

## SECTION 1. REPORTING OF UROLOGICAL PROBLEMS HG

	Men and Women	Men					Women					Men v. Women
		Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
<b>URINARY INCONTINENCE</b>												
How often do you leak urine? (Mean ± SD)	0.4 ± 1.02	0.2 ± 0.61	0.0 ± 0.19	0.1 ± 0.29	0.4 ± 0.96	0.03	0.6 ± 1.25	0.1 ± 0.42	0.6 ± 1.40	1.0 ± 1.51	<0.001	<0.001
0:Never	83.9%	91.4%	96.4%	96.1%	82.3%		77.0%	91.4%	77.4%	58.6%		
1:Usually once a week or more often	7.2%	5.4%	3.6%	2.3%	10.1%		8.9%	5.3%	9.5%	12.3%		
2:2 or 3 times a week	3.1%	1.1%	0.0%	1.6%	1.7%		4.9%	3.2%	1.2%	12.1%		
3:Usually once a day	2.2%	1.0%	0.0%	0.0%	3.0%		3.3%	0.1%	3.6%	6.8%		
4:Many times per day	1.4%	0.5%	0.0%	0.0%	1.4%		2.3%	0.0%	2.4%	5.1%		
5:Constantly	2.2%	0.5%	0.0%	0.0%	1.4%		3.7%	0.0%	6.0%	5.1%		
Urinary incontinence (% Yes)	16.1%	8.6%	3.6%	3.9%	17.7%	0.03	23.0%	8.6%	22.6%	41.4%	<0.001	<0.001
When you leak urine, about how much is it? Would you say: (Mean ± SD)	0.4 ± 1.18	0.2 ± 0.59	0.1 ± 0.56	0.1 ± 0.36	0.3 ± 0.74	0.04	0.7 ± 1.49	0.2 ± 0.55	0.7 ± 1.43	1.4 ± 2.02	0.001	<0.001
0:None	84.4%	92.2%	96.8%	96.7%	83.7%		77.2%	91.9%	77.4%	58.8%		
2:Small quantity	11.7%	7.3%	1.7%	3.3%	16.3%		15.7%	8.0%	15.5%	25.6%		
4:Medium amount	1.5%	0.5%	1.6%	0.0%	0.0%		2.4%	0.1%	3.6%	3.7%		
6:Big amount	2.4%	0.0%	0.0%	0.0%	0.0%		4.6%	0.0%	3.6%	11.9%		
To what extent does incontinence influence your everyday life? (0:Not at all, 10:Very much)						0.10					<0.001	<0.001
Mean ± SD	0.7 ± 2.24	0.3 ± 1.46	0.1 ± 1.01	0.1 ± 1.00	0.7 ± 2.03		1.1 ± 2.72	0.3 ± 1.19	1.1 ± 2.83	2.0 ± 3.53		
Median	0.0	0.0	0.0	0.0	0.0		0.0	0.0	0.0	0.0		
Min, Max	0, 10	0, 9	0, 8	0, 8	0, 9		0, 10	0, 9	0, 10	0, 10		

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Have you ever seen a health care provider for UI symptoms? (% Yes)	6.7%	3.5%	1.6%	1.5%	7.2%	0.23	9.6%	3.2%	8.3%	19.3%	0.02	0.01
Have you ever gotten treatment for UI symptoms? (% Yes)	4.7%	3.0%	1.6%	1.5%	5.8%	0.37	6.2%	1.5%	7.1%	10.5%	0.047	0.13
Overall, how bothersome have the above symptoms been during the last month? (Mean ± SD)	0.3 ± 0.80	0.2 ± 0.60	0.1 ± 0.40	0.1 ± 0.40	0.3 ± 0.83	0.07	0.4 ± 0.93	0.1 ± 0.47	0.4 ± 0.92	0.8 ± 1.19	<0.001	<0.001
0:Not at all bothersome	86.2%	92.4%	96.5%	96.1%	85.1%		80.6%	93.6%	81.0%	63.9%		
1:Bothers me a little	5.0%	3.5%	1.9%	2.4%	5.9%		6.5%	3.2%	8.3%	7.9%		
2:Bothers me some	2.4%	0.6%	0.0%	0.0%	1.8%		4.1%	1.8%	1.2%	11.1%		
3:Bothers me a lot	6.3%	3.5%	1.6%	1.5%	7.2%		8.9%	1.4%	9.5%	17.1%		
If you were to spend the rest of your life with these symptoms, as they are now, how would you feel about that? (Mean ± SD)	0.7 ± 1.74	0.3 ± 1.17	0.2 ± 0.84	0.1 ± 0.72	0.7 ± 1.62	0.045	1.0 ± 2.07	0.3 ± 1.22	0.9 ± 1.94	2.0 ± 2.65	<0.001	<0.001
0:Delighted	84.6%	91.5%	96.2%	95.6%	83.2%		78.2%	92.1%	78.6%	60.4%		
1:Pleased	0.9%	0.7%	0.4%	0.5%	1.0%		1.2%	0.6%	2.4%	0.3%		
2:Mostly satisfied	1.0%	1.1%	0.2%	0.7%	2.3%		0.9%	0.7%	1.2%	0.8%		
3:Mixed (equally satisfied and dissatisfied)	2.0%	1.7%	1.6%	0.1%	3.3%		2.2%	0.7%	2.4%	4.0%		
4:Mostly dissatisfied	2.3%	2.5%	0.0%	3.0%	4.4%		2.1%	1.9%	2.4%	1.9%		
5:Unhappy	3.9%	0.5%	0.0%	0.0%	1.5%		7.1%	2.8%	7.1%	12.2%		
6:Terrible	5.3%	2.0%	1.6%	0.0%	4.3%		8.4%	1.4%	6.0%	20.4%		

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
<b>International Index for Prostate Symptom Score (IPSS) (0-35)</b>						<0.001					<0.001	0.22
Mean ± SD	6.3 ± 6.68	5.8 ± 7.33	2.3 ± 3.92	6.2 ± 7.59	8.8 ± 8.11		6.7 ± 6.02	5.1 ± 4.68	6.1 ± 5.21	9.6 ± 7.45		
Median	4.0	3.0	1.0	3.0	7.0		5.0	4.0	5.0	8.0		
Min, Max	0, 35	0, 35	0, 23	0, 29	0, 35		0, 30	0, 20	0, 25	0, 30		
IPSS Categories						<0.001					0.03	0.01
1:IPSS Score 0	19.4%	24.8%	41.1%	19.8%	14.6%		14.5%	15.1%	18.0%	8.7%		
2:IPSS Score 1-7	47.7%	47.2%	54.2%	49.3%	38.8%		48.1%	59.3%	47.1%	35.5%		
3:IPSS Score 8-19	27.0%	20.8%	3.2%	21.6%	36.3%		32.7%	25.5%	32.4%	42.0%		
4:IPSS Score 20+	5.9%	7.2%	1.6%	9.3%	10.3%		4.7%	0.1%	2.5%	13.7%		
LUTS (% Yes)	32.9%	28.0%	4.8%	31.0%	46.6%	<0.001	37.4%	25.6%	34.9%	55.7%	0.009	0.06
<b>IPSS Components</b>												
<i>During the last month:</i>												
How often did you feel that your bladder was not empty after urinating? (Mean ± SD)	0.8 ± 1.32	0.7 ± 1.33	0.3 ± 0.77	0.6 ± 1.30	1.1 ± 1.64	0.002	0.8 ± 1.30	0.8 ± 1.15	0.8 ± 1.31	0.9 ± 1.49	0.89	0.28
0:Never	66.6%	72.2%	79.5%	75.6%	62.3%		61.3%	57.0%	63.2%	63.9%		
1:About 1 out of 5 times	13.3%	10.7%	15.8%	7.1%	9.3%		15.7%	22.2%	12.9%	11.5%		
2:About 1 out of 3 times	8.5%	5.4%	3.2%	3.4%	9.3%		11.3%	12.2%	11.1%	10.4%		
3:About 1 out of 2 times	5.4%	5.7%	0.0%	9.3%	7.5%		5.2%	4.1%	7.0%	3.8%		
4:About 2 out of 3 times	2.6%	1.5%	0.0%	1.6%	2.9%		3.7%	3.2%	3.0%	5.3%		
5:Almost always	3.7%	4.5%	1.6%	3.0%	8.7%		2.9%	1.4%	2.7%	5.1%		

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
You had to urinate again within 2 hours (Mean ± SD)	1.3 ± 1.66	1.1 ± 1.54	0.6 ± 1.20	1.0 ± 1.43	1.5 ± 1.78	0.001	1.5 ± 1.75	1.4 ± 1.72	1.3 ± 1.63	1.9 ± 1.90	0.24	0.01
0:Never	51.9%	58.1%	72.9%	55.3%	47.0%		46.1%	48.0%	48.3%	40.7%		
1:About 1 out of 5 times	12.2%	12.1%	11.2%	15.7%	9.4%		12.3%	14.1%	13.7%	8.2%		
2:About 1 out of 3 times	13.4%	11.2%	7.9%	9.9%	15.5%		15.4%	14.1%	15.9%	16.3%		
3:About 1 out of 2 times	7.7%	7.4%	3.3%	9.5%	9.2%		8.0%	6.6%	8.6%	8.7%		
4:About 2 out of 3 times	7.1%	6.2%	1.6%	8.1%	8.8%		7.9%	7.7%	5.9%	11.0%		
5:Almost always	7.8%	5.1%	3.1%	1.6%	10.2%		10.3%	9.5%	7.6%	15.1%		
Your urination had to stop and start again (Mean ± SD)	0.5 ± 1.12	0.5 ± 1.21	0.1 ± 0.65	0.6 ± 1.19	0.8 ± 1.49	<0.001	0.5 ± 1.04	0.4 ± 0.74	0.4 ± 0.92	0.9 ± 1.38	0.048	0.92
0:Never	75.8%	78.6%	95.1%	74.2%	67.5%		73.2%	76.7%	78.5%	61.3%		
1:About 1 out of 5 times	10.4%	7.6%	3.2%	8.3%	11.1%		12.9%	14.4%	10.4%	14.6%		
2:About 1 out of 3 times	5.5%	3.6%	0.1%	5.3%	5.2%		7.2%	5.8%	5.3%	11.7%		
3:About 1 out of 2 times	4.6%	5.6%	0.0%	9.1%	7.5%		3.7%	3.2%	3.6%	4.5%		
4:About 2 out of 3 times	1.7%	1.5%	0.0%	1.6%	2.9%		1.9%	0.0%	2.0%	4.0%		
5:Almost always	2.0%	3.0%	1.6%	1.5%	5.8%		1.1%	0.0%	0.2%	3.9%		
How often was it difficult for you to postpone urination from the moment you felt like urinating? (Mean ± SD)	0.9 ± 1.55	0.7 ± 1.40	0.4 ± 1.08	0.8 ± 1.53	0.9 ± 1.50	0.07	1.1 ± 1.65	0.5 ± 1.19	1.0 ± 1.56	1.9 ± 1.92	<0.001	0.01
0:Never	66.9%	74.2%	83.8%	73.8%	65.8%		60.2%	75.6%	63.0%	37.1%		
1:About 1 out of 5 times	9.0%	7.5%	6.6%	3.8%	11.8%		10.5%	11.7%	8.3%	12.1%		
2:About 1 out of 3 times	7.7%	5.5%	1.8%	5.3%	9.0%		9.7%	4.9%	9.6%	15.9%		
3:About 1 out of 2 times	4.9%	4.7%	3.1%	6.4%	4.7%		5.1%	2.2%	6.7%	6.2%		
4:About 2 out of 3 times	5.4%	3.6%	3.1%	6.2%	1.4%		7.1%	2.5%	7.8%	11.9%		
5:Almost always	6.0%	4.5%	1.6%	4.6%	7.2%		7.4%	3.1%	4.5%	16.7%		
How often did you have a weak urination stream? (Mean ± SD)	0.8 ± 1.49	0.9 ± 1.62	0.1 ± 0.52	1.0 ± 1.56	1.7 ± 1.93	<0.001	0.7 ± 1.37	0.5 ± 1.12	0.6 ± 1.29	1.2 ± 1.65	0.06	0.20
0:Never	69.8%	69.1%	96.6%	65.8%	46.7%		70.4%	75.3%	74.7%	58.2%		

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
1:About 1 out of 5 times	8.5%	6.6%	1.8%	8.3%	9.4%		10.3%	12.1%	8.5%	10.7%		
2:About 1 out of 3 times	5.9%	4.6%	0.0%	7.3%	6.3%		7.2%	6.4%	6.7%	8.8%		
3:About 1 out of 2 times	5.7%	7.6%	0.0%	6.8%	15.2%		3.9%	2.1%	3.3%	7.0%		
4:About 2 out of 3 times	4.8%	5.3%	1.6%	6.7%	7.6%		4.3%	0.8%	3.5%	9.7%		
5:Almost always	5.3%	6.8%	0.0%	5.0%	14.7%		3.9%	3.2%	3.3%	5.6%		
You had difficulty urinating (Mean ± SD)	0.4 ± 1.06	0.5 ± 1.26	0.3 ± 1.08	0.7 ± 1.31	0.6 ± 1.33	0.09	0.3 ± 0.82	0.3 ± 0.73	0.2 ± 0.52	0.5 ± 1.19	0.16	0.03
0:Never	81.7%	78.8%	90.4%	70.7%	75.7%		84.5%	85.2%	87.8%	78.8%		
1:About 1 out of 5 times	7.6%	7.2%	4.9%	9.9%	6.7%		8.1%	8.6%	7.5%	8.2%		
2:About 1 out of 3 times	4.8%	5.3%	0.0%	9.6%	6.0%		4.4%	3.0%	4.2%	6.3%		
3:About 1 out of 2 times	1.9%	2.7%	0.0%	2.1%	5.9%		1.1%	1.8%	0.4%	1.0%		
4:About 2 out of 3 times	1.5%	2.1%	0.0%	4.7%	1.4%		1.1%	1.4%	0.1%	2.1%		
5:Almost always	2.4%	4.0%	4.7%	3.0%	4.3%		1.0%	0.0%	0.0%	3.5%		
How many times did you have to go to the bathroom to empty your bladder during the night after falling asleep? (Mean ± SD)	1.6 ± 1.78	1.4 ± 1.72	0.5 ± 0.96	1.5 ± 1.77	2.2 ± 1.84	<0.001	1.7 ± 1.82	1.2 ± 1.56	1.7 ± 1.82	2.4 ± 1.95	0.005	0.09
0:Never	40.7%	42.9%	68.2%	38.1%	23.9%		38.6%	49.4%	39.6%	24.0%		
1:About 1 out of 5 times	20.3%	25.1%	23.8%	30.6%	21.0%		15.9%	14.6%	15.5%	18.2%		
2:About 1 out of 3 times	13.5%	10.6%	3.3%	8.4%	19.4%		16.3%	18.6%	15.5%	14.4%		
3:About 1 out of 2 times	5.5%	4.0%	1.6%	3.7%	6.4%		6.9%	6.4%	6.3%	8.5%		
4:About 2 out of 3 times	6.8%	5.8%	1.6%	5.3%	10.4%		7.8%	3.6%	10.4%	9.2%		
5:Almost always	13.1%	11.7%	1.6%	13.9%	19.0%		14.5%	7.4%	12.7%	25.7%		
Have you ever seen a health care provider for IPSS symptoms? (% Yes)	25.7%	27.9%	12.8%	22.6%	47.0%	<0.001	23.7%	14.6%	24.7%	33.6%	0.06	0.40
Have you ever gotten treatment for IPSS symptoms? (% Yes)	15.7%	16.0%	4.8%	9.5%	32.6%	<0.001	15.5%	11.2%	17.2%	18.6%	0.53	0.91

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Overall, how bothersome have the above symptoms been during the last month? (Mean ± SD)	0.8 ± 1.05	0.6 ± 0.99	0.3 ± 0.72	0.7 ± 1.03	0.8 ± 1.09	<0.001	0.9 ± 1.09	0.8 ± 1.07	0.8 ± 1.03	1.1 ± 1.17	0.46	0.02
0:Not at all bothersome	58.2%	65.8%	84.9%	57.4%	56.2%		51.2%	54.4%	52.1%	46.0%		
1:Bothers me a little	20.1%	16.6%	8.6%	21.2%	19.6%		23.4%	22.0%	26.0%	21.4%		
2:Bothers me some	9.6%	7.9%	1.8%	10.6%	11.0%		11.3%	10.6%	10.0%	13.8%		
3:Bothers me a lot	12.0%	9.7%	4.7%	10.8%	13.3%		14.1%	13.0%	11.8%	18.8%		
If you were to spend the rest of your life with these symptoms, as they are now, how would you feel about that? (Mean ± SD)	2.1 ± 2.19	1.9 ± 2.16	1.2 ± 1.88	2.0 ± 2.32	2.3 ± 2.15	0.009	2.2 ± 2.19	2.2 ± 2.20	2.0 ± 2.10	2.7 ± 2.29	0.27	0.13
0:Delighted	42.4%	47.3%	61.7%	49.3%	32.0%		37.9%	39.3%	40.9%	32.0%		
1:Pleased	8.3%	8.7%	8.8%	4.5%	12.7%		7.8%	8.8%	7.9%	6.4%		
2:Mostly satisfied	9.3%	7.1%	2.3%	6.1%	12.7%		11.4%	9.5%	12.8%	11.6%		
3:Mixed (equally satisfied and dissatisfied)	11.2%	11.2%	11.1%	8.7%	13.6%		11.1%	10.2%	13.9%	8.3%		
4:Mostly dissatisfied	8.7%	8.6%	7.9%	8.7%	9.0%		8.8%	11.4%	6.1%	9.4%		
5:Unhappy	9.8%	7.0%	3.3%	11.2%	6.4%		12.5%	10.3%	9.6%	19.2%		

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
<b>SCSF</b> Please answer the following questions referring to your sexual function during the last 3 months: Are you satisfied with your sexual function? (% Yes)	67.9%	71.3%	90.5%	68.7%	55.9%	<0.001	64.8%	75.8%	55.8%	64.0%	0.03	0.18

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
How long have you not been satisfied with your sexual function?, categories*						0.47					0.008	0.81
1-5 months	18.4%	18.5%	33.5%	15.3%	17.7%		18.2%	33.0%	19.3%	4.0%		
6-17 months	25.6%	20.9%	33.5%	29.8%	12.2%		29.3%	39.5%	27.7%	23.9%		
18-29 months	20.1%	28.0%	16.5%	30.5%	28.7%		14.0%	15.0%	14.8%	11.5%		
30-71 months	17.5%	18.0%	0.0%	13.9%	24.5%		17.0%	0.2%	17.0%	31.0%		
72-2399 months	14.2%	11.0%	0.0%	10.3%	13.6%		16.7%	12.0%	15.0%	23.9%		
2400+ months	4.3%	3.6%	16.5%	0.2%	3.3%		4.8%	0.2%	6.3%	5.8%		
Reported 1 or more sexual dysfunctions (% Yes)	62.0%	53.5%	28.8%	56.1%	73.9%	<0.001	69.9%	48.4%	73.8%	91.1%	<0.001	<0.001
Which problem(s) do you face during your sexual function?												
1. Lack or reduction of sexual desire (% Yes)	41.1%	28.5%	15.9%	33.9%	35.0%	0.01	52.7%	34.5%	58.4%	67.0%	0.001	<0.001
2. MEN: Erection problem (% Yes)	--	28.1%	11.1%	27.7%	44.3%	<0.001	--	--	--	--	--	--
2. WOMEN: Reduced sensation of genitals (% Yes)	--	--	--	--	--	--	19.1%	9.4%	17.9%	32.7%	0.02	--
3. MEN: Rapid ejaculation during intercourse (% Yes)	--	15.3%	11.1%	19.0%	15.7%	0.45	--	--	--	--	--	--
3. WOMEN: Reduced vaginal lubrication (% Yes)	--	--	--	--	--	--	30.8%	13.0%	31.0%	52.5%	<0.001	--
4. MEN: Delay or difficulty to ejaculate or reach orgasm (% Yes)	--	15.7%	6.4%	15.1%	24.9%	0.01	--	--	--	--	--	--
4. WOMEN: Difficulty reaching orgasm (% Yes)	--	--	--	--	--	--	28.4%	22.8%	30.0%	32.9%	0.43	--
5. Pain during sexual intercourse (% Yes)	13.7%	5.3%	3.1%	9.2%	3.5%	0.33	21.5%	21.6%	22.4%	20.0%	0.95	<0.001

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
6. MEN: Curved penis during intercourse (% Yes)	13.6%	13.6%	4.7%	12.9%	22.5%	0.008	--	--	--	--	--	--
7. Other (% Yes)	12.6%	8.1%	0.2%	8.3%	15.2%	0.002	16.8%	6.2%	14.5%	33.1%	0.001	0.009
Which of the above bothers you the most?*						0.15					0.61	--
1	34.5%	24.7%	35.6%	29.5%	17.3%		41.4%	43.8%	44.1%	36.8%		
2	14.9%	32.6%	9.1%	28.7%	44.0%		2.4%	0.3%	1.9%	4.4%		
3	14.0%	15.5%	22.1%	14.3%	14.1%		12.8%	7.0%	13.9%	15.4%		
4	12.0%	10.3%	16.5%	4.9%	12.0%		13.2%	13.9%	15.2%	10.5%		
5	9.5%	4.5%	10.9%	6.0%	1.1%		13.1%	25.8%	8.7%	9.8%		
6	--	4.5%	5.4%	3.0%	5.2%		--	--	--	--		
7	13.2%	7.9%	0.4%	13.7%	6.3%		17.0%	9.2%	16.3%	23.1%		
Have you ever seen a health care provider for these symptoms? (% Yes)	15.8%	15.0%	9.6%	15.8%	19.2%	0.27	16.5%	9.8%	19.7%	20.3%	0.17	0.68
Have you ever gotten treatment for these symptoms? (% Yes)	9.2%	9.1%	4.8%	10.4%	11.8%	0.29	9.3%	4.5%	11.3%	12.3%	0.17	0.95
Would you like to discuss these issues with your doctor? (% Yes)	26.8%	28.3%	14.3%	36.8%	33.2%	0.005	25.5%	28.1%	29.0%	17.1%	0.29	0.54
Overall, how bothersome have the above symptoms been during the last month? (Mean ± SD)	0.8 ± 1.08	0.8 ± 1.14	0.4 ± 0.78	0.8 ± 1.17	1.1 ± 1.29	<0.001	0.7 ± 1.02	0.7 ± 0.98	0.9 ± 1.07	0.6 ± 0.96	0.17	0.68
0:Not at all bothersome	60.9%	62.4%	77.7%	59.6%	50.8%		59.5%	62.8%	49.8%	69.0%		
1:Bothers me a little	15.2%	13.5%	12.9%	15.5%	12.3%		16.6%	11.9%	22.6%	13.9%		
2:Bothers me some	11.5%	7.8%	4.7%	7.3%	11.2%		15.0%	19.4%	15.3%	8.9%		
3:Bothers me a lot	12.4%	16.2%	4.7%	17.6%	25.6%		8.9%	5.8%	12.2%	8.1%		

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test



	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
If you were to spend the rest of your life with these symptoms, as they are now, how would you feel about that? (Mean ± SD)	2.0 ± 2.28	2.0 ± 2.34	1.2 ± 2.04	2.0 ± 2.41	2.7 ± 2.34	<0.001	2.1 ± 2.22	2.0 ± 2.41	2.3 ± 2.18	2.1 ± 2.05	0.69	0.47
0:Delighted	48.9%	54.4%	72.9%	55.0%	36.5%		43.9%	56.5%	37.8%	36.9%		
1:Pleased	3.4%	1.3%	0.2%	0.9%	2.6%		5.4%	0.8%	7.5%	8.1%		
2:Mostly satisfied	6.3%	4.8%	3.3%	4.2%	6.7%		7.6%	1.3%	6.9%	16.6%		
3:Mixed (equally satisfied and dissatisfied)	10.2%	7.7%	6.4%	5.5%	11.1%		12.5%	8.5%	14.1%	15.1%		
4:Mostly dissatisfied	8.7%	8.7%	3.2%	9.9%	12.6%		8.8%	7.9%	12.4%	4.5%		
5:Unhappy	12.2%	12.4%	7.8%	12.6%	16.5%		11.9%	13.1%	12.2%	10.1%		
6:Terrible	10.3%	10.8%	6.3%	11.9%	14.0%		9.9%	11.9%	9.0%	8.6%		
*only subjects answering they were not satisfied are counted in this question												
**only subjects reporting at least one symptom are counted in this question												

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

## SECTION 2. DEMOGRAPHICS OF HG

	Men and Women	Men					Women					Men v. Women
		Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
<b>Demographics</b>												
Age, y						--					--	0.13 <sup>a</sup>
Mean ± SD	49.7 ± 16.56	51.0 ± 17.00	30.5 ± 6.96	51.6 ± 5.88	69.3 ± 5.34		48.5 ± 16.10	30.0 ± 6.32	50.8 ± 6.23	68.2 ± 4.56		
Median	51.0	52.0	32.0	52.0	69.0		48.0	31.0	51.0	68.0		
Min, Max	17, 80	17, 80	17, 40	41, 60	61, 80		17, 80	17, 40	41, 60	61, 80		
Age, categories						--					--	0.24 <sup>b</sup>
1:Age 18-40y	33.0%	32.2%	--	--	--		33.8%	--	--	--		
2:Age 41-60y	36.1%	33.2%	--	--	--		38.9%	--	--	--		
3:Age 61-80y	30.8%	34.7%	--	--	--		27.3%	--	--	--		
Were you born in Greece? (%Yes)	91.6%	91.5%	85.9%	90.9%	97.1%	0.04 <sup>b</sup>	91.7%	89.0%	92.9%	93.2%	0.64 <sup>b</sup>	0.94 <sup>b</sup>
Have you ever lived abroad for more than 3 years? (%Yes)	27.7%	32.7%	20.3%	45.5%	31.9%	0.01 <sup>b</sup>	23.1%	20.5%	20.2%	30.5%	0.34 <sup>b</sup>	0.03 <sup>b</sup>
Is your nationality Greek? (%Yes)	97.6%	96.5%	92.2%	97.0%	100.0%	0.03 <sup>c</sup>	98.6%	98.6%	97.6%	100.0%	0.15 <sup>c</sup>	0.17 <sup>b</sup>
What is your current marital status?						<0.001 <sup>c</sup>					<0.001 <sup>c</sup>	<0.001 <sup>c</sup>
1:Married	71.1%	71.9%	42.2%	83.3%	88.4%		70.4%	63.0%	83.3%	61.0%		
2:Living with a partner	1.4%	2.5%	4.7%	1.5%	1.4%		0.5%	0.0%	1.2%	0.0%		
3:Divorced/separated	5.3%	5.5%	0.0%	12.1%	4.3%		5.1%	4.1%	7.1%	3.4%		
4:Widowed	7.2%	2.0%	0.0%	0.0%	5.8%		12.0%	1.4%	6.0%	33.9%		
5:Single, never married	14.9%	18.1%	53.1%	3.0%	0.0%		12.0%	31.5%	2.4%	1.7%		

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Do you have children? (%Yes)	76.1%	73.9%	34.4%	87.9%	97.1%	<0.001 <sub>b</sub>	78.2%	50.7%	92.9%	91.5%	<0.001 <sub>b</sub>	0.30 <sup>b</sup>
Number of boys						0.87 <sup>a</sup>					0.79 <sup>a</sup>	0.81 <sup>a</sup>
Mean ± SD	1.2 ± 1.08	1.3 ± 1.04	1.5 ± 1.31	1.2 ± 0.80	1.2 ± 0.84		1.2 ± 1.10	1.3 ± 1.45	1.1 ± 0.83	1.1 ± 0.92		
Median	1.0	1.0	1.0	1.0	1.0		1.0	1.0	1.0	1.0		
Min, Max	0, 11	0, 8	0, 8	0, 5	0, 5		0, 11	0, 11	0, 5	0, 4		
Number of girls						0.009 <sup>a</sup>					0.76 <sup>a</sup>	0.42 <sup>a</sup>
Mean ± SD	0.9 ± 0.89	0.9 ± 0.88	0.5 ± 0.75	1.1 ± 0.91	0.9 ± 0.86		1.0 ± 0.89	0.9 ± 1.05	1.0 ± 0.81	1.1 ± 0.72		
Median	1.0	1.0	0.0	1.0	1.0		1.0	1.0	1.0	1.0		
Min, Max	0, 13	0, 13	0, 7	0, 5	0, 13		0, 10	0, 10	0, 6	0, 5		
If you are single:												
Single without a relationship	37.1%	47.2%	44.1%	100.0%	0.0%	--	23.1%	17.4%	50.0%	100.0%	--	0.047 <sup>b</sup>
Single with occasional relationship	16.1%	22.2%	23.5%	0.0%	0.0%	--	7.7%	8.7%	0.0%	0.0%	--	0.17 <sup>c</sup>
Single with stable relationship	45.2%	27.8%	29.4%	0.0%	0.0%	--	69.2%	73.9%	50.0%	0.0%	--	0.001 <sup>b</sup>
Other	1.6%	2.8%	2.9%	0.0%	0.0%	--	0.0%	0.0%	0.0%	0.0%	--	--
Do you live with:												
Partner/Husband/Wife	71.8%	73.9%	46.9%	84.8%	88.4%	<0.001 <sub>b</sub>	69.9%	60.3%	84.5%	61.0%	<0.001 <sub>b</sub>	0.37 <sup>b</sup>
Children	48.0%	46.7%	35.9%	74.2%	30.4%	<0.001 <sub>b</sub>	49.3%	49.9%	64.3%	27.1%	<0.001 <sub>b</sub>	0.61 <sup>b</sup>
Parents/In-laws	17.4%	19.1%	42.2%	13.6%	2.9%	<0.001 <sub>b</sub>	15.8%	34.4%	9.5%	1.7%	<0.001 <sub>c</sub>	0.38 <sup>b</sup>
Siblings	8.4%	10.6%	31.3%	0.0%	1.4%	<0.001	6.5%	19.2%	0.0%	0.0%	<0.001	0.14 <sup>b</sup>

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value <sup>c</sup>	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value <sup>c</sup>	p-value
Roommate	1.0%	1.0%	1.6%	0.0%	1.4%	--	0.9%	2.7%	0.0%	0.0%	--	--
How many years of school have you completed altogether?						<0.001 <sup>a</sup>					<0.001 <sup>a</sup>	0.37 <sup>a</sup>
Mean ± SD	10.3 ± 4.90	10.5 ± 5.05	12.4 ± 3.76	11.6 ± 5.55	7.9 ± 4.52		10.1 ± 4.75	13.3 ± 3.28	10.3 ± 4.29	5.9 ± 3.71		
Median	11.0	11.0	12.0	12.0	6.0		10.5	14.0	11.5	6.0		
Min, Max	0, 28	0, 28	6, 24	1, 28	0, 22		0, 22	5, 21	5, 21	0, 22		
What is the highest level that you have completed?, categories						<0.001 <sup>a</sup>					<0.001 <sup>a</sup>	0.85 <sup>a</sup>
1:None - high school	49.6%	48.3%	31.2%	39.3%	72.4%		50.9%	23.3%	48.9%	88.2%		
2:Lyceum - vocational training	32.6%	33.7%	51.5%	30.4%	20.3%		31.5%	46.6%	34.5%	8.5%		
3:TEI - PhD	17.9%	18.0%	17.3%	30.4%	7.2%		17.6%	30.1%	16.7%	3.4%		
Which of the following categories best describes your current work situation?												
Working for the public sector	10.6%	9.5%	9.4%	18.2%	1.4%	0.003 <sup>c</sup>	11.6%	16.4%	15.5%	0.0%	<0.001 <sup>c</sup>	0.50 <sup>b</sup>
Working for the private sector	18.8%	23.6%	50.0%	22.7%	0.0%	<0.001 <sup>c</sup>	14.4%	26.0%	14.3%	0.0%	<0.001 <sup>c</sup>	0.02 <sup>b</sup>
Have your own business	17.8%	23.6%	25.0%	28.8%	17.4%	0.26 <sup>b</sup>	12.5%	13.7%	17.9%	3.4%	0.006 <sup>b</sup>	0.003 <sup>b</sup>
Unemployed, with other income	1.0%	1.0%	0.0%	3.0%	0.0%	--	0.9%	1.4%	1.2%	0.0%	--	--
Unemployed, looking for a job	2.4%	2.0%	0.0%	4.5%	1.4%	0.22 <sup>c</sup>	2.8%	8.2%	0.0%	0.0%	--	0.75 <sup>c</sup>
Disabled	5.1%	7.0%	3.1%	13.6%	4.3%	0.05 <sup>c</sup>	3.2%	1.4%	3.6%	5.1%	0.30 <sup>c</sup>	0.08 <sup>b</sup>
Retired	25.3%	31.7%	0.0%	7.6%	84.1%	<0.001 <sup>c</sup>	19.4%	1.4%	6.0%	61.0%	<0.001 <sup>c</sup>	0.004 <sup>b</sup>

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Homemaker	23.4%	0.0%	0.0%	0.0%	0.0%	--	44.9%	27.4%	54.8%	52.5%	<0.001 <sub>c</sub>	--
Student	3.4%	4.5%	14.1%	0.0%	0.0%	--	2.3%	6.8%	0.0%	0.0%	--	0.22 <sup>b</sup>
Other	5.8%	4.5%	10.9%	1.5%	1.4%	0.01 <sup>c</sup>	6.9%	15.1%	3.6%	1.7%	0.006 <sup>c</sup>	0.29 <sup>b</sup>
IF EMPLOYED: How many hours per week do you work?						0.32 <sup>b</sup>					0.85 <sup>b</sup>	0.03 <sup>b</sup>
1:35 and above	74.1%	80.9%	82.4%	84.8%	61.5%		69.6%	69.5%	71.2%	65.6%		
2:less than 35	25.9%	19.1%	17.6%	15.2%	38.5%		30.4%	30.5%	28.8%	34.4%		
How many people, including yourself, live out of your family income?						<0.001 <sub>a</sub>					<0.001 <sub>a</sub>	0.89 <sup>a</sup>
Mean ± SD	3.1 ± 1.40	3.1 ± 1.41	3.2 ± 1.40	3.8 ± 1.50	2.4 ± 0.89		3.1 ± 1.39	3.4 ± 1.40	3.4 ± 1.22	2.4 ± 1.35		
Median	3.0	3.0	3.0	4.0	2.0		3.0	3.0	3.0	2.0		
Min, Max	1, 9	1, 8	1, 6	1, 8	1, 5		1, 9	1, 9	1, 6	1, 7		
Are you facing difficulties in paying for the following?												
Transportation (%Yes)	23.1%	22.1%	14.1%	28.8%	23.2%	0.10 <sup>b</sup>	24.1%	20.5%	23.8%	28.8%	0.55 <sup>b</sup>	0.64 <sup>b</sup>
Household expenses (%Yes)	24.3%	19.6%	14.1%	24.2%	20.3%	0.32 <sup>b</sup>	28.7%	27.4%	31.0%	27.1%	0.85 <sup>b</sup>	0.03 <sup>b</sup>
Health care, medication (%Yes)	16.4%	16.1%	9.4%	19.7%	18.8%	0.15 <sup>b</sup>	16.7%	16.4%	16.7%	16.9%	1.00 <sup>b</sup>	0.87 <sup>b</sup>
Food (%Yes)	11.1%	9.5%	6.3%	13.6%	8.7%	0.37 <sup>b</sup>	12.5%	8.2%	10.7%	20.3%	0.15 <sup>b</sup>	0.34 <sup>b</sup>
Education and entertainment (%Yes)	28.7%	22.1%	15.6%	30.3%	20.3%	0.13 <sup>b</sup>	34.7%	31.5%	36.9%	35.6%	0.76 <sup>b</sup>	0.004 <sup>b</sup>
Which category best describes your total household income / month?, categories						<0.001 <sub>b</sub>					<0.001 <sub>c</sub>	0.008 <sup>b</sup>

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
1:0-1000 euro	35.8%	33.8%	20.5%	30.5%	49.2%		37.5%	22.3%	25.3%	73.8%		
2:1000-2000	43.1%	38.5%	36.9%	37.8%	40.6%		47.3%	52.5%	58.9%	24.4%		
3:more than 2000	21.2%	27.6%	42.6%	31.5%	10.1%		15.1%	25.1%	15.8%	1.8%		
Estimated per capita income / month						0.04 <sup>a</sup>					0.05 <sup>a</sup>	0.01 <sup>a</sup>
Mean ± SD	583.2 ±	658.5 ±	825.3 ±	602.9 ±	557.1 ±		513.8 ±	616.3 ±	482.6 ±	431.1 ±		
	555.55	673.01	775.26	780.12	373.37		408.63	535.30	293.11	344.35		
Median	437.5	500.0	625.0	416.7	416.7		416.7	500.0	416.7	312.5		
Min, Max	56, 12000	56, 12000	200, 4500	56, 12000	75, 2250		56, 4000	75, 4000	75, 2667	56, 1750		
Your relationship with religion is:						0.002 <sup>a</sup>					0.002 <sup>a</sup>	0.16 <sup>a</sup>
None	1.7%	1.5%	3.1%	1.5%	0.1%		1.9%	1.4%	2.4%	1.7%		
Medium	18.9%	22.4%	32.8%	16.7%	18.1%		15.7%	21.9%	10.7%	15.3%		
Good	44.2%	43.4%	42.2%	56.1%	32.5%		44.9%	56.2%	51.2%	22.0%		
Excellent	35.2%	32.7%	21.9%	25.8%	49.4%		37.5%	20.5%	35.7%	61.0%		
How often do you go to church:						0.23 <sup>a</sup>					<0.001 <sup>a</sup>	<0.001 <sup>a</sup>
Never	2.2%	3.5%	4.7%	4.5%	1.4%		0.9%	0.0%	1.2%	1.7%		
On a yearly basis	28.2%	38.7%	40.6%	36.4%	39.1%		18.5%	27.4%	15.5%	11.9%		
On a monthly basis	30.1%	30.2%	35.9%	31.8%	23.2%		30.1%	47.9%	25.0%	15.3%		
Weekly	35.9%	25.1%	17.2%	24.2%	33.3%		45.8%	21.9%	52.4%	66.1%		
Everyday	3.6%	2.5%	1.6%	3.0%	2.9%		4.6%	2.7%	6.0%	5.1%		

<sup>a</sup> p-value from an ANOVA test

<sup>b</sup> p-value from chi-square test

<sup>c</sup> p-value from Fishers Exact test

### SECTION 3. HEALTH CONDITIONS AND HEALTH PERCEPTION OF HG

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
<b>Comorbidities</b>												
<i>Have you ever been given a diagnosis for the following?</i>												
Type I diabetes? (%Yes)	7.0%	9.5%	15.6%	4.5%	8.7%	0.11 <sup>c</sup>	4.6%	6.8%	4.8%	1.7%	0.40 <sup>c</sup>	0.05 <sup>b</sup>
Type II diabetes? (%Yes)	6.0%	9.0%	1.6%	9.1%	15.9%	0.01 <sup>c</sup>	3.2%	0.0%	4.8%	5.1%	0.11 <sup>c</sup>	0.01 <sup>b</sup>
High levels of blood sugar? (%Yes)	8.0%	12.1%	3.3%	13.6%	18.8%	0.01 <sup>c</sup>	4.2%	2.7%	3.6%	6.8%	0.53 <sup>c</sup>	0.003 <sup>b</sup>
Asthma? (%Yes)	8.1%	5.5%	6.3%	3.0%	7.2%	0.55 <sup>c</sup>	10.5%	11.0%	7.1%	14.8%	0.35 <sup>b</sup>	0.06 <sup>b</sup>
COPD? (%Yes)	6.3%	6.5%	6.3%	4.5%	8.7%	0.64 <sup>c</sup>	6.1%	4.1%	7.1%	7.1%	0.74 <sup>c</sup>	0.85 <sup>b</sup>
Bypass? (%Yes)	4.1%	7.0%	0.0%	9.1%	11.6%	0.01 <sup>c</sup>	1.4%	0.0%	0.0%	5.1%	0.02 <sup>c</sup>	0.005 <sup>c</sup>
MI? (%Yes)	4.8%	9.5%	1.6%	9.1%	17.4%	0.005 <sup>c</sup>	0.5%	0.0%	0.0%	1.7%	--	<0.001 <sup>c</sup>
Other cardiovascular disease? (%Yes)	16.9%	19.1%	3.1%	16.7%	36.3%	<0.001 <sup>c</sup>	14.8%	9.6%	9.5%	28.8%	0.01 <sup>b</sup>	0.24 <sup>b</sup>
Stroke? (%Yes)	3.9%	5.0%	4.7%	6.1%	4.3%	0.92 <sup>c</sup>	2.8%	0.0%	2.4%	6.8%	0.05 <sup>c</sup>	0.24 <sup>b</sup>
High cholesterol? (%Yes)	22.6%	24.3%	10.9%	29.4%	31.9%	0.003 <sup>b</sup>	20.9%	2.7%	24.0%	39.0%	<0.001 <sup>c</sup>	0.41 <sup>b</sup>
High blood pressure? (%Yes)	32.7%	35.1%	12.5%	45.2%	46.4%	<0.001 <sup>b</sup>	30.6%	8.2%	31.0%	57.6%	<0.001 <sup>b</sup>	0.33 <sup>b</sup>
Kidney disease? (%Yes)	12.5%	15.1%	10.9%	16.7%	17.4%	0.49 <sup>b</sup>	10.1%	9.6%	9.2%	11.9%	0.87 <sup>b</sup>	0.13 <sup>b</sup>
Arthritis or rheumatism? (%Yes)	23.7%	16.2%	4.7%	15.2%	27.9%	<0.001 <sup>c</sup>	30.6%	6.8%	31.6%	58.4%	<0.001 <sup>b</sup>	<0.001 <sup>b</sup>
Osteoporosis? (%Yes)	9.7%	3.0%	1.6%	4.5%	2.9%	0.70 <sup>c</sup>	15.9%	2.7%	14.3%	34.4%	<0.001 <sup>c</sup>	<0.001 <sup>b</sup>

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Parkinsons? (%Yes)	0.5%	0.5%	0.0%	0.0%	1.4%	1.00 <sup>c</sup>	0.5%	0.0%	0.0%	1.7%	0.27 <sup>c</sup>	1.00 <sup>c</sup>
Multiple Sclerosis? (%Yes)	2.7%	3.0%	3.1%	3.0%	2.9%	1.00 <sup>c</sup>	2.3%	5.5%	1.2%	0.0%	0.10 <sup>c</sup>	0.66 <sup>b</sup>
Cancer? (%Yes)	9.3%	6.0%	3.1%	7.6%	7.2%	0.56 <sup>c</sup>	12.4%	2.7%	14.3%	21.5%	0.002 <sup>c</sup>	0.03 <sup>b</sup>
Other? (%Yes)	41.2%	36.7%	25.0%	28.8%	55.1%	<0.001 <sub>b</sub>	45.4%	42.5%	47.6%	45.8%	0.81 <sup>b</sup>	0.07 <sup>b</sup>
Mental Component of the SF-12						0.27 <sup>a</sup>					0.22 <sup>a</sup>	0.01 <sup>a</sup>
Mean ± SD	42.9 ± 12.87	44.5 ± 12.49	44.5 ± 11.24	42.7 ± 12.81	46.3 ± 13.18		41.4 ± 13.07	40.2 ± 12.60	43.3 ± 13.16	40.1 ± 13.38		
Median	44.4	46.1	47.6	42.6	46.4		42.3	41.0	45.9	40.7		
Min, Max	8, 71	11, 71	18, 61	11, 67	21, 71		8, 66	8, 63	17, 66	11, 61		
Physical Component of the SF-12						<0.001 <sub>a</sub>					0.30 <sup>a</sup>	0.22 <sup>a</sup>
Mean ± SD	42.2 ± 13.03	43.0 ± 12.84	48.0 ± 12.44	40.7 ± 12.07	40.5 ± 12.74		41.4 ± 13.19	42.7 ± 13.44	41.8 ± 12.93	39.2 ± 13.22		
Median	43.1	44.7	51.8	41.9	40.2		41.2	43.4	41.9	37.7		
Min, Max	15, 67	16, 67	16, 66	18, 63	18, 67		15, 66	16, 66	17, 66	15, 63		
Self perceived health												
In general, would you say your health is: (Mean ± SD)	3.3 ± 1.20	3.2 ± 1.22	2.8 ± 1.19	3.4 ± 1.30	3.4 ± 1.06	0.002 <sup>a</sup>	3.4 ± 1.19	3.4 ± 1.26	3.1 ± 1.23	3.6 ± 0.97	0.04 <sup>a</sup>	0.19 <sup>a</sup>
Excellent	9.4%	11.6%	15.6%	10.6%	8.7%		7.4%	6.8%	11.9%	1.7%		
Very good	15.9%	15.1%	28.1%	12.1%	5.8%		16.7%	20.5%	19.0%	8.5%		
Good	28.0%	29.1%	26.6%	27.3%	33.3%		26.9%	19.2%	26.2%	37.3%		
Fair	29.2%	28.6%	21.9%	22.7%	40.6%		29.6%	28.8%	28.6%	32.2%		
Poor	17.6%	15.6%	7.8%	27.3%	11.6%		19.4%	24.7%	14.3%	20.3%		

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test



## SECTION 4. COGNITIONS/BELIEFS OF HG

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Self Efficacy (range: 10-40)						0.81 <sup>a</sup>					0.55 <sup>a</sup>	0.05 <sup>a</sup>
Mean ± SD	30.2 ± 5.34	30.7 ± 5.04	30.4 ± 4.34	30.8 ± 5.38	30.9 ± 5.36		29.7 ± 5.58	29.5 ± 4.95	30.2 ± 5.19	29.1 ± 6.75		
Median	30.0	30.0	30.0	30.0	30.0		30.0	29.0	31.0	29.0		
Min, Max	14, 40	17, 40	20, 40	17, 40	17, 40		14, 40	18, 39	16, 40	14, 40		
Sense of Mastery (range: 7-28)						0.27 <sup>a</sup>					0.03 <sup>a</sup>	<0.001 <sup>a</sup>
Mean ± SD	20.0 ± 3.62	20.9 ± 3.32	21.4 ± 2.76	20.5 ± 3.72	20.8 ± 3.40		19.3 ± 3.72	20.0 ± 3.36	19.3 ± 3.41	18.3 ± 4.34		
Median	20.0	21.0	21.0	20.0	21.0		19.0	20.0	19.0	18.0		
Min, Max	9, 28	11, 28	16, 28	11, 28	13, 27		9, 28	10, 26	9, 26	11, 28		
Mastery score <20? (%Yes)	43.6%	34.7%	25.0%	39.4%	39.1%	0.12 <sup>b</sup>	51.9%	42.5%	52.4%	62.7%	0.07 <sup>b</sup>	<0.001 <sup>b</sup>
Health Efficacy (range: 0-20)						0.24 <sup>a</sup>					0.97 <sup>a</sup>	0.26 <sup>a</sup>
Mean ± SD	14.8 ± 4.04	15.0 ± 3.90	14.8 ± 3.25	14.6 ± 4.08	15.7 ± 4.23		14.6 ± 4.15	14.6 ± 3.66	14.6 ± 3.89	14.4 ± 5.06		
Median	15.0	15.0	15.0	15.0	16.0		15.0	15.0	16.0	15.0		
Min, Max	0, 20	2, 20	5, 20	4, 20	2, 20		0, 20	3, 20	3, 20	0, 20		
Health Optimism (range: 0-20)						0.40 <sup>a</sup>					0.09 <sup>a</sup>	0.60 <sup>a</sup>
Mean ± SD	12.8 ± 4.95	12.9 ± 4.95	13.6 ± 4.22	12.5 ± 5.55	12.7 ± 4.98		12.7 ± 4.97	13.0 ± 4.74	13.2 ± 4.91	11.4 ± 5.19		
Median	14.0	14.0	14.0	14.0	14.0		13.0	13.0	14.0	12.0		

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Min, Max	0, 20	0, 20	1, 20	0, 20	0, 20		0, 20	1, 20	0, 20	0, 20		
Health Internal Control (range: 0-20)						0.48 <sup>a</sup>					0.24 <sup>a</sup>	0.15 <sup>a</sup>
Mean ± SD	14.5 ± 4.44	14.9 ± 4.37	14.7 ± 4.22	14.5 ± 4.55	15.4 ± 4.34		14.2 ± 4.50	13.8 ± 3.94	14.0 ± 4.75	15.1 ± 4.75		
Median	15.0	15.0	15.0	15.0	16.0		15.0	14.0	16.0	16.0		
Min, Max	0, 20	0, 20	4, 20	0, 20	1, 20		0, 20	0, 20	4, 20	2, 20		
GodHLoc (range: 6-36)						0.14 <sup>a</sup>					<0.001 <sup>a</sup>	<0.001 <sup>a</sup>
Mean ± SD	20.7 ± 9.91	18.0 ± 9.66	16.1 ± 9.02	18.4 ± 9.25	19.3 ± 10.45		23.3 ± 9.47	20.5 ± 8.36	22.3 ± 9.60	28.1 ± 8.94		
Median	21.0	17.0	14.0	18.0	20.0		24.0	23.0	24.0	32.0		
Min, Max	6, 36	6, 36	6, 36	6, 36	6, 36		6, 36	6, 36	6, 36	7, 36		
SISE												
I see myself as someone who has high self esteem (Mean ± SD)	4.0 ± 0.98	4.2 ± 0.87	4.0 ± 0.79	4.1 ± 1.02	4.4 ± 0.75	0.004 <sup>a</sup>	3.9 ± 1.06	3.6 ± 0.99	4.0 ± 0.98	4.2 ± 1.17	0.009 <sup>a</sup>	0.01 <sup>a</sup>
1:Disagree a lot	1.7%	0.5%	0.0%	1.5%	0.0%		2.8%	1.4%	2.4%	5.1%		
2:Disagree	7.0%	4.5%	3.1%	9.1%	1.4%		9.3%	13.7%	6.0%	8.5%		
3:Neither	15.0%	14.6%	23.4%	9.1%	11.6%		15.3%	24.7%	15.5%	3.5%		
4:Agree	38.6%	39.2%	48.4%	36.4%	33.3%		38.1%	41.1%	41.7%	29.4%		
5:Agree a lot	37.7%	41.2%	25.0%	43.9%	53.6%		34.5%	19.2%	34.5%	53.5%		

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

## SECTION 5. PERSONALITY CHARACTERISTICS OF HG

	Men and Women		Men				Women				Men v. Women	
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Sense of Coherence (range: 13-91)						0.002 <sup>a</sup>					0.047 <sup>a</sup>	0.002 <sup>a</sup>
Mean ± SD	63.9 ± 13.91	66.1 ± 13.42	62.6 ± 13.15	64.9 ± 13.59	70.4 ± 12.49		61.8 ± 14.08	58.7 ± 12.98	62.9 ± 13.54	64.2 ± 15.60		
Median	65.0	67.0	63.0	69.0	71.0		64.0	59.0	65.0	68.0		
Min, Max	20, 91	23, 91	37, 86	23, 87	35, 91		20, 90	28, 85	30, 82	20, 90		
Self Determination: Awareness of Self (range: 1-5)						0.001 <sup>a</sup>					0.69 <sup>a</sup>	0.03 <sup>a</sup>
Mean ± SD	4.2 ± 0.76	4.3 ± 0.73	4.1 ± 0.72	4.2 ± 0.76	4.5 ± 0.65		4.1 ± 0.78	4.1 ± 0.74	4.1 ± 0.87	4.2 ± 0.69		
Median	4.4	4.4	4.2	4.3	4.8		4.2	4.2	4.4	4.2		
Min, Max	2, 5	2, 5	2, 5	2, 5	2, 5		2, 5	2, 5	2, 5	2, 5		
Self Determination: Perceived Choice (range: 1-5)						0.004 <sup>a</sup>					0.12 <sup>a</sup>	<0.001 <sup>a</sup>
Mean ± SD	3.4 ± 1.06	3.7 ± 0.98	3.5 ± 0.99	3.5 ± 1.11	3.9 ± 0.76		3.2 ± 1.08	3.0 ± 1.01	3.2 ± 1.07	3.4 ± 1.15		
Median	3.4	3.8	3.4	3.6	4.0		3.2	2.8	3.2	3.4		
Min, Max	1, 5	1, 5	1, 5	1, 5	2, 5		1, 5	1, 5	1, 5	1, 5		
Optimism (LOT) (range: 0-24)						0.45 <sup>a</sup>					0.78 <sup>a</sup>	0.048 <sup>a</sup>
Mean ± SD	15.2 ± 3.90	15.6 ± 3.75	15.2 ± 4.06	15.6 ± 3.80	16.0 ± 3.39		14.9 ± 4.01	14.8 ± 3.74	14.8 ± 4.22	15.2 ± 4.09		
Median	16.0	16.0	16.0	16.0	16.0		15.0	15.0	15.5	15.0		
Min, Max	0, 24	0, 24	4, 24	0, 23	8, 23		5, 24	7, 23	5, 24	5, 24		
TIPI Extroversion (range: 0-7)						0.03 <sup>a</sup>					0.05 <sup>a</sup>	0.24 <sup>a</sup>

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Mean ± SD	4.0 ± 1.54	3.9 ± 1.45	4.2 ± 1.29	3.7 ± 1.50	3.6 ± 1.50		4.0 ± 1.61	4.3 ± 1.53	4.1 ± 1.70	3.6 ± 1.52		
Median	4.0	4.0	4.0	4.0	4.0		4.0	4.0	4.0	4.0		
Min, Max	1, 7	1, 7	1, 7	1, 7	1, 7		1, 7	1, 7	1, 7	1, 7		
TIPI Agreeableness (range: 0-7)						0.05 <sup>a</sup>					0.005 <sup>a</sup>	0.63 <sup>a</sup>
Mean ± SD	6.0 ± 1.13	6.0 ± 1.11	5.7 ± 1.16	6.0 ± 1.10	6.2 ± 1.05		6.0 ± 1.14	5.7 ± 1.26	6.1 ± 1.08	6.4 ± 0.98		
Median	6.5	6.5	6.0	6.5	7.0		6.5	6.0	6.5	7.0		
Min, Max	3, 7	3, 7	3, 7	3, 7	4, 7		3, 7	3, 7	3, 7	4, 7		
TIPI Conscientiousness (range: 0-7)						0.04 <sup>a</sup>					0.17 <sup>a</sup>	0.99 <sup>a</sup>
Mean ± SD	5.9 ± 1.20	5.9 ± 1.19	5.7 ± 1.14	5.9 ± 1.25	6.2 ± 1.14		5.9 ± 1.21	5.7 ± 1.39	6.0 ± 1.05	6.1 ± 1.15		
Median	6.5	6.5	6.0	6.5	7.0		6.5	6.0	6.5	6.5		
Min, Max	1, 7	2, 7	2, 7	3, 7	2, 7		1, 7	1, 7	4, 7	2, 7		
TIPI Emotional Stability (range: 0-7)						0.02 <sup>a</sup>					0.004 <sup>a</sup>	<0.001 <sup>a</sup>
Mean ± SD	4.3 ± 1.48	4.6 ± 1.51	4.4 ± 1.41	4.3 ± 1.56	5.0 ± 1.50		4.1 ± 1.41	3.7 ± 1.28	4.1 ± 1.39	4.5 ± 1.47		
Median	4.0	4.5	4.5	4.0	4.5		4.0	4.0	4.0	4.0		
Min, Max	1, 7	1, 7	1, 7	1, 7	2, 7		1, 7	1, 7	1, 7	1, 7		
TIPI Openness to Experiences (range: 0-7)						0.14 <sup>a</sup>					<0.001 <sup>a</sup>	0.46 <sup>a</sup>
Mean ± SD	5.3 ± 1.50	5.3 ± 1.44	5.6 ± 1.15	5.2 ± 1.59	5.2 ± 1.53		5.2 ± 1.55	5.6 ± 1.06	5.4 ± 1.43	4.5 ± 1.94		
Median	5.5	5.5	6.0	6.0	5.5		5.5	6.0	5.5	4.5		
Min, Max	1, 7	1, 7	3, 7	1, 7	1, 7		1, 7	3, 7	1, 7	1, 7		

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

## SECTION 6. STRESS AND COPING OF HG

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Perceived Stress (range: 0-16)						0.27 <sup>a</sup>					0.71 <sup>a</sup>	0.001 <sup>a</sup>
Mean ± SD	5.8 ± 3.55	5.2 ± 3.17	5.3 ± 2.59	5.5 ± 3.36	4.6 ± 3.45		6.3 ± 3.79	6.4 ± 3.59	6.0 ± 3.47	6.6 ± 4.46		
Median	5.0	5.0	5.0	5.0	4.0		6.0	6.0	6.0	6.0		
Min, Max	0, 16	0, 16	0, 11	0, 16	0, 14		0, 16	0, 15	0, 16	0, 16		
COPE Self Distraction (range: 2-8)						0.33 <sup>a</sup>					0.40 <sup>a</sup>	<0.001 <sup>a</sup>
Mean ± SD	6.2 ± 1.75	5.8 ± 1.86	5.6 ± 1.96	5.7 ± 1.76	6.1 ± 1.85		6.6 ± 1.56	6.5 ± 1.45	6.4 ± 1.55	6.8 ± 1.71		
Median	6.0	6.0	6.0	6.0	6.0		7.0	7.0	7.0	8.0		
Min, Max	2, 8	2, 8	2, 8	2, 8	2, 8		2, 8	2, 8	2, 8	2, 8		
COPE Active Coping (range: 2-8)						0.44 <sup>a</sup>					<0.001 <sup>a</sup>	0.64 <sup>a</sup>
Mean ± SD	6.4 ± 1.64	6.5 ± 1.68	6.3 ± 1.60	6.4 ± 1.61	6.6 ± 1.82		6.4 ± 1.61	6.4 ± 1.52	6.9 ± 1.10	5.6 ± 2.01		
Median	7.0	7.0	7.0	7.0	7.0		7.0	7.0	7.0	6.0		
Min, Max	2, 8	2, 8	2, 8	2, 8	2, 8		2, 8	2, 8	4, 8	2, 8		
COPE Denial (range: 2-8)						0.59 <sup>a</sup>					0.34 <sup>a</sup>	0.04 <sup>a</sup>
Mean ± SD	3.8 ± 1.86	3.6 ± 1.80	3.5 ± 1.66	3.5 ± 1.82	3.8 ± 1.92		4.0 ± