 5 times	8.7%	12.1%	8.6%	8.8%	19.2%		3.4%	5.5%	4.2%	1.2%		
2:About 1 out of 3 times	7.8%	8.2%	4.2%	12.3%	7.7%		7.3%	6.3%	4.1%	11.4%		
3:About 1 out of 2 times	5.9%	6.3%	2.2%	10.5%	5.8%		5.2%	9.5%	6.4%	0.9%		

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
4:About 2 out of 3 times	5.9%	4.5%	3.9%	1.8%	8.0%		8.1%	2.3%	11.1%	8.8%		
5:Almost always	9.8%	10.4%	0.0%	8.8%	22.7%		8.8%	16.5%	5.7%	6.8%		
How often was it difficult for you to postpone urination from the moment you felt like urinating? (Mean ± SD)	1.6 ± 1.93	1.3 ± 1.83	0.3 ± 0.87	1.3 ± 1.74	2.3 ± 2.05	<0.001	2.1 ± 1.98	1.8 ± 1.75	2.0 ± 1.92	2.4 ± 2.18	0.42	0.001
0:Never	48.9%	56.7%	89.2%	54.4%	26.9%		36.8%	37.7%	36.7%	36.2%		
1:About 1 out of 5 times	11.5%	12.8%	3.2%	12.3%	23.1%		9.4%	13.1%	9.6%	6.7%		
2:About 1 out of 3 times	8.3%	7.2%	4.8%	10.5%	5.8%		10.1%	9.1%	14.0%	6.5%		
3:About 1 out of 2 times	6.7%	2.7%	0.7%	5.3%	1.9%		12.8%	20.3%	11.7%	8.7%		
4:About 2 out of 3 times	10.0%	8.9%	0.2%	8.8%	17.6%		11.7%	12.5%	11.7%	11.2%		
5:Almost always	14.7%	11.7%	1.9%	8.8%	24.7%		19.3%	7.4%	16.3%	30.6%		
How often did you have a weak urination stream? (Mean ± SD)	1.6 ± 1.96	1.7 ± 2.03	0.5 ± 1.31	1.7 ± 2.01	2.9 ± 1.98	<0.001	1.4 ± 1.84	1.4 ± 1.85	1.5 ± 1.91	1.2 ± 1.78	0.86	0.19
0:Never	53.8%	51.5%	84.5%	50.9%	19.2%		57.3%	56.9%	57.1%	57.8%		
1:About 1 out of 5 times	6.4%	6.5%	2.7%	3.5%	13.5%		6.2%	6.2%	1.9%	11.1%		
2:About 1 out of 3 times	8.2%	8.2%	4.3%	8.8%	11.5%		8.2%	9.2%	9.2%	6.5%		
3:About 1 out of 2 times	7.9%	7.0%	2.4%	12.3%	5.8%		9.2%	10.0%	11.0%	6.7%		
4:About 2 out of 3 times	8.2%	8.1%	0.2%	7.0%	17.3%		8.3%	6.5%	9.0%	8.8%		

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
5:Almost always	15.5%	18.7%	5.9%	17.5%	32.7%		10.7%	11.2%	11.9%	9.1%		
You had difficulty urinating (Mean ± SD)	0.9 ± 1.60	1.0 ± 1.62	0.4 ± 1.07	0.8 ± 1.39	1.7 ± 2.01	<0.001	0.8 ± 1.58	1.3 ± 1.91	0.8 ± 1.57	0.5 ± 1.28	0.16	0.56
0:Never	67.9%	64.9%	83.8%	66.7%	44.2%		72.5%	59.4%	71.1%	83.1%		
1:About 1 out of 5 times	9.8%	12.2%	5.1%	14.0%	17.4%		6.2%	6.3%	7.8%	4.3%		
2:About 1 out of 3 times	5.7%	5.9%	4.8%	7.0%	5.8%		5.3%	11.7%	4.6%	1.7%		
3:About 1 out of 2 times	5.0%	5.2%	2.2%	5.3%	8.1%		4.6%	4.9%	4.6%	4.4%		
4:About 2 out of 3 times	3.1%	2.6%	2.1%	1.8%	3.9%		4.0%	1.8%	6.0%	3.2%		
5:Almost always	8.5%	9.1%	2.0%	5.3%	20.5%		7.4%	15.8%	5.9%	3.4%		
How many times did you have to go to the bathroom to empty your bladder during the night after falling asleep? (Mean ± SD)	1.8 ± 1.80	1.7 ± 1.82	0.8 ± 1.42	1.4 ± 1.61	2.9 ± 1.78	<0.001	1.9 ± 1.79	1.7 ± 1.90	1.8 ± 1.64	2.2 ± 1.88	0.55	0.33
0:Never	34.3%	37.1%	64.9%	35.1%	11.5%		30.1%	32.3%	32.2%	26.2%		
1:About 1 out of 5 times	21.9%	22.6%	17.9%	33.3%	15.4%		20.9%	31.2%	16.1%	18.9%		
2:About 1 out of 3 times	14.1%	13.2%	4.4%	15.8%	19.2%		15.4%	9.7%	20.5%	13.7%		
3:About 1 out of 2 times	8.0%	5.1%	2.4%	1.8%	11.5%		12.3%	5.2%	13.0%	16.4%		
4:About 2 out of 3 times	6.6%	7.1%	6.2%	1.8%	13.8%		5.8%	1.2%	11.0%	3.2%		
5:Almost always	15.2%	14.9%	4.2%	12.3%	28.5%		15.7%	20.3%	7.2%	21.6%		

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Have you ever seen a health care provider for IPSS symptoms? (% Yes)	64.1%	60.3%	28.8%	57.1%	95.5%	<0.001	69.8%	62.5%	74.8%	69.3%	0.59	0.14
Have you ever gotten treatment for IPSS symptoms? (% Yes)	51.3%	51.8%	22.7%	48.1%	84.9%	<0.001	50.4%	40.8%	56.5%	50.5%	0.49	0.84
Overall, how bothersome have the above symptoms been during the last month? (Mean ± SD)	1.4 ± 1.26	1.3 ± 1.25	0.6 ± 1.03	1.3 ± 1.27	1.9 ± 1.10	<0.001	1.7 ± 1.24	1.6 ± 1.23	1.8 ± 1.28	1.8 ± 1.23	0.80	0.004
0:Not at all bothersome	35.5%	41.7%	68.7%	41.9%	14.5%		26.0%	28.3%	27.3%	23.1%		
1:Bothers me a little	16.3%	16.5%	12.9%	15.6%	21.0%		16.0%	18.2%	10.8%	20.1%		
2:Bothers me some	16.5%	15.7%	7.5%	15.4%	24.0%		17.8%	20.8%	18.1%	15.3%		
3:Bothers me a lot	31.7%	26.1%	10.8%	27.0%	40.5%		40.2%	32.8%	43.7%	41.6%		
If you were to spend the rest of your life with these symptoms, as they are now, how would you feel about that? (Mean ± SD)	3.1 ± 2.33	2.7 ± 2.35	1.6 ± 2.14	2.6 ± 2.33	3.9 ± 2.03	<0.001	3.8 ± 2.16	3.8 ± 2.16	3.9 ± 2.20	3.6 ± 2.17	0.83	<0.001
0:Delighted	26.3%	32.4%	56.4%	32.4%	8.5%		16.9%	17.1%	17.6%	16.0%		
1:Pleased	6.7%	8.3%	5.9%	9.8%	9.1%		4.1%	1.2%	2.1%	8.2%		
2:Mostly satisfied	6.7%	8.0%	1.5%	11.2%	10.9%		4.7%	5.1%	4.1%	5.2%		

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
3: Mixed (equally satisfied and dissatisfied)	9.8%	9.6%	10.2%	9.6%	8.9%		10.2%	17.5%	6.5%	9.1%		
4: Mostly dissatisfied	10.5%	8.9%	10.2%	6.1%	10.6%		12.8%	10.3%	16.1%	11.1%		
5: Unhappy	19.3%	16.1%	10.2%	14.6%	23.8%		24.2%	20.3%	21.9%	29.3%		
6: Terrible	20.8%	16.6%	5.5%	16.3%	28.1%		27.1%	28.5%	31.7%	21.3%		

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
<b>SCSF</b> Please answer the following questions referring to your sexual function during the last 3 months: Are you satisfied with your sexual function? (% Yes)	63.6%	55.5%	63.5%	53.1%	50.0%	0.34	76.2%	76.0%	67.8%	85.3%	0.24	<0.001

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
How long have you not been satisfied with your sexual function?, categories*						0.42					0.32	0.43
1-5 months	23.7%	21.9%	21.1%	17.6%	26.9%		28.8%	32.4%	31.1%	19.7%		
6-17 months	27.6%	25.1%	42.1%	26.2%	11.5%		34.9%	48.6%	33.7%	21.9%		
18-29 months	16.0%	19.5%	21.1%	15.0%	23.1%		5.5%	0.6%	8.9%	2.6%		
30-71 months	13.2%	13.9%	0.0%	15.0%	23.1%		11.1%	16.8%	9.8%	6.7%		
72-2399 months	17.5%	16.7%	10.5%	22.5%	15.4%		19.7%	1.7%	16.4%	49.0%		
2400+ months	2.1%	2.8%	5.3%	3.7%	0.0%		0.0%	0.0%	0.0%	0.0%		
Reported 1 or more sexual dysfunctions (% Yes)	73.9%	73.3%	53.8%	84.2%	80.8%	0.002	74.9%	65.2%	75.4%	80.9%	0.40	0.77
Which problem(s) do you face during your sexual function?												
1. Lack or reduction of sexual desire (% Yes)	44.6%	36.0%	19.2%	42.1%	46.2%	0.004	57.7%	44.8%	65.5%	58.2%	0.27	<0.001
2. MEN: Erection problem (% Yes)	--	46.6%	36.5%	49.1%	53.8%	0.18	--	--	--	--	--	--
2. WOMEN: Reduced sensation of genitals (% Yes)	--	--	--	--	--	--	24.0%	24.2%	22.2%	25.8%	0.94	--
3. MEN: Rapid ejaculation during intercourse (% Yes)	--	19.3%	13.5%	22.8%	21.2%	0.38	--	--	--	--	--	--

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
3. WOMEN: Reduced vaginal lubrication (% Yes)	--	--	--	--	--	--	23.1%	24.0%	21.3%	24.4%	0.94	--
4. MEN: Delay or difficulty to ejaculate or reach orgasm (% Yes)	--	17.4%	13.5%	17.5%	21.2%	0.58	--	--	--	--	--	--
4. WOMEN: Difficulty reaching orgasm (% Yes)	--	--	--	--	--	--	19.6%	16.0%	25.7%	15.5%	0.52	--
5. Pain during sexual intercourse (% Yes)	13.8%	9.3%	9.6%	12.3%	5.8%	0.47	20.6%	28.6%	22.6%	12.9%	0.31	0.02
6. MEN: Curved penis during intercourse (% Yes)	--	13.7%	9.6%	14.0%	17.3%	0.50	--	--	--	--	--	--
7. Other (% Yes)	14.2%	7.5%	5.8%	10.5%	5.8%	0.60	24.5%	15.7%	22.5%	32.7%	0.29	<0.001
Which of the above bothers you the most? **						0.69					0.26	--
1	33.8%	22.7%	18.9%	25.0%	22.7%		50.5%	43.2%	51.6%	53.3%		
2	29.1%	46.0%	47.4%	45.8%	45.2%		3.8%	0.2%	2.7%	6.9%		
3	8.5%	11.4%	7.1%	12.5%	13.0%		4.1%	7.1%	1.0%	5.4%		
4	5.6%	5.1%	3.6%	4.2%	7.1%		6.3%	5.9%	8.7%	4.2%		
5	7.6%	4.4%	11.3%	0.0%	4.8%		12.4%	25.5%	17.2%	0.4%		
6	2.2%	3.7%	8.1%	2.1%	2.5%		--	--	--	--		
7	13.2%	6.8%	3.6%	10.4%	4.8%		22.9%	18.2%	18.8%	29.8%		

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Have you ever seen a health care provider for these symptoms? (% Yes)	33.5%	43.4%	48.1%	48.9%	32.7%	0.16	18.4%	25.8%	19.9%	11.7%	0.36	<0.001
Have you ever gotten treatment for these symptoms? (% Yes)	21.9%	29.0%	36.5%	31.2%	19.2%	0.12	10.9%	8.9%	13.6%	9.4%	0.81	<0.001
Would you like to discuss these issues with your doctor? (% Yes)	50.5%	63.8%	50.0%	73.2%	67.3%	0.04	30.0%	48.3%	29.4%	18.2%	0.06	<0.001
Overall, how bothersome have the above symptoms been during the last month? (Mean ± SD)	1.2 ± 1.25	1.5 ± 1.30	1.2 ± 1.34	1.7 ± 1.29	1.6 ± 1.23	0.08	0.7 ± 1.01	0.9 ± 1.06	0.8 ± 1.03	0.4 ± 0.93	0.15	<0.001
0:Not at all bothersome	46.6%	36.7%	51.9%	28.1%	30.8%		61.8%	53.4%	53.3%	76.6%		
1:Bothers me a little	12.9%	12.0%	7.7%	14.0%	14.2%		14.1%	13.8%	17.6%	10.6%		
2:Bothers me some	16.2%	16.5%	11.5%	14.1%	24.0%		15.9%	24.6%	21.3%	4.1%		
3:Bothers me a lot	24.3%	34.8%	28.8%	43.8%	31.0%		8.2%	8.2%	7.9%	8.6%		
If you were to spend the rest of your life with these symptoms, as they are now, how would you feel about that? (Mean ± SD)	2.9 ± 2.35	3.3 ± 2.40	2.5 ± 2.65	3.7 ± 2.19	3.6 ± 2.25	0.04	2.3 ± 2.14	2.7 ± 2.36	2.5 ± 2.15	1.9 ± 1.94	0.29	0.001
0:Delighted	31.5%	28.0%	48.1%	15.8%	21.2%		37.0%	36.9%	33.6%	40.6%		
1:Pleased	5.4%	4.4%	1.9%	9.0%	2.0%		6.9%	1.8%	6.0%	11.3%		
2:Mostly satisfied	4.9%	4.7%	1.9%	4.3%	7.8%		5.2%	5.8%	6.8%	2.9%		

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
3: Mixed (equally satisfied and dissatisfied)	11.9%	8.0%	5.8%	9.4%	8.6%		17.9%	4.5%	20.6%	24.1%		
4: Mostly dissatisfied	9.8%	9.0%	1.9%	12.5%	12.2%		11.1%	16.0%	8.9%	10.1%		
5: Unhappy	19.9%	23.1%	19.2%	24.8%	25.2%		15.0%	26.9%	15.5%	6.2%		
6: Terrible	16.6%	22.9%	21.2%	24.3%	23.1%		7.0%	8.0%	8.6%	4.7%		

\*only subjects answering they were not satisfied are counted in this question

\*\*only subjects reporting at least one symptom are counted in this question

## SECTION 2. DEMOGRAPHICS OF UG

	Men and Women	MEN					WOMEN					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
<b>Demographics</b>												
Age, y						--					--	0.27
Mean ± SD	51.0 ± 16.21	50.1 ± 16.86	29.4 ± 5.88	52.1 ± 6.54	68.6 ± 4.58		52.3 ± 15.14	30.7 ± 7.23	52.0 ± 5.22	67.4 ± 4.22		
Median	54.0	53.0	30.0	53.0	68.0		55.0	31.5	52.0	67.5		
Min, Max	17, 79	19, 79	19, 40	41, 60	62, 79		17, 77	17, 40	42, 60	61, 77		
Age, categories						--					--	0.41
1:Age 18-40y	29.3%	32.3%	100.0%	0.0%	0.0%		24.8%	100.0%	0.0%	0.0%		
2:Age 41-60y	36.8%	35.4%	0.0%	100.0%	0.0%		39.0%	0.0%	100.0%	0.0%		
3:Age 61-80y	33.8%	32.3%	0.0%	0.0%	100.0%		36.2%	0.0%	0.0%	100.0%		
Were you born in Greece? (%Yes)	91.7%	91.9%	84.6%	93.0%	98.1%	0.04	91.4%	88.5%	90.2%	94.7%	0.60	0.89
Have you ever lived abroad for more than 3 years? (%Yes)	27.9%	28.8%	23.1%	22.8%	41.0%	0.09	26.7%	15.4%	31.7%	28.9%	0.25	0.71
Is your nationality Greek? (%Yes)	98.9%	99.4%	98.1%	100.0%	100.0%	0.60	98.1%	96.2%	97.6%	100.0%	0.37	0.38
What is your current marital status?						<0.001					<0.001	<0.001
1:Married	67.7%	70.8%	30.8%	93.0%	86.5%		62.9%	50.0%	70.7%	63.2%		
2:Living with a partner	1.1%	1.9%	3.8%	0.0%	1.9%		0.0%	0.0%	0.0%	0.0%		
3:Divorced/separated	3.4%	3.1%	0.0%	3.5%	5.8%		3.8%	7.7%	4.9%	0.0%		
4:Widowed	8.3%	1.2%	0.0%	1.8%	1.9%		19.0%	0.0%	17.1%	34.2%		
5:Single, never married	19.5%	23.0%	65.4%	1.8%	3.8%		14.3%	42.3%	7.3%	2.6%		
Do you have children? (%Yes)	71.8%	65.8%	9.6%	91.2%	94.2%	<0.001	81.0%	46.2%	90.2%	94.7%	<0.001	0.005

	Men and Women	MEN					WOMEN					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Number of boys						0.65					0.32	0.58
Mean ± SD	1.3 ± 1.09	1.2 ± 1.10	1.4 ± 1.48	1.2 ± 0.89	1.1 ± 0.78		1.3 ± 1.04	1.7 ± 1.52	1.4 ± 0.85	1.1 ± 0.71		
Median	1.0	1.0	1.0	1.0	1.0		1.0	1.0	1.0	1.0		
Min, Max	0, 10	0, 10	0, 10	0, 4	0, 3		0, 9	0, 9	0, 5	0, 4		
Number of girls						0.10					<0.001	0.04
Mean ± SD	0.9 ± 0.88	0.8 ± 0.90	0.5 ± 0.92	0.8 ± 0.80	1.1 ± 0.88		1.1 ± 0.81	1.2 ± 0.90	1.0 ± 0.87	1.2 ± 0.67		
Median	1.0	1.0	0.0	1.0	1.0		1.0	1.0	1.0	1.0		
Min, Max	0, 6	0, 6	0, 6	0, 4	0, 6		0, 5	0, 5	0, 4	0, 3		
If you are single:												
Single without a relationship	40.4%	32.4%	26.5%	100.0%	100.0%	0.18	60.0%	54.5%	66.7%	100.0%	0.56	0.08
Single with occasional relationship	17.3%	24.3%	26.5%	0.0%	0.0%	0.25	0.0%	0.0%	0.0%	0.0%	--	0.004
Single with stable relationship	42.3%	43.2%	47.1%	0.0%	0.0%	0.20	40.0%	45.5%	33.3%	0.0%	0.56	0.83
Other	0.0%	0.0%	0.0%	0.0%	0.0%	--	0.0%	0.0%	0.0%	0.0%	--	--
Do you live with:												
Partner/Husband/Wife	68.8%	73.3%	36.5%	93.0%	88.5%	<0.001	61.9%	50.0%	68.3%	63.2%	0.34	0.05
Children	38.7%	36.0%	11.5%	66.7%	26.9%	<0.001	42.9%	53.8%	56.1%	21.1%	0.002	0.27
Parents/In-laws	15.5%	16.8%	42.3%	5.3%	3.8%	<0.001	13.6%	39.7%	9.8%	0.0%	<0.001	0.49
Siblings	7.2%	7.5%	21.2%	1.8%	0.0%	0.002	6.8%	23.7%	2.4%	0.0%	0.03	0.85
Roommate	0.8%	0.0%	0.0%	0.0%	0.0%	--	1.9%	7.7%	0.0%	0.0%	0.36	0.16
How many years of school have you completed altogether?						<0.001					<0.001	0.002
Mean ± SD	10.7 ± 4.95	11.5 ± 4.90	13.8 ± 3.07	12.1 ± 4.39	8.4 ± 5.35		9.6 ± 4.84	14.1 ± 2.50	9.3 ± 3.61	6.9 ± 5.06		

	Men and Women	MEN					WOMEN					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Median	12.0	12.0	13.5	12.0	6.0		9.0	14.0	9.0	6.0		
Min, Max	0, 28	0, 28	6, 20	6, 26	0, 28		0, 23	9, 19	2, 17	0, 23		
What is the highest level that you have completed?						<0.001					<0.001	0.10
1:None	8.6%	6.2%	0.0%	0.0%	19.2%		12.4%	0.0%	0.0%	34.2%		
2:Primary	28.9%	26.7%	5.8%	24.6%	50.0%		32.4%	0.0%	46.3%	39.5%		
3:High school	5.6%	5.6%	5.8%	10.5%	0.0%		5.7%	3.8%	12.2%	0.0%		
4:Lyceum	18.4%	16.1%	25.0%	17.5%	5.8%		21.9%	34.6%	24.4%	10.5%		
5:Technical lyceum	3.8%	4.3%	11.5%	1.8%	0.0%		2.9%	7.7%	2.4%	0.0%		
6:Vocational training	14.7%	18.0%	25.0%	22.8%	5.8%		9.5%	23.1%	4.9%	5.3%		
7:TEI	3.8%	3.1%	3.8%	3.5%	1.9%		4.8%	15.4%	2.4%	0.0%		
8:AEI	12.4%	14.9%	13.5%	17.5%	13.5%		8.6%	11.5%	7.3%	7.9%		
9:Postgraduate	2.6%	3.1%	9.6%	0.0%	0.0%		1.9%	3.8%	0.0%	2.6%		
10:PhD	1.1%	1.9%	0.0%	1.8%	3.8%		0.0%	0.0%	0.0%	0.0%		
What is the highest level that you have completed?, categories						<0.001					<0.001	0.11
1:None - high school	43.1%	38.5%	11.6%	35.1%	69.2%		50.5%	3.8%	58.5%	73.7%		
2:Lyceum - vocational training	36.9%	38.4%	61.5%	42.1%	5.8%		34.3%	65.4%	31.7%	15.8%		
3:TEI - PhD	19.9%	23.0%	26.9%	22.8%	19.2%		15.3%	30.7%	9.7%	10.5%		
Which of the following categories best describes your current work situation?												
Working for the public sector	9.4%	12.4%	15.4%	21.1%	0.0%	<0.001	4.8%	7.7%	7.3%	0.0%	0.08	0.02

	Men and Women	MEN					WOMEN					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Working for the private sector	17.7%	23.0%	36.5%	28.1%	3.8%	<0.001	9.5%	23.1%	9.8%	0.0%	0.005	0.003
Have your own business	22.6%	29.8%	26.9%	42.1%	19.2%	0.03	11.4%	7.7%	19.5%	5.3%	0.15	<0.001
Unemployed, with other income	0.0%	0.0%	0.0%	0.0%	0.0%	--	0.0%	0.0%	0.0%	0.0%	--	--
Unemployed, looking for a job	4.5%	1.2%	3.8%	0.0%	0.0%	0.36	9.5%	38.5%	0.0%	0.0%	0.002	0.006
Disabled	2.3%	1.9%	1.9%	3.5%	0.0%	0.22	2.9%	0.0%	2.4%	5.3%	0.23	0.61
Retired	32.3%	32.3%	0.0%	10.5%	88.5%	<0.001	32.4%	0.0%	22.0%	65.8%	<0.001	0.99
Homemaker	17.3%	0.0%	0.0%	0.0%	0.0%	--	43.8%	19.2%	51.2%	52.6%	0.009	<0.001
Student	4.1%	5.0%	15.4%	0.0%	0.0%	0.01	2.9%	11.5%	0.0%	0.0%	0.21	0.37
Other	3.4%	4.3%	3.8%	7.0%	1.9%	0.42	1.9%	3.8%	2.4%	0.0%	0.37	0.24
How many hours per week do you work?						0.05					0.002	0.005
1:35 and above	70.8%	79.5%	82.5%	86.6%	41.7%		58.4%	38.9%	79.4%	37.5%		
2:less than 35	29.2%	20.5%	17.5%	13.4%	58.3%		41.6%	61.1%	20.6%	62.5%		
How many people, including yourself, live out of your family income?						<0.001					<0.001	0.61
Mean ± SD	2.9 ± 1.36	2.9 ± 1.30	2.7 ± 1.31	3.5 ± 1.20	2.5 ± 1.14		2.8 ± 1.46	3.7 ± 1.56	3.0 ± 1.40	2.0 ± 1.00		
Median	2.0	3.0	2.5	4.0	2.0		2.0	4.0	2.0	2.0		
Min, Max	1, 7	1, 7	1, 6	1, 6	1, 7		1, 7	1, 7	1, 6	1, 5		
Are you facing difficulties in paying for the following?												
Transportation (%Yes)	28.5%	24.2%	17.3%	19.3%	36.5%	0.06	35.1%	11.5%	46.3%	39.1%	0.004	0.06
Household expenses (%Yes)	28.6%	21.7%	13.5%	21.1%	30.8%	0.10	39.0%	11.5%	48.8%	47.4%	0.001	0.003

	Men and Women	MEN					WOMEN					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Health care, medication (%Yes)	19.2%	17.4%	9.6%	17.5%	25.0%	0.10	21.9%	7.7%	22.0%	31.6%	0.04	0.37
Food (%Yes)	13.5%	10.6%	1.9%	10.5%	19.2%	0.006	18.1%	7.7%	17.1%	26.3%	0.12	0.09
Education and entertainment (%Yes)	32.0%	26.7%	19.2%	33.3%	26.9%	0.24	40.0%	15.4%	51.2%	44.7%	0.005	0.03
Which category best describes your total household income / month (Mean ± SD)	4.1 ± 1.62	4.3 ± 1.51	4.5 ± 1.66	4.8 ± 1.16	3.6 ± 1.47	<0.001	3.8 ± 1.72	4.7 ± 1.61	3.9 ± 1.62	3.0 ± 1.59	<0.001	0.005
1:Less than 450 euro	6.0%	2.5%	0.0%	1.8%	5.8%		11.4%	3.8%	4.9%	23.7%		
2:450-600	9.6%	9.3%	11.5%	0.0%	17.3%		9.9%	5.5%	12.2%	10.5%		
3:600-1000	20.4%	17.4%	19.2%	7.0%	27.1%		25.0%	4.6%	31.7%	31.6%		
4:1000-1500	25.3%	25.6%	21.2%	33.3%	21.5%		24.9%	31.2%	22.0%	23.7%		
5:1500-2000	18.2%	21.9%	17.3%	31.6%	16.0%		12.5%	27.4%	12.2%	2.6%		
6:2000-3000	13.3%	15.7%	17.3%	19.3%	10.1%		9.6%	19.7%	9.8%	2.6%		
7:3000-6000	5.7%	6.3%	9.6%	7.0%	2.2%		4.8%	3.8%	4.9%	5.3%		
8:6000-10000	1.1%	1.2%	3.8%	0.0%	0.0%		1.0%	0.0%	2.4%	0.0%		
9:more than 10000	0.4%	0.0%	0.0%	0.0%	0.0%		1.0%	3.8%	0.0%	0.0%		
Which category best describes your total household income / month?, categories						<0.001					0.001	0.02
1:0-1000 euro	36.0%	29.2%	30.7%	8.8%	50.2%		46.3%	13.9%	48.8%	65.8%		
2:1000-2000	43.5%	47.5%	38.5%	64.9%	37.5%		37.4%	58.6%	34.2%	26.3%		
3:more than 2000	20.5%	23.2%	30.7%	26.3%	12.3%		16.4%	27.3%	17.1%	7.9%		
Estimated per capita income / month						0.02					0.54	0.44

	<b>Men and Women</b>	<b>MEN</b>					<b>WOMEN</b>					<b>Men v. Women</b>
	<b>Overall</b>	<b>Overall</b>	<b>Age 18-40</b>	<b>Age 41-60</b>	<b>Age 61-80</b>	<b>Age p-value</b>	<b>Overall</b>	<b>Age 18-40</b>	<b>Age 41-60</b>	<b>Age 61-80</b>	<b>Age p-value</b>	<b>p-value</b>
Mean ± SD	621.3 ± 547.14	643.6 ± 481.20	828.6 ± 670.92	558.5 ± 276.22	551.8 ± 375.39		587.2 ± 636.08	673.4 ± 766.30	516.8 ± 337.20	604.2 ± 778.54		
Median	437.5	500.0	625.0	437.5	400.0		400.0	437.5	400.0	400.0		
Min, Max	38, 4500	113, 4000	160, 4000	225, 1250	113, 1750		38, 4500	38, 4000	105, 1500	75, 4500		

### SECTION 3. HEALTH CONDITIONS AND HEALTH PERCEPTION OF UG

	Men and Women	Men					Women					Men vs. Women p-value
		Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	
<b>Comorbidities</b>												
<i>Have you ever been given a diagnosis for the following?</i>												
Type I diabetes? (%Yes)	5.6%	6.2%	3.8%	10.5%	3.8%	0.34	4.8%	3.8%	4.9%	5.3%	0.96	0.61
Type II diabetes? (%Yes)	5.3%	5.0%	1.9%	5.3%	7.7%	0.32	5.7%	0.0%	2.4%	13.2%	0.05	0.79
High levels of blood sugar? (%Yes)	4.5%	6.8%	0.0%	8.8%	11.5%	0.004	1.0%	0.0%	2.4%	0.0%	0.60	0.008
Asthma? (%Yes)	7.1%	5.0%	3.8%	3.5%	7.7%	0.62	10.5%	7.7%	7.3%	15.8%	0.47	0.11
COPD? (%Yes)	6.8%	3.7%	1.9%	1.8%	7.7%	0.33	11.4%	11.5%	12.2%	10.5%	0.97	0.03
Bypass? (%Yes)	4.9%	6.8%	0.0%	7.0%	13.5%	0.004	1.9%	0.0%	0.0%	5.3%	0.36	0.04
MI? (%Yes)	3.0%	3.7%	0.0%	1.8%	9.6%	0.05	1.9%	0.0%	0.0%	5.3%	0.36	0.36
Other cardiovascular disease? (%Yes)	14.3%	10.6%	1.9%	8.8%	21.2%	0.005	20.0%	3.8%	19.5%	31.6%	0.006	0.04
Stroke? (%Yes)	3.8%	1.9%	0.0%	1.8%	3.8%	0.22	6.7%	0.0%	12.2%	5.3%	0.04	0.07
High cholesterol? (%Yes)	24.8%	20.5%	1.9%	31.6%	26.9%	<0.001	31.4%	11.5%	39.0%	36.8%	0.02	0.05
High blood pressure? (%Yes)	26.1%	21.7%	3.8%	17.5%	44.2%	<0.001	32.8%	0.0%	36.6%	51.2%	<0.001	0.05
Kidney disease? (%Yes)	14.0%	12.4%	5.8%	8.8%	23.1%	0.04	16.5%	12.9%	14.6%	21.1%	0.66	0.36

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Arthritis or rheumatism? (%Yes)	20.5%	7.5%	0.0%	10.5%	11.5%	0.002	40.5%	7.7%	53.3%	49.2%	<0.001	<0.001
Osteoporosis? (%Yes)	12.5%	4.3%	1.9%	3.5%	7.7%	0.39	24.9%	0.0%	22.0%	45.1%	<0.001	<0.001
Parkinsons? (%Yes)	0.4%	0.0%	0.0%	0.0%	0.0%	--	1.0%	0.0%	0.0%	2.6%	0.60	0.32
Multiple Sclerosis? (%Yes)	0.0%	0.0%	0.0%	0.0%	0.0%	--	0.0%	0.0%	0.0%	0.0%	--	--
Cancer? (%Yes)	10.2%	11.8%	0.0%	12.3%	23.1%	<0.001	7.6%	0.0%	14.6%	5.3%	0.02	0.25
Other? (%Yes)	57.9%	44.1%	53.8%	47.4%	30.8%	0.98	79.0%	76.9%	80.5%	78.9%	1.00	0.87
If yes, is the problem still present? (% Yes)	81.8%	81.7%	78.6%	85.2%	81.3%	0.99	81.9%	90.0%	84.8%	73.3%	0.99	0.99
<b>Mental Component of the SF-12</b>						0.22					0.12	0.53
Mean ± SD	43.9 ± 12.54	44.3 ± 12.68	43.6 ± 13.31	46.5 ± 12.10	42.6 ± 12.55		43.3 ± 12.37	40.3 ± 12.45	42.6 ± 12.93	46.3 ± 11.35		
<b>Physical Component of the SF-12</b>						0.01					<0.001	<0.001
Mean ± SD	46.3 ± 11.97	49.7 ± 10.35	52.9 ± 8.47	48.5 ± 10.41	47.7 ± 11.38		41.1 ± 12.48	48.3 ± 10.21	38.2 ± 12.96	39.3 ± 11.69		

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
<b>Self perceived health</b> In general, would you say your health is: (Mean ± SD)	3.1 ± 1.15	2.9 ± 1.18	2.7 ± 1.19	2.8 ± 1.13	3.2 ± 1.18	0.03	3.5 ± 1.01	3.2 ± 1.21	3.8 ± 1.02	3.4 ± 0.79	0.08	<0.001
Excellent	9.8%	13.7%	17.3%	14.0%	9.6%		3.8%	11.5%	0.0%	2.6%		
Very good	19.2%	26.1%	34.6%	26.3%	17.3%		8.6%	11.5%	12.2%	2.6%		
Good	32.3%	26.7%	19.2%	33.3%	26.9%		41.0%	34.6%	29.3%	57.9%		
Fair	26.3%	24.8%	23.1%	19.3%	32.7%		28.6%	26.9%	29.3%	28.9%		
Poor	12.4%	8.7%	5.8%	7.0%	13.5%		18.1%	15.4%	29.3%	7.9%		

### SECTION 4. COGNITIONS/BELIEFS OF UG

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Self Efficacy (range 10-40)						0.24					0.42	0.11
Mean ± SD	30.9 ± 5.36	31.3 ± 4.69	30.7 ± 4.10	31.0 ± 4.52	32.3 ± 5.32		30.2 ± 6.22	29.3 ± 5.21	31.0 ± 6.04	29.8 ± 7.03		
Median	30.0	30.0	30.5	30.0	30.0		30.0	29.5	31.0	30.0		
Min, Max	12, 40	19, 40	19, 38	22, 40	22, 40		12, 40	18, 39	17, 40	12, 39		
Sense of Mastery (range 7-28)						0.45					0.04	<0.001
Mean ± SD	20.6 ± 3.42	21.2 ± 3.09	21.6 ± 2.79	20.9 ± 3.39	21.1 ± 3.06		19.7 ± 3.69	21 ± 2.96	18.9 ± 4.21	19.7 ± 3.35		
Median	21.0	21.0	21.5	21.0	21.0		20.0	21.0	20.0	19.5		
Min, Max	9, 28	12, 28	15, 28	12, 28	16, 28		9, 27	15, 27	9, 27	12, 27		
MASTERY score <20? (%Yes)	35.4%	29.2%	23.1%	28.1%	36.5%	0.32	44.8%	30.8%	48.9%	50.0%	0.24	0.01
Mean ± SD	3.0 ± 0.77	3.0 ± 0.72	3.0 ± 0.63	3.0 ± 0.72	3.1 ± 0.82		2.9 ± 0.83	2.9 ± 0.75	2.8 ± 0.87	2.9 ± 0.86		
SNELL Health Efficacy (0-4)						0.79					0.78	0.14
Mean ± SD	3.0 ± 0.77	3.0 ± 0.72	3.0 ± 0.63	3.0 ± 0.72	3.1 ± 0.82		2.9 ± 0.83	2.9 ± 0.75	2.8 ± 0.87	2.9 ± 0.86		
Median	3.0	3.0	3.2	3.0	3.0		3.0	3.0	3.0	3.0		
Min, Max	0, 4	1, 4	2, 4	1, 4	1, 4		0, 4	1, 4	0, 4	0, 4		
SNELL Health Optimism (0-4)						0.78					0.13	<0.001
Mean ± SD	2.7 ± 0.86	2.8 ± 0.82	2.8 ± 0.79	2.8 ± 0.86	2.9 ± 0.82		2.4 ± 0.86	2.7 ± 0.71	2.3 ± 0.98	2.4 ± 0.78		
Median	2.8	3.0	2.8	3.0	3.0		2.4	2.7	2.2	2.4		
Min, Max	0, 4	0, 4	1, 4	1, 4	0, 4		0, 4	1, 4	0, 4	1, 4		

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
SNELL Health Internal Control (0-4)						0.92					0.72	0.03
Mean ± SD	2.9 ± 0.84	3.0 ± 0.79	3.0 ± 0.68	3.0 ± 0.70	2.9 ± 0.98		2.7 ± 0.90	2.7 ± 0.66	2.7 ± 0.97	2.8 ± 0.98		
Median	3.0	3.0	3.0	3.0	3.1		2.8	2.7	2.8	2.8		
Min, Max	0, 4	0, 4	1, 4	1, 4	0, 4		0, 4	1, 4	0, 4	0, 4		
SELF ESTEEM												
I see myself as someone who has high self esteem (Mean ± SD)	4.1 ± 0.96	4.2 ± 0.88	4.0 ± 0.93	4.1 ± 0.94	4.4 ± 0.72	0.03	4.0 ± 1.06	3.6 ± 1.13	4.2 ± 0.89	4.1 ± 1.13	0.05	0.29
Agree a lot	2.3%	1.2%	0.0%	3.5%	0.0%		3.8%	3.8%	2.4%	5.3%		
Agree	5.3%	4.4%	7.7%	3.6%	1.9%		6.7%	15.4%	2.4%	5.4%		
Neither	10.8%	10.7%	17.3%	7.4%	7.7%		10.9%	19.2%	7.3%	8.9%		
Disagree	40.8%	42.5%	38.5%	51.6%	36.5%		38.3%	38.5%	43.9%	32.1%		
Disagree a lot	40.8%	41.2%	36.5%	33.8%	53.8%		40.3%	23.1%	43.9%	48.3%		

## SECTION 5. PERSONALITY CHARACTERISTICS OF UG

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Sense of Coherence (13-91)						0.01					0.11	0.50
Mean ± SD	64.9 ± 13.32	65.4 ± 12.09	61.8 ± 12.43	65.8 ± 12.59	68.5 ± 10.35		64.2 ± 15.06	59.4 ± 12.79	65.5 ± 15.03	66.1 ± 16.14		
Median	66.0	66.0	61.5	66.0	70.0		66.0	60.5	67.0	69.0		
Min, Max	22, 89	27, 88	27, 84	33, 87	43, 88		22, 89	31, 86	24, 86	22, 89		
Self Determination - Awareness of Self (1-5)						0.001					0.11	0.01
Mean ± SD	4.3 ± 0.77	4.4 ± 0.71	4.2 ± 0.73	4.3 ± 0.81	4.6 ± 0.49		4.1 ± 0.83	4.0 ± 0.92	4.1 ± 0.89	4.3 ± 0.68		
Median	4.6	4.6	4.4	4.6	4.8		4.2	4.0	4.2	4.6		
Min, Max	1, 5	1, 5	2, 5	1, 5	3, 5		1, 5	1, 5	1, 5	3, 5		
Self Determination- Perceived Choice (1-5)						<0.001					0.06	<0.001
Mean ± SD	3.6 ± 0.95	3.7 ± 0.83	3.4 ± 0.78	3.7 ± 0.79	4.2 ± 0.76		3.3 ± 1.06	3.0 ± 1.03	3.2 ± 1.04	3.6 ± 1.05		
Median	3.6	3.8	3.4	3.6	4.4		3.2	2.7	3.2	3.7		
Min, Max	1, 5	1, 5	2, 5	1, 5	2, 5		1, 5	1, 5	1, 5	1, 5		

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Optimism (LOT) (0-24)						0.13					0.58	0.74
Mean ± SD	15.6 ± 4.34	15.6 ± 4.20	15.0 ± 4.38	15.3 ± 4.41	16.5 ± 3.69		15.4 ± 4.56	15.0 ± 4.53	15.2 ± 5.01	16.0 ± 4.11		
Median	16.0	16.0	15.5	16.0	16.0		16.0	15.5	15.0	17.0		
Min, Max	4, 24	4, 24	4, 24	4, 24	9, 24		4, 24	5, 24	7, 24	4, 22		
TIPI Extroversion (1-7)						0.07					0.84	0.79
Mean ± SD	3.8 ± 1.55	3.8 ± 1.53	3.9 ± 1.54	3.5 ± 1.43	4.1 ± 1.58		3.8 ± 1.59	3.6 ± 1.63	3.8 ± 1.50	3.9 ± 1.69		
Median	4.0	4.0	4.0	3.5	4.0		4.0	3.5	4.0	4.0		
Min, Max	1, 7	1, 7	1, 7	1, 7	1, 7		1, 7	1, 7	1, 7	1, 7		
TIPI Agreeableness (1-7)						0.005					0.006	<0.001
Mean ± SD	5.9 ± 1.13	5.7 ± 1.16	5.3 ± 1.16	6.0 ± 1.06	5.8 ± 1.16		6.2 ± 1.02	5.7 ± 1.06	6.2 ± 1.02	6.5 ± 0.89		
Median	6.0	6.0	5.5	6.5	6.0		6.5	5.8	6.5	7.0		
Min, Max	3, 7	3, 7	3, 7	4, 7	3, 7		4, 7	4, 7	4, 7	4, 7		
TIPI Conscientiousness (1-7)						0.41					0.04	0.007
Mean ± SD	6.0 ± 1.07	5.9 ± 1.10	5.7 ± 1.10	5.9 ± 1.16	6.0 ± 1.05		6.2 ± 1.00	5.8 ± 1.14	6.4 ± 0.74	6.3 ± 1.06		
Median	6.5	6.0	6.0	6.0	6.5		6.5	6.3	6.5	7.0		
Min, Max	3, 7	3, 7	4, 7	3, 7	4, 7		3, 7	4, 7	4, 7	3, 7		
TIPI Emotional Stability (1-7)						0.97					0.35	0.008
Mean ± SD	4.4 ± 1.39	4.6 ± 1.37	4.6 ± 1.44	4.6 ± 1.52	4.6 ± 1.12		4.1 ± 1.37	3.9 ± 1.41	4.0 ± 1.28	4.4 ± 1.44		
Median	4.0	4.5	4.5	4.5	4.0		4.0	4.0	4.0	4.0		

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Min, Max	1, 7	2, 7	2, 7	2, 7	3, 7		1, 7	2, 7	1, 7	1, 7		
TIPI Openness to Experiences (1-7)						<0.001					0.14	0.04
Mean ± SD	5.1 ± 1.58	5.2 ± 1.43	5.8 ± 1.17	5.2 ± 1.54	4.8 ± 1.38		4.8 ± 1.77	5.3 ± 1.46	4.7 ± 1.68	4.5 ± 2.01		
Median	5.5	5.5	6.5	5.5	4.5		5.0	6.0	5.0	4.5		
Min, Max	1, 7	1, 7	3, 7	1, 7	1, 7		1, 7	2, 7	1, 7	1, 7		

## SECTION 6. STRESS AND COPING OF UG

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Perceived Stress (range 0-16)						0.24					0.69	0.05
Mean ± SD	5.6 ± 3.71	5.2 ± 3.35	5.8 ± 3.21	5.2 ± 2.97	4.6 ± 3.81		6.2 ± 4.15	6.6 ± 3.34	6.3 ± 4.43	5.8 ± 4.38		
Median	5.0	5.0	5.0	5.0	3.0		5.0	7.0	5.0	5.0		
Min, Max	0, 16	0, 16	1, 16	0, 12	0, 16		0, 16	0, 16	0, 16	0, 16		
COPE Self Distraction (range 2-8)						0.42					0.95	0.34
Mean ± SD	5.8 ± 1.89	5.7 ± 1.78	5.8 ± 1.73	5.4 ± 1.90	5.8 ± 1.70		5.9 ± 2.03	5.8 ± 2.14	6.0 ± 1.90	5.9 ± 2.13		
Median	6.0	6.0	6.0	6.0	6.0		6.0	6.0	6.0	6.0		
Min, Max	2, 8	2, 8	2, 8	2, 8	2, 8		2, 8	2, 8	2, 8	2, 8		
COPE Active Coping (2-8)						0.96					0.80	<0.001
Mean ± SD	6.4 ± 1.56	6.8 ± 1.19	6.8 ± 1.13	6.8 ± 1.27	6.8 ± 1.18		5.9 ± 1.88	6.1 ± 1.90	5.9 ± 1.76	5.7 ± 2.00		
Median	7.0	7.0	7.0	7.0	7.0		6.0	6.0	6.0	6.0		
Min, Max	2, 8	3, 8	4, 8	3, 8	4, 8		2, 8	2, 8	2, 8	2, 8		
COPE Denial (2-8)						0.33					0.52	0.90
Mean ± SD	3.8 ± 1.86	3.8 ± 1.78	3.6 ± 1.67	3.8 ± 1.94	4.1 ± 1.68		3.9 ± 1.98	3.5 ± 1.74	3.7 ± 1.89	4.2 ± 2.21		
Median	4.0	4.0	3.0	3.0	4.0		4.0	3.0	4.0	4.0		
Min, Max	2, 8	2, 8	2, 8	2, 8	2, 8		2, 8	2, 8	2, 8	2, 8		

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
COPE Substance Use (2-8)						0.62					0.92	0.08
Mean ± SD	2.8 ± 1.61	2.6 ± 1.42	2.7 ± 1.53	2.6 ± 1.45	2.4 ± 1.30		3.0 ± 1.84	2.9 ± 1.64	3.0 ± 1.94	3.1 ± 1.89		
Median	2.0	2.0	2.0	2.0	2.0		2.0	2.0	2.0	2.0		
Min, Max	2, 8	2, 8	2, 8	2, 8	2, 8		2, 8	2, 8	2, 8	2, 8		
COPE Use of Emotional Support (2-8)						0.13					0.45	0.24
Mean ± SD	5.5 ± 1.93	5.4 ± 1.83	5.1 ± 1.84	5.3 ± 1.85	5.8 ± 1.78		5.7 ± 2.07	6.1 ± 1.74	5.4 ± 2.10	5.8 ± 2.23		
Median	6.0	5.0	5.0	5.0	6.0		6.0	6.0	6.0	6.0		
Min, Max	2, 8	2, 8	2, 8	2, 8	2, 8		2, 8	2, 8	2, 8	2, 8		
COPE Use of Instrumental Support (2-8)						0.72					0.25	0.04
Mean ± SD	5.1 ± 1.93	4.9 ± 1.84	5.0 ± 1.77	4.8 ± 1.70	4.9 ± 2.07		5.5 ± 2.03	5.5 ± 1.69	5.0 ± 2.09	5.9 ± 2.12		
Median	5.0	5.0	5.0	5.0	5.0		6.0	6.0	5.0	6.0		
Min, Max	2, 8	2, 8	2, 8	2, 8	2, 8		2, 8	2, 8	2, 8	2, 8		
COPE Behavioral Disengagement (2-8)						0.09					0.35	0.07
Mean ± SD	3.0 ± 1.55	2.9 ± 1.39	2.6 ± 0.98	3.1 ± 1.63	2.8 ± 1.43		3.3 ± 1.74	3.1 ± 1.55	3.1 ± 1.71	3.6 ± 1.86		
Median	2.0	2.0	2.0	2.0	2.0		2.0	2.0	2.0	3.0		
Min, Max	2, 8	2, 8	2, 6	2, 8	2, 7		2, 8	2, 8	2, 8	2, 8		

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
COPE Venting (2-8)						0.17					0.88	0.09
Mean ± SD	5.6 ± 1.82	5.5 ± 1.72	5.1 ± 1.71	5.6 ± 1.80	5.7 ± 1.64		5.9 ± 1.93	5.8 ± 1.66	6.0 ± 2.01	5.8 ± 2.06		
Median	6.0	6.0	5.0	6.0	6.0		6.0	6.0	6.0	6.0		
Min, Max	2, 8	2, 8	2, 8	2, 8	2, 8		2, 8	2, 8	2, 8	2, 8		
COPE Positive Reframing (2-8)						0.78					0.43	0.02
Mean ± SD	6.4 ± 1.63	6.6 ± 1.30	6.6 ± 1.40	6.7 ± 1.32	6.6 ± 1.17		6.1 ± 1.99	6.5 ± 1.79	6.0 ± 1.90	5.8 ± 2.18		
Median	7.0	7.0	7.0	7.0	7.0		6.0	7.0	6.0	6.0		
Min, Max	2, 8	3, 8	4, 8	3, 8	4, 8		2, 8	2, 8	2, 8	2, 8		
COPE Planning (2-8)						0.50					0.18	<0.001
Mean ± SD	6.4 ± 1.71	6.7 ± 1.25	6.9 ± 1.27	6.6 ± 1.21	6.7 ± 1.26		5.9 ± 2.15	6.5 ± 1.76	5.8 ± 2.24	5.5 ± 2.23		
Median	7.0	7.0	7.0	7.0	7.0		6.0	7.0	6.0	5.0		
Min, Max	2, 8	2, 8	4, 8	3, 8	2, 8		2, 8	2, 8	2, 8	2, 8		
COPE Humor (2-8)						0.87					0.37	0.32
Mean ± SD	5.1 ± 2.07	5.2 ± 2.04	5.3 ± 2.15	5.2 ± 2.03	5.1 ± 1.98		4.9 ± 2.12	5.3 ± 1.87	4.9 ± 2.19	4.5 ± 2.18		
Median	5.0	5.0	5.0	6.0	5.0		5.0	6.0	5.0	5.0		
Min, Max	2, 8	2, 8	2, 8	2, 8	2, 8		2, 8	2, 8	2, 8	2, 8		
COPE Acceptance (2-8)						0.02					0.35	0.34

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Mean ± SD	6.2 ± 1.66	6.1 ± 1.55	5.6 ± 1.83	6.3 ± 1.42	6.4 ± 1.24		6.3 ± 1.80	5.8 ± 1.86	6.4 ± 1.74	6.6 ± 1.80		
Median	6.0	6.0	6.0	6.0	6.0		6.0	6.0	6.0	7.0		
Min, Max	2, 8	2, 8	2, 8	2, 8	2, 8		2, 8	2, 8	2, 8	2, 8		
COPE Religion (2-8)						0.06					0.18	0.01
Mean ± SD	5.1 ± 2.36	4.8 ± 2.33	4.4 ± 2.11	4.6 ± 2.41	5.4 ± 2.38		5.6 ± 2.34	5.2 ± 2.07	5.3 ± 2.56	6.1 ± 2.19		
Median	5.0	5.0	4.0	4.0	6.0		6.0	5.0	5.0	7.0		
Min, Max	2, 8	2, 8	2, 8	2, 8	2, 8		2, 8	2, 8	2, 8	2, 8		
COPE Self-Blame (2-8)						0.42					0.77	0.44
Mean ± SD	4.3 ± 2.01	4.2 ± 1.90	4.0 ± 1.77	4.1 ± 1.88	4.5 ± 2.04		4.4 ± 2.17	4.4 ± 2.14	4.2 ± 2.23	4.6 ± 2.16		
Median	4.0	4.0	4.0	4.0	4.0		4.0	4.0	4.0	5.0		
Min, Max	2, 8	2, 8	2, 8	2, 8	2, 8		2, 8	2, 8	2, 8	2, 8		

## SECTION 7. SOCIAL SUPPORT OF UG

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Dyadic Adjustment Scale (0-36)						0.82					0.56	0.002
Mean ± SD	26.7 ± 6.34	27.9 ± 5.30	28.1 ± 3.73	27.5 ± 5.49	28.2 ± 5.68		24.6 ± 7.44	23.0 ± 6.08	24.7 ± 8.12	25.4 ± 7.40		
Median	28.0	29.0	28.5	29.0	29.0		25.0	24.0	25.0	26.5		
Min, Max	1, 36	10, 36	22, 34	10, 36	12, 36		1, 36	10, 31	6, 36	1, 35		
PAS Emotional Support (4-16)						0.43					0.11	0.01
Mean ± SD	14.2 ± 2.03	14.0 ± 2.09	13.9 ± 2.08	13.8 ± 1.97	14.3 ± 2.22		14.6 ± 1.88	14.6 ± 1.63	14.2 ± 2.26	15.1 ± 1.48		
Median	15.0	15.0	14.0	14.0	15.0		15.0	15.0	15.0	16.0		
Min, Max	6, 16	7, 16	7, 16	7, 16	7, 16		6, 16	11, 16	6, 16	10, 16		
PAS Instrumental Support (4-16)						0.69					<0.001	0.007
Mean ± SD	14.5 ± 2.37	14.2 ± 2.41	14.0 ± 2.46	14.1 ± 2.17	14.4 ± 2.63		15.0 ± 2.25	14.9 ± 1.98	14.2 ± 3.03	15.8 ± 0.53		
Median	16.0	15.0	15.0	15.0	16.0		16.0	16.0	16.0	16.0		
Min, Max	4, 16	4, 16	8, 16	8, 16	4, 16		4, 16	8, 16	4, 16	14, 16		
PAS Need for Support (4-16)						0.61					0.49	0.002
Mean ± SD	11.9 ± 3.00	11.4 ± 2.94	11.2 ± 2.83	11.3 ± 2.91	11.8 ± 3.10		12.6 ± 2.97	13.1 ± 2.42	12.5 ± 3.08	12.3 ± 3.22		

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Median	12.0	12.0	12.0	12.0	13.0		13.0	14.0	13.0	13.0		
Min, Max	4, 16	4, 16	4, 16	5, 16	4, 16		5, 16	6, 16	5, 16	5, 16		
Social Network SSQS (0-9)						0.60					0.22	0.52
Mean ± SD	4.3 ± 1.88	4.3 ± 1.85	4.3 ± 1.72	4.1 ± 1.55	4.4 ± 2.25		4.4 ± 1.94	4.4 ± 1.82	4.0 ± 2.01	4.8 ± 1.89		
Median	4.0	4.0	4.0	3.8	4.0		4.2	4.5	4.0	4.3		
Min, Max	0, 9	0, 9	2, 8	2, 9	0, 9		0, 9	1, 8	0, 9	1, 9		
<b>Isolated Questions</b>												
To what extent do you see yourself as being in love with your mate?*												
(Mean ± SD)	4.0 ± 1.34	4.4 ± 0.98	4.7 ± 0.46	4.5 ± 0.82	4.2 ± 1.23	0.03	3.4 ± 1.63	3.8 ± 1.77	3.2 ± 1.66	3.3 ± 1.55	0.64	<0.001
Not at all	11.3%	3.6%	0.0%	1.9%	6.9%		24.9%	26.5%	27.6%	20.8%		
Slightly	5.2%	3.0%	0.0%	0.0%	7.7%		9.1%	0.0%	10.3%	12.5%		
A little	5.1%	5.4%	0.0%	9.4%	2.8%		4.5%	0.0%	3.4%	8.3%		
Moderate	26.3%	26.5%	28.0%	26.4%	26.1%		25.8%	15.4%	27.6%	29.2%		
Very much	52.2%	61.5%	72.0%	62.3%	56.5%		35.7%	58.2%	31.0%	29.2%		
<i>How important to you would _____ be for your relationship?</i>												
have a common purpose in life with partner (Mean ± SD)	4.5 ± 0.79	4.5 ± 0.81	4.3 ± 0.81	4.5 ± 0.87	4.6 ± 0.72	0.15	4.6 ± 0.75	4.4 ± 0.81	4.7 ± 0.60	4.6 ± 0.85	0.56	0.21
Not at all	0.7%	0.0%	0.0%	0.0%	0.0%		1.7%	1.4%	0.7%	3.1%		
A little bit	3.5%	5.0%	3.8%	7.0%	3.8%		1.2%	3.8%	0.6%	0.0%		

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Neither	3.8%	5.0%	9.6%	3.5%	1.9%		2.1%	0.0%	0.4%	5.3%		
Important	28.3%	29.2%	38.5%	24.6%	25.0%		26.9%	38.9%	29.5%	15.8%		
Very important	63.8%	60.9%	48.1%	64.9%	69.2%		68.2%	55.8%	68.9%	75.9%		
have common aims, goals, and things that are important (Mean ± SD)	4.6 ± 0.63	4.5 ± 0.64	4.2 ± 0.72	4.6 ± 0.52	4.7 ± 0.53	<0.001	4.7 ± 0.60	4.3 ± 0.70	4.7 ± 0.56	4.9 ± 0.45	0.01	0.06
Not at all	0.3%	0.0%	0.0%	0.0%	0.0%		0.7%	1.4%	0.4%	0.5%		
A little bit	0.4%	0.6%	1.9%	0.0%	0.0%		0.1%	0.2%	0.1%	0.0%		
Neither	4.6%	6.2%	13.5%	1.8%	3.8%		2.2%	4.3%	2.5%	0.5%		
Important	31.4%	34.8%	51.9%	33.3%	19.2%		26.2%	54.5%	22.3%	11.2%		
Very important	63.3%	58.4%	32.7%	64.9%	76.9%		70.7%	39.7%	74.6%	87.8%		
to spend time together with partner (Mean ± SD)	4.5 ± 0.70	4.4 ± 0.71	4.3 ± 0.71	4.4 ± 0.80	4.6 ± 0.57	0.01	4.6 ± 0.66	4.4 ± 0.72	4.7 ± 0.67	4.7 ± 0.57	0.30	0.03
Not at all	0.3%	0.0%	0.0%	0.0%	0.0%		0.8%	1.5%	0.5%	0.5%		
A little bit	1.9%	2.5%	1.9%	5.3%	0.0%		1.1%	0.0%	2.6%	0.1%		
Neither	4.2%	5.6%	9.6%	3.5%	3.8%		2.0%	3.8%	0.1%	2.7%		
Important	34.3%	39.1%	50.0%	36.8%	30.8%		26.9%	42.3%	24.8%	18.7%		
Very important	59.3%	52.8%	38.5%	54.4%	65.4%		69.3%	52.3%	72.0%	77.9%		
to share housework with partner (Mean ± SD)	3.7 ± 1.31	3.6 ± 1.31	3.3 ± 1.21	3.5 ± 1.34	4.0 ± 1.31	0.01	3.9 ± 1.30	3.6 ± 1.14	3.8 ± 1.48	4.2 ± 1.15	0.12	0.05
Not at all	10.4%	11.2%	11.5%	12.3%	9.6%		9.1%	6.2%	15.9%	3.9%		

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
A little bit	9.6%	11.8%	15.4%	14.0%	5.8%		6.1%	8.0%	5.3%	5.8%		
Neither	14.7%	13.7%	19.2%	12.3%	9.6%		16.3%	30.8%	7.5%	15.8%		
Important	30.5%	35.4%	42.3%	36.8%	26.9%		23.0%	30.8%	24.5%	16.1%		
Very important	34.9%	28.0%	11.5%	24.6%	48.1%		45.4%	24.3%	46.8%	58.4%		
to share the upbringing of children with partner (Mean ± SD)	4.7 ± 0.62	4.6 ± 0.64	4.5 ± 0.61	4.7 ± 0.58	4.7 ± 0.73	0.35	4.7 ± 0.57	4.6 ± 0.69	4.7 ± 0.57	4.8 ± 0.48	0.65	0.21
Not at all	0.3%	0.0%	0.0%	0.0%	0.0%		0.8%	1.7%	0.5%	0.5%		
A little bit	0.8%	1.2%	0.0%	0.0%	3.8%		0.2%	0.6%	0.0%	0.0%		
Neither	3.4%	5.0%	5.8%	5.3%	3.8%		1.0%	0.0%	2.6%	0.0%		
Important	23.3%	24.2%	36.5%	22.8%	13.5%		21.9%	26.9%	22.0%	18.4%		
Very important	72.1%	69.6%	57.7%	71.9%	78.8%		76.1%	70.8%	74.8%	81.1%		
to have a satisfying sexual life with partner (Mean ± SD)	4.6 ± 0.72	4.7 ± 0.51	4.6 ± 0.53	4.8 ± 0.45	4.7 ± 0.54	0.13	4.5 ± 0.94	4.6 ± 0.61	4.6 ± 0.88	4.5 ± 1.19	0.92	0.10
Not at all	1.8%	0.0%	0.0%	0.0%	0.0%		4.5%	0.9%	2.8%	8.8%		
A little bit	0.4%	0.0%	0.0%	0.0%	0.0%		1.1%	0.0%	2.6%	0.2%		
Neither	2.0%	2.5%	1.9%	1.8%	3.8%		1.2%	0.2%	0.4%	2.8%		
Important	24.1%	24.8%	36.5%	17.5%	21.2%		22.9%	38.6%	24.4%	10.6%		
Very important	71.7%	72.7%	61.5%	80.7%	75.0%		70.2%	60.3%	69.8%	77.5%		
that your partner is loyal to you (Mean ± SD)	4.8 ± 0.52	4.8 ± 0.49	4.7 ± 0.56	4.9 ± 0.33	4.8 ± 0.56	0.24	4.8 ± 0.56	4.7 ± 0.75	4.8 ± 0.57	5.0 ± 0.32	0.14	0.82
Not at all	0.3%	0.0%	0.0%	0.0%	0.0%		0.8%	1.8%	0.4%	0.5%		

	<b>Men and Women</b>	<b>Men</b>					<b>Women</b>					<b>Men vs. Women</b>
	<b>Overall</b>	<b>Overall</b>	<b>Age 18-40</b>	<b>Age 41-60</b>	<b>Age 61-80</b>	<b>Age p-value</b>	<b>Overall</b>	<b>Age 18-40</b>	<b>Age 41-60</b>	<b>Age 61-80</b>	<b>Age p-value</b>	<b>p-value</b>
A little bit	0.4%	0.6%	0.0%	0.0%	1.9%		0.1%	0.5%	0.0%	0.0%		
Neither	2.7%	2.5%	5.8%	0.0%	1.9%		3.0%	3.8%	5.0%	0.2%		
Important	10.7%	12.4%	15.4%	12.3%	9.6%		8.1%	15.4%	10.2%	0.7%		
Very important	85.9%	84.5%	78.8%	87.7%	86.5%		88.0%	78.5%	84.4%	98.5%		

\*limited to subjects in a current relationship

## SECTION 8. SUBJECTIVE WELL-BEING OF UG

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Satisfaction with Life Scale (5-35)						0.01					0.90	0.28
Mean ± SD	25.9 ± 6.93	26.3 ± 6.65	24.8 ± 6.52	25.8 ± 6.64	28.4 ± 6.39		25.3 ± 7.32	24.8 ± 7.77	25.6 ± 7.21	25.4 ± 7.29		
Median	27.0	28.0	25.5	27.0	30.0		27.0	27.0	27.0	27.0		
Min, Max	5, 35	9, 35	10, 35	9, 35	11, 35		5, 35	5, 35	9, 35	11, 35		
Domain Life Satisfaction LSI (13-65)						0.003					0.16	<0.001
Mean ± SD	50.0 ± 6.49	51.5 ± 6.49	50.0 ± 6.11	50.8 ± 7.34	53.6 ± 5.32		47.7 ± 5.81	47.2 ± 6.68	46.7 ± 5.66	49.0 ± 5.21		
Median	50.0	51.0	50.5	51.0	53.0		48.0	49.0	47.0	49.0		
Min, Max	28, 65	29, 65	34, 61	29, 65	43, 65		28, 64	28, 57	30, 64	34, 61		
Purpose in Life (9-54)						0.09					0.04	0.04
Mean ± SD	40.0 ± 8.67	40.9 ± 8.04	42.2 ± 6.76	41.4 ± 8.90	39.0 ± 8.06		38.6 ± 9.42	41.3 ± 6.96	39.3 ± 9.77	36.0 ± 10.03		
Median	41.0	42.0	42.0	44.0	39.5		41.0	44.0	41.0	36.5		
Min, Max	11, 54	15, 54	27, 54	15, 54	23, 53		11, 53	24, 52	11, 53	21, 52		
PANAS Positive (10-50)						0.10					0.91	0.001
Mean ± SD	32.8 ± 8.16	34.1 ± 7.70	35.5 ± 7.32	34.5 ± 7.84	32.4 ± 7.74		30.8 ± 8.46	31.5 ± 10.28	30.6 ± 7.78	30.5 ± 7.98		
Median	34.0	36.0	37.0	36.0	33.0		31.0	34.0	31.0	31.0		
Min, Max	12, 50	13, 50	13, 50	13, 50	15, 49		12, 50	12, 49	12, 45	16, 50		

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
PANAS Negative (10-50)						0.37					0.09	0.15
Mean ± SD	20.8 ± 8.54	20.1 ± 7.69	20.9 ± 7.84	20.5 ± 7.94	18.9 ± 7.25		21.8 ± 9.66	25.6 ± 10.73	20.9 ± 9.29	20.1 ± 8.73		
Median	18.0	18.0	21.0	18.0	17.0		20.0	24.0	18.0	16.0		
Min, Max	10, 47	10, 44	10, 39	10, 44	10, 42		10, 47	10, 47	10, 42	10, 46		
CESD (0-30)						0.84					0.97	0.06
Mean ± SD	9.7 ± 6.94	9.0 ± 6.64	9.3 ± 6.59	8.6 ± 6.52	9.2 ± 6.92		10.7 ± 7.29	10.7 ± 7.48	10.5 ± 6.71	10.9 ± 7.92		
Median	8.0	8.0	9.0	7.0	7.0		10.0	9.5	10.0	9.5		
Min, Max	0, 30	0, 29	0, 29	0, 27	0, 27		0, 30	0, 23	1, 27	0, 30		
Isolated Question												
In general, how happy are you? (Mean ± SD)	3.7 ± 0.86	3.8 ± 0.82	3.8 ± 0.78	3.7 ± 0.89	4.0 ± 0.75	0.10	3.4 ± 0.86	3.5 ± 0.88	3.2 ± 0.99	3.5 ± 0.65	0.30	<0.001
1:Not at all	1.6%	0.6%	0.0%	1.8%	0.0%		3.0%	0.3%	7.6%	0.0%		
2:A little	4.3%	2.5%	3.8%	3.5%	0.0%		7.0%	12.2%	10.2%	0.0%		
3:Moderately	37.4%	31.7%	30.8%	36.8%	26.9%		46.1%	32.8%	41.1%	60.5%		
4:Much	40.4%	43.5%	48.1%	38.6%	44.2%		35.7%	42.9%	34.9%	31.6%		
5:Very much	16.4%	21.7%	17.3%	19.3%	28.8%		8.2%	11.8%	6.1%	7.9%		

## SECTION 9. LIFESTYLE OF UG

	Men and Women	Men					Women					Men vs. Women
		Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
<b>Smoking</b>						0.01					0.02	0.002
Do you smoke?												
I have never smoked a cigarette	32.5%	23.0%	25.0%	21.1%	23.1%		47.0%	23.1%	43.5%	67.2%		
I have only ever tried 1 or 2 cigarettes	10.2%	8.1%	11.5%	5.3%	7.7%		13.6%	19.2%	15.1%	8.0%		
I used to smoke sometimes, but I don't now	25.6%	32.9%	13.5%	35.1%	50.0%		14.4%	11.5%	22.3%	7.9%		
I don't smoke cigarettes, but smoke a pipe or cigars	0.9%	1.2%	0.0%	1.8%	1.9%		0.3%	0.0%	0.4%	0.3%		
I smoke cigarettes, but not as many as 1/day	3.1%	3.7%	7.7%	1.8%	1.9%		2.1%	3.8%	0.3%	2.8%		
I usually smoke 1-10 cigarettes/day	6.2%	7.5%	9.6%	7.0%	5.8%		4.2%	11.5%	2.9%	0.4%		
I usually smoke 10-20 cigarettes/day	9.5%	8.1%	11.5%	8.8%	3.8%		11.6%	19.2%	12.7%	5.3%		
I usually smoke 20+ cigarettes/day	12.1%	15.5%	21.2%	19.3%	5.8%		6.9%	11.5%	2.7%	8.1%		
Do you smoke?, Categories						<0.001					0.05	<0.001
Non-smoker	42.7%	31.1%	36.5%	26.3%	30.8%		60.6%	42.3%	58.6%	75.2%		
Former smoker	25.6%	32.9%	13.5%	35.1%	50.0%		14.4%	11.5%	22.3%	7.9%		
Current smoker	31.7%	36.0%	50.0%	38.6%	19.2%		25.0%	46.2%	19.0%	16.9%		

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
IF SMOKES: Would you like to reduce the amount you smoke? (% Yes)	76.3%	81.0%	73.1%	86.4%	90.0%	0.37	65.9%	66.7%	92.8%	32.4%	0.08	0.17
<b>Pittsburg Sleep Index Questionnaire (PSIQ)</b>						0.33					0.004	<0.001
Mean ± SD	5.4 ± 3.45	4.7 ± 2.89	4.3 ± 2.69	4.6 ± 2.69	5.2 ± 3.26		6.5 ± 3.94	4.7 ± 2.74	7.0 ± 3.73	7.1 ± 4.52		
Median	4.0	4.0	4.0	4.0	4.0		6.0	4.0	6.0	6.0		
Min, Max	0, 19	0, 15	0, 11	0, 12	0, 15		0, 19	1, 15	0, 18	0, 19		
Poor sleeper (PSIQ 5+) (%Yes)	48.7%	40.9%	41.1%	34.7%	47.5%	0.41	60.8%	48.3%	66.7%	62.9%	0.34	0.002
<b>International Physical Activity Questionnaire (IPAQ)</b>						0.20					0.18	<0.001
Inactive	20.2%	22.5%	17.3%	18.0%	32.7%		16.7%	8.2%	15.2%	24.1%		
Minimally active	34.1%	41.2%	40.4%	41.1%	42.3%		23.2%	39.2%	22.0%	13.6%		
HEPA active	45.6%	36.2%	42.3%	40.9%	25.0%		60.1%	52.6%	62.7%	62.3%		
Total MET-minutes/week						--					--	--
Median	2,346.0	1,826.0	2,295.0	1,866.0	835.5		5,205.0	3,984.0	5,337.0	5,634.0		
25%, 75% Quartiles	873, 6504	693, 4746	1181, 6699	1032, 5424	353, 2910		1518, 8184	1463, 7758	2076, 10512	1440, 8346		

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
<b>Nutrition</b>												
How often do you eat breakfast?						0.01					0.19	0.49
Almost every day	61.8%	59.4%	44.2%	57.3%	76.9%		65.4%	47.8%	66.0%	76.7%		
Sometimes	14.3%	14.3%	21.2%	15.7%	5.8%		14.4%	24.3%	15.5%	6.5%		
Rarely or never	23.9%	26.3%	34.6%	27.0%	17.3%		20.2%	27.8%	18.4%	16.7%		
How many meals do you eat each day?						0.54					0.59	0.87
Mean ± SD	2.3 ± 0.75	2.3 ± 0.75	2.2 ± 0.77	2.2 ± 0.80	2.3 ± 0.68		2.3 ± 0.76	2.2 ± 0.72	2.2 ± 0.84	2.4 ± 0.70		
Median	2.0	2.0	2.0	2.0	2.0		2.0	2.0	2.0	2.0		
Min, Max	0, 6	1, 5	1, 4	1, 5	1, 3		0, 6	0, 4	0, 6	0, 5		
How many between-meal snacks do you eat each day?						0.006					0.61	0.64
Mean ± SD	1.5 ± 1.31	1.5 ± 1.45	2.0 ± 2.08	1.4 ± 0.95	1.1 ± 0.88		1.6 ± 1.06	1.7 ± 1.04	1.6 ± 0.95	1.4 ± 1.19		
Median	1.0	1.0	2.0	1.0	1.0		2.0	2.0	2.0	1.0		
Min, Max	0, 10	0, 10	0, 10	0, 5	0, 3		0, 6	0, 6	0, 6	0, 5		

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Do you make a conscious effort to avoid eating foods that contain fat and cholesterol? (% Yes)	72.0%	68.7%	44.2%	74.7%	86.5%	<0.001	77.0%	56.9%	86.1%	80.7%	0.05	0.14
Are you trying to lose weight? (% Yes)	55.4%	54.3%	40.4%	51.6%	71.2%	0.005	57.1%	43.2%	64.1%	58.9%	0.26	0.66
Do you consider yourself to be (Mean ± SD)	2.7 ± 0.73	2.7 ± 0.63	2.8 ± 0.60	2.7 ± 0.61	2.6 ± 0.69	0.24	2.6 ± 0.85	2.9 ± 0.89	2.5 ± 0.86	2.5 ± 0.78	0.16	0.29
Very overweight	7.1%	3.8%	0.0%	3.8%	7.7%		12.0%	12.0%	12.5%	11.5%		
Overweight	27.7%	28.1%	28.8%	26.9%	28.8%		27.1%	8.6%	36.4%	29.8%		
Just about fine	58.1%	62.4%	61.5%	65.7%	59.6%		51.4%	58.9%	45.1%	53.2%		
Underweight	6.7%	5.6%	9.6%	3.6%	3.8%		8.4%	20.3%	3.5%	5.6%		
Very underweight	0.4%	0.0%	0.0%	0.0%	0.0%		1.0%	0.2%	2.5%	0.0%		
How many times per week do you eat your main meal out (restaurant)						<0.001					0.06	<0.001
Mean ± SD	0.7 ± 1.13	0.9 ± 1.20	1.6 ± 1.41	0.8 ± 1.01	0.4 ± 0.85		0.4 ± 0.92	0.9 ± 1.31	0.2 ± 0.52	0.3 ± 0.83		
Median	0.0	1.0	1.0	1.0	0.0		0.0	1.0	0.0	0.0		
Min, Max	0, 6	0, 6	0, 6	0, 5	0, 5		0, 6	0, 6	0, 3	0, 4		
How many times per week do you eat your main meal by take away						<0.001					0.006	0.08

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Mean ± SD	0.5 ± 0.99	0.6 ± 1.07	0.9 ± 1.14	0.5 ± 1.24	0.2 ± 0.58		0.3 ± 0.82	0.8 ± 1.24	0.3 ± 0.68	0.1 ± 0.38		
Median	0.0	0.0	1.0	0.0	0.0		0.0	0.0	0.0	0.0		
Min, Max	0, 7	0, 7	0, 4	0, 7	0, 3		0, 5	0, 5	0, 3	0, 5		
<b>Alcohol</b>						0.07					0.78	<0.001
Would you describe yourself as:												
A non-drinker	10.0%	8.1%	5.8%	3.5%	15.4%		13.0%	11.5%	11.2%	16.0%		
A very occasional drinker (special occasions only)	29.0%	22.4%	23.1%	19.3%	25.0%		39.2%	34.6%	46.1%	34.9%		
An occasional drinker	45.6%	47.8%	42.3%	56.1%	44.2%		42.1%	46.2%	36.4%	45.6%		
A regular drinker	15.4%	21.7%	28.8%	21.1%	15.4%		5.6%	7.7%	6.2%	3.5%		
<i>If you are an "occasional" or "regular" drinker:</i>												
On how many days over the past 30 days did you have a drink?						0.25					0.88	0.003
Mean ± SD	4.0 ± 4.26	4.6 ± 4.55	5.0 ± 4.48	3.7 ± 4.32	5.3 ± 4.89		2.6 ± 3.18	2.4 ± 1.55	2.8 ± 3.88	2.7 ± 3.47		
Median	3.0	3.0	4.0	3.0	4.0		2.0	2.0	2.0	1.0		
Min, Max	0, 25	0, 14	0, 14	0, 14	0, 14		0, 25	0, 5	0, 25	0, 18		

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
On the days that you did drink, how many drinks did you have, on average?						0.19					0.23	0.008
Mean ± SD	1.6 ± 1.77	1.8 ± 2.00	2.4 ± 2.78	1.6 ± 1.44	1.4 ± 1.41		1.1 ± 0.97	1.6 ± 1.22	1.0 ± 0.88	0.9 ± 0.76		
Median	1.0	1.0	2.0	1.0	1.0		1.0	1.0	1.0	1.0		
Min, Max	0, 15	0, 15	0, 15	0, 8	0, 14		0, 7	0, 5	0, 5	0, 7		
Would you like to reduce the amount that you drink? (%Yes)	10.0%	13.4%	18.9%	9.1%	12.9%	0.45	2.5%	0.0%	6.8%	0.4%	0.57	0.009
<b>Leisure activities</b>												
<i>Please check the frequency in which you engaged in the following activities in the past 2 months</i>												
Watching TV (Mean ± SD)	3.3 ± 0.90	3.3 ± 0.89	3.0 ± 1.01	3.4 ± 0.85	3.7 ± 0.68	<0.001	3.3 ± 0.91	3.2 ± 1.01	3.1 ± 0.92	3.6 ± 0.77	0.05	0.98
0:Never	0.6%	0.6%	1.9%	0.1%	0.0%		0.5%	1.1%	0.2%	0.3%		
1:Seldom	5.2%	4.4%	7.7%	3.6%	1.9%		6.6%	8.3%	8.7%	3.2%		
2:Occasionally	9.7%	11.3%	15.4%	12.5%	5.8%		7.2%	9.1%	7.6%	5.5%		
3:Frequently	28.7%	27.7%	39.1%	26.8%	17.3%		30.2%	29.4%	43.0%	16.8%		

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
4:Very frequently	55.8%	56.0%	35.9%	57.1%	75.0%		55.6%	52.2%	40.5%	74.2%		
Listening to music (Mean ± SD)	2.5 ± 1.43	2.7 ± 1.27	3.2 ± 1.02	2.6 ± 1.31	2.3 ± 1.31	<0.001	2.1 ± 1.57	2.9 ± 1.43	1.9 ± 1.48	1.8 ± 1.58	0.006	0.001
0:Never	14.8%	8.2%	1.9%	9.1%	13.5%		24.9%	11.2%	27.6%	31.3%		
1:Seldom	11.8%	10.7%	5.8%	10.9%	15.4%		13.6%	9.7%	16.2%	13.5%		
2:Occasionally	16.2%	17.0%	13.5%	21.7%	15.4%		14.9%	5.8%	14.0%	21.9%		
3:Frequently	24.7%	28.7%	25.0%	23.2%	38.5%		18.5%	21.1%	26.2%	8.4%		
4:Very frequently	32.5%	35.4%	53.8%	35.1%	17.3%		28.2%	52.2%	15.9%	24.9%		
Played adult games (Mean ± SD)	0.7 ± 1.26	0.9 ± 1.35	1.3 ± 1.45	0.6 ± 1.11	0.8 ± 1.38	0.009	0.5 ± 1.06	0.8 ± 1.07	0.3 ± 0.84	0.5 ± 1.23	0.17	0.01
0:Never	70.5%	64.9%	46.2%	74.6%	73.1%		78.9%	57.5%	87.2%	84.6%		
1:Seldom	7.1%	8.8%	13.5%	9.0%	3.8%		4.5%	13.2%	2.1%	1.2%		
2:Occasionally	8.1%	8.2%	9.6%	5.7%	9.6%		7.9%	20.6%	4.4%	3.1%		
3:Frequently	8.6%	10.6%	23.1%	7.2%	1.9%		5.4%	8.3%	5.9%	2.9%		
4:Very frequently	5.8%	7.5%	7.7%	3.6%	11.5%		3.2%	0.3%	0.4%	8.2%		
Walked for leisure (Mean ± SD)	1.9 ± 1.47	1.9 ± 1.45	1.9 ± 1.47	1.7 ± 1.50	2.1 ± 1.38	0.43	1.8 ± 1.49	2.0 ± 1.35	1.7 ± 1.42	1.7 ± 1.67	0.63	0.52
0:Never	26.6%	24.4%	23.1%	30.2%	19.2%		29.9%	17.8%	32.4%	35.5%		

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
1:Seldom	16.8%	18.1%	23.1%	19.5%	11.5%		14.9%	17.7%	9.4%	18.8%		
2:Occasionally	19.2%	18.1%	13.5%	12.6%	28.8%		20.9%	25.1%	26.6%	11.9%		
3:Frequently	18.9%	21.2%	21.2%	21.4%	21.2%		15.4%	23.8%	19.2%	5.6%		
4:Very frequently	18.5%	18.2%	19.2%	16.3%	19.2%		18.9%	15.5%	12.4%	28.2%		
Reading books for pleasure (Mean ± SD)	1.5 ± 1.53	1.3 ± 1.47	1.4 ± 1.35	1.5 ± 1.58	1.0 ± 1.42	0.12	1.7 ± 1.60	2.4 ± 1.35	1.6 ± 1.65	1.4 ± 1.59	0.01	0.04
0:Never	44.6%	47.5%	34.6%	44.8%	63.5%		40.1%	14.6%	47.7%	49.3%		
1:Seldom	8.4%	10.1%	21.2%	7.4%	1.9%		5.8%	5.1%	3.7%	8.5%		
2:Occasionally	16.9%	17.4%	21.2%	14.2%	17.3%		16.2%	29.1%	9.7%	14.3%		
3:Frequently	15.2%	13.1%	13.5%	17.7%	7.7%		18.5%	24.6%	21.8%	10.7%		
4:Very frequently	14.9%	11.9%	9.6%	15.9%	9.6%		19.5%	26.6%	17.2%	17.2%		
Taking part in team sports (basketball, football) (Mean ± SD)	0.2 ± 0.83	0.4 ± 1.01	0.9 ± 1.46	0.1 ± 0.56	0.1 ± 0.57	0.001	0.1 ± 0.40	0.3 ± 0.72	0.0 ± 0.21	0.0 ± 0.12	0.20	0.003
0:Never	89.8%	86.8%	69.2%	94.2%	96.2%		94.4%	84.8%	96.2%	98.9%		
1:Seldom	3.8%	3.9%	5.8%	3.9%	1.9%		3.8%	8.2%	3.6%	0.9%		
2:Occasionally	1.5%	1.9%	5.8%	0.1%	0.0%		0.8%	2.9%	0.2%	0.1%		
3:Frequently	1.9%	2.5%	7.7%	0.0%	0.0%		1.0%	4.2%	0.0%	0.0%		
4:Very frequently	3.0%	5.0%	11.5%	1.8%	1.9%		0.0%	0.0%	0.0%	0.0%		

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Taking part in individual sports (tennis, ping pong) (Mean ± SD)	0.5 ± 1.12	0.6 ± 1.24	1.0 ± 1.47	0.6 ± 1.33	0.1 ± 0.60	<0.001	0.3 ± 0.88	0.4 ± 0.99	0.4 ± 0.97	0.1 ± 0.69	0.25	0.05
0:Never	82.5%	79.9%	65.4%	80.1%	94.2%		86.6%	80.3%	81.9%	95.9%		
1:Seldom	3.2%	2.6%	5.8%	0.3%	1.9%		4.2%	7.4%	5.5%	0.7%		
2:Occasionally	2.2%	2.6%	5.8%	2.0%	0.0%		1.6%	2.6%	2.2%	0.3%		
3:Frequently	8.2%	9.4%	13.5%	10.7%	3.8%		6.4%	8.6%	10.4%	0.4%		
4:Very frequently	3.9%	5.6%	9.6%	7.0%	0.0%		1.2%	1.1%	0.0%	2.6%		
Going out for the evening for drinks and entertainment (Mean ± SD)	1.4 ± 1.30	1.6 ± 1.26	2.3 ± 1.15	1.6 ± 1.11	1.0 ± 1.24	<0.001	1.0 ± 1.26	1.8 ± 1.37	0.8 ± 1.16	0.6 ± 1.00	<0.001	<0.001
0:Never	37.6%	25.8%	7.7%	20.2%	50.0%		55.7%	26.6%	61.5%	69.4%		
1:Seldom	16.7%	19.4%	19.2%	23.3%	15.4%		12.5%	13.1%	10.8%	13.9%		
2:Occasionally	22.5%	27.4%	26.9%	35.4%	19.2%		14.8%	20.6%	14.8%	10.8%		
3:Frequently	17.7%	20.5%	32.7%	17.6%	11.5%		13.4%	31.7%	11.3%	3.2%		
4:Very frequently	5.5%	6.8%	13.5%	3.5%	3.8%		3.6%	8.0%	1.6%	2.7%		
Going to the movies (Mean ± SD)	0.5 ± 0.95	0.6 ± 1.05	1.3 ± 1.37	0.3 ± 0.72	0.1 ± 0.42	<0.001	0.3 ± 0.74	0.5 ± 0.87	0.2 ± 0.60	0.2 ± 0.79	0.44	0.009
0:Never	77.5%	72.3%	42.3%	80.1%	93.6%		85.4%	74.9%	87.1%	90.7%		
1:Seldom	7.7%	8.9%	15.4%	9.1%	2.3%		5.9%	9.1%	8.3%	1.1%		

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
2:Occasionally	8.8%	10.7%	19.2%	9.0%	4.1%		6.0%	12.0%	2.5%	5.6%		
3:Frequently	4.0%	5.6%	15.4%	1.8%	0.0%		1.7%	4.0%	1.8%	0.0%		
4:Very frequently	1.9%	2.5%	7.7%	0.1%	0.0%		1.1%	0.0%	0.3%	2.6%		
Visiting art galleries and museums (Mean ± SD)	0.3 ± 0.67	0.3 ± 0.74	0.6 ± 1.05	0.3 ± 0.60	0.0 ± 0.19	<0.001	0.2 ± 0.55	0.1 ± 0.31	0.1 ± 0.35	0.3 ± 0.79	0.36	0.05
0:Never	82.6%	78.8%	63.5%	77.0%	96.2%		88.5%	92.9%	90.6%	83.3%		
1:Seldom	11.7%	13.7%	21.2%	16.0%	3.8%		8.5%	6.2%	8.3%	10.2%		
2:Occasionally	3.8%	5.0%	7.7%	7.0%	0.0%		2.0%	0.9%	1.0%	3.8%		
3:Frequently	0.8%	1.2%	3.8%	0.0%	0.0%		0.1%	0.0%	0.1%	0.1%		
4:Very frequently	1.1%	1.2%	3.8%	0.0%	0.0%		1.0%	0.0%	0.0%	2.6%		
Collecting or making something, e.g. hobbies (Mean ± SD)	1.1 ± 1.55	1.1 ± 1.50	1.3 ± 1.52	1.0 ± 1.49	0.9 ± 1.48	0.33	1.2 ± 1.63	0.9 ± 1.49	1.2 ± 1.65	1.3 ± 1.71	0.70	0.76
0:Never	60.7%	59.9%	50.0%	60.3%	69.2%		62.0%	67.4%	60.3%	60.1%		
1:Seldom	5.5%	6.4%	7.7%	9.3%	1.9%		4.3%	5.5%	4.5%	3.2%		
2:Occasionally	7.5%	8.1%	9.6%	9.0%	5.8%		6.6%	1.4%	7.9%	8.8%		
3:Frequently	12.8%	15.0%	23.1%	8.9%	13.5%		9.6%	16.9%	8.6%	5.7%		
4:Very frequently	13.4%	10.7%	9.6%	12.6%	9.6%		17.5%	8.8%	18.7%	22.2%		

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Attending sport events (Mean ± SD)	0.9 ± 1.44	1.4 ± 1.60	1.1 ± 1.53	1.3 ± 1.49	1.7 ± 1.77	0.25	0.3 ± 0.76	0.5 ± 0.89	0.3 ± 0.84	0.1 ± 0.54	0.22	<0.001
0:Never	64.3%	51.0%	57.7%	47.4%	48.1%		84.8%	71.4%	87.2%	91.4%		
1:Seldom	8.1%	8.8%	9.6%	10.9%	5.8%		6.9%	14.9%	2.8%	5.9%		
2:Occasionally	7.6%	9.4%	11.5%	10.9%	5.8%		4.8%	8.8%	6.5%	0.1%		
3:Frequently	9.2%	13.7%	5.8%	21.2%	13.5%		2.3%	4.2%	0.9%	2.6%		
4:Very frequently	10.8%	17.0%	15.4%	9.5%	26.9%		1.2%	0.8%	2.5%	0.0%		
Attending theatre, music, or dance performances (Mean ± SD)	0.7 ± 1.12	0.7 ± 1.11	1.0 ± 1.17	0.6 ± 1.03	0.6 ± 1.12	0.13	0.6 ± 1.13	0.4 ± 0.92	0.7 ± 1.20	0.7 ± 1.18	0.37	0.60
0:Never	66.8%	64.4%	48.1%	71.3%	73.1%		70.6%	78.2%	67.4%	68.8%		
1:Seldom	12.0%	13.8%	25.0%	12.6%	3.8%		9.3%	12.8%	7.4%	9.1%		
2:Occasionally	11.5%	11.9%	13.5%	7.2%	15.4%		11.0%	5.1%	12.5%	13.4%		
3:Frequently	6.0%	6.9%	9.6%	7.1%	3.8%		4.7%	0.2%	9.3%	2.9%		
4:Very frequently	3.6%	3.1%	3.8%	1.8%	3.8%		4.4%	3.8%	3.4%	5.8%		
Surfing the web or working on the computer (Mean ± SD)	0.7 ± 1.25	0.9 ± 1.43	2.0 ± 1.60	0.6 ± 1.22	0.0 ± 0.14	<0.001	0.3 ± 0.82	0.8 ± 1.17	0.3 ± 0.73	0.1 ± 0.31	0.002	<0.001
0:Never	74.1%	69.2%	30.8%	78.0%	98.1%		81.6%	55.7%	83.9%	96.9%		
1:Seldom	6.0%	4.5%	7.7%	4.1%	1.9%		8.1%	19.5%	7.0%	1.5%		

	<b>Men and Women</b>	<b>Men</b>					<b>Women</b>					<b>Men vs. Women</b>
	<b>Overall</b>	<b>Overall</b>	<b>Age 18-40</b>	<b>Age 41-60</b>	<b>Age 61-80</b>	<b>Age p-value</b>	<b>Overall</b>	<b>Age 18-40</b>	<b>Age 41-60</b>	<b>Age 61-80</b>	<b>Age p-value</b>	<b>p-value</b>
2:Occasionally	6.9%	7.5%	15.4%	7.2%	0.0%		5.9%	13.1%	5.9%	1.2%		
3:Frequently	6.2%	8.1%	21.2%	3.6%	0.0%		3.3%	7.8%	3.0%	0.4%		
4:Very frequently	6.8%	10.6%	25.0%	7.1%	0.0%		1.0%	3.8%	0.2%	0.0%		

## SECTION 10. PATIENT PREFERENCES FOR CARE OF UG

	Men and Women	Men					Women					Men vs. Women
		Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
KHOS (0-7)						<0.001					0.06	0.04
Mean ± SD	2.5 ± 1.88	2.3 ± 1.85	3.3 ± 2.01	2.2 ± 1.72	1.5 ± 1.36		2.8 ± 1.90	3.4 ± 1.68	2.8 ± 2.06	2.4 ± 1.78		
Median	2.0	2.0	3.0	2.0	1.0		3.0	3.0	2.0	2.0		
Min, Max	0, 7	0, 7	0, 7	0, 6	0, 5		0, 7	1, 7	0, 7	0, 6		
PPOS Preference for Caring (1-6)						0.68					0.27	0.99
Mean ± SD	3.9 ± 0.71	3.9 ± 0.69	4.0 ± 0.64	3.9 ± 0.74	3.9 ± 0.68		3.9 ± 0.74	4.0 ± 0.63	4.0 ± 0.78	3.7 ± 0.76		
Median	3.9	3.9	3.9	4.0	3.8		3.9	3.9	4.0	3.8		
Min, Max	2, 6	2, 5	2, 5	2, 5	3, 5		2, 6	2, 6	2, 6	2, 5		
PPOS Preference for Sharing (1-6)						<0.001					0.32	0.03
Mean ± SD	3.3 ± 0.68	3.3 ± 0.67	3.5 ± 0.55	3.3 ± 0.66	3.0 ± 0.73		3.5 ± 0.67	3.7 ± 0.61	3.4 ± 0.59	3.4 ± 0.78		
Median	3.3	3.2	3.4	3.4	2.9		3.6	3.8	3.4	3.4		
Min, Max	1, 6	1, 5	2, 5	2, 5	1, 5		2, 6	2, 5	2, 5	2, 6		
API Information Preferences (20-100)						0.21					0.57	0.01

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Mean ± SD	87.8 ± 11.00	89.4 ± 9.49	88.1 ± 8.94	89.2 ± 11.04	91.0 ± 8.03		85.2 ± 12.58	86.6 ± 10.52	86.1 ± 11.79	83.3 ± 14.58		
Median	90.0	90.0	90.0	90.0	92.5		87.5	90.0	87.5	87.5		
Min, Max	30, 100	48, 100	53, 100	48, 100	65, 100		30, 100	50, 100	43, 100	30, 100		
API Decision Making (20-100)						0.68					0.55	0.30
Mean ± SD	52.5 ± 9.28	52.0 ± 8.38	51.3 ± 7.79	52.7 ± 9.60	51.9 ± 7.57		53.4 ± 10.49	55.7 ± 12.46	52.6 ± 10.36	52.6 ± 9.04		
Median	53.3	50.0	50.0	53.3	53.3		53.3	53.3	50.0	53.3		
Min, Max	20, 97	33, 73	33, 67	33, 73	33, 67		20, 97	20, 83	27, 97	20, 83		
Tolerance towards Medical Errors (9-45)						0.26					0.02	0.02
Mean ± SD	28.4 ± 4.40	29 ± 4.01	29.7 ± 4.00	28.7 ± 3.82	28.5 ± 4.18		27.5 ± 4.84	29.7 ± 4.37	26.3 ± 5.12	27.4 ± 4.39		
Median	29.0	29.0	30.0	29.0	28.5		28.0	30.0	27.0	28.0		
Min, Max	12, 40	19, 39	22, 39	20, 36	19, 38		12, 40	16, 39	12, 35	13, 40		
Medication Adherence Score (0-4)						0.32					0.20	0.32
Mean ± SD	3.2 ± 0.98	3.2 ± 1.00	3.1 ± 1.06	3.4 ± 0.99	3.2 ± 0.95		3.1 ± 0.94	3.3 ± 0.83	2.9 ± 1.08	3.2 ± 0.83		
Median	3.0	3.0	3.0	4.0	3.0		3.0	3.5	3.0	3.0		

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Min, Max	0, 4	0, 4	0, 4	0, 4	0, 4		0, 4	2, 4	0, 4	1, 4		
How many times have you visited a health care provider during the last year?						<0.001					0.47	<0.001
Mean ± SD	9.9 ± 8.52	8.3 ± 7.97	5.6 ± 4.64	10.3 ± 10.91	9.0 ± 5.89		12.2 ± 8.84	10.3 ± 9.93	13.1 ± 8.66	12.6 ± 8.27		
Median	8.0	6.0	5.0	8.0	8.0		10.0	7.5	15.0	12.0		
Min, Max	1, 70	1, 70	1, 20	1, 70	1, 26		1, 50	2, 50	1, 40	1, 40		
<i>What was the major reason for your visit?</i>												
An urgent (acute) problem (% Yes)	74.1%	68.3%	76.9%	63.2%	65.4%	0.24	82.9%	80.8%	80.5%	86.8%	0.70	0.006
A routine visit for an ongoing problem (% Yes)	59.8%	57.1%	36.5%	66.7%	67.3%	0.002	63.8%	38.5%	68.3%	76.3%	0.01	0.28
A flare-up of an ongoing problem (% Yes)	15.0%	15.5%	11.5%	17.5%	17.3%	0.59	14.3%	15.4%	17.1%	10.5%	0.68	0.78
Pre- or post-surgery/injury care (% Yes)	27.1%	28.6%	25.0%	24.6%	36.5%	0.33	24.8%	15.4%	34.1%	21.1%	0.19	0.49
Non-illness care (e.g., routine prenatal, general exam) (% Yes)	66.5%	57.1%	46.2%	63.2%	61.5%	0.16	81.0%	84.6%	80.5%	78.9%	0.84	<0.001

	Men and Women	Men					Women					Men vs. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
<i>Where or from whom would you normally expect to find information about new treatments?</i>												
GP (% Yes)	67.3%	64.0%	65.4%	59.6%	67.3%	0.69	72.4%	73.1%	73.2%	71.1%	0.97	0.15
Medical specialist (% Yes)	82.0%	80.1%	86.5%	77.2%	76.9%	0.32	84.8%	80.8%	85.4%	86.8%	0.81	0.33
Friends / family (% Yes)	66.2%	58.4%	59.6%	59.6%	55.8%	0.90	78.1%	76.9%	75.6%	81.6%	0.80	<0.001
Public library (% Yes)	34.6%	32.3%	40.4%	40.4%	15.4%	0.003	38.1%	50.0%	48.8%	18.4%	0.004	0.34
Television programs (% Yes)	74.8%	72.0%	73.1%	70.2%	73.1%	0.93	79.0%	69.2%	82.9%	81.6%	0.44	0.19
Newspapers or magazines (% Yes)	43.2%	37.9%	50.0%	38.6%	25.0%	0.03	51.4%	57.7%	58.5%	39.5%	0.18	0.03
Internet (% Yes)	11.3%	11.8%	30.8%	3.5%	1.9%	<0.001	10.5%	26.9%	7.3%	2.6%	0.04	0.74
Advertisements (% Yes)	38.7%	29.2%	46.2%	28.1%	13.5%	0.001	53.3%	73.1%	53.7%	39.5%	0.03	<0.001
Pharmacists (% Yes)	50.4%	43.5%	46.2%	43.9%	40.4%	0.84	61.0%	69.2%	56.1%	60.5%	0.55	0.005
Patient group (% Yes)	59.8%	53.4%	57.7%	49.1%	53.8%	0.67	69.5%	80.8%	63.4%	68.4%	0.27	0.008
Other (% Yes)	6.0%	3.7%	5.8%	3.5%	1.9%	0.58	9.5%	11.5%	9.8%	7.9%	0.89	0.07
<i>What health insurance do you have?</i>												
Private insurance (% Yes)	1.5%	1.9%	3.8%	0.0%	1.9%	0.22	1.0%	3.8%	0.0%	0.0%	0.60	0.52
IKA / TEBE (% Yes)	57.1%	53.4%	51.9%	52.6%	55.8%	0.92	62.9%	69.2%	65.9%	55.3%	0.47	0.13
OGA (% Yes)	17.7%	14.3%	9.6%	12.3%	21.2%	0.26	22.9%	7.7%	19.5%	36.8%	0.01	0.08

	<b>Men and Women</b>	<b>Men</b>					<b>Women</b>					<b>Men vs. Women</b>
	<b>Overall</b>	<b>Overall</b>	<b>Age 18-40</b>	<b>Age 41-60</b>	<b>Age 61-80</b>	<b>Age p-value</b>	<b>Overall</b>	<b>Age 18-40</b>	<b>Age 41-60</b>	<b>Age 61-80</b>	<b>Age p-value</b>	<b>p-value</b>
Public (% Yes)	10.2%	11.8%	13.5%	12.3%	9.6%	0.81	7.6%	7.7%	9.8%	5.3%	0.74	0.25
Welfare (% Yes)	1.1%	1.9%	1.9%	3.5%	0.0%	0.22	0.0%	0.0%	0.0%	0.0%	--	0.08
Other (% Yes)	12.4%	16.1%	17.2%	19.3%	11.5%	0.50	6.7%	11.5%	7.3%	2.6%	0.34	0.01
None (% Yes)	1.1%	1.2%	3.8%	0.0%	0.0%	0.36	1.0%	3.8%	0.0%	0.0%	0.60	0.82
Would you ever sue your doctor?						0.04					0.003	0.09
Yes	18.4%	15.5%	15.4%	17.5%	13.5%		22.9%	46.2%	17.1%	13.2%		
Maybe	38.0%	42.9%	55.8%	43.9%	28.8%		30.5%	38.5%	29.3%	26.3%		
No	43.6%	41.6%	28.8%	38.6%	57.7%		46.7%	15.4%	53.7%	60.5%		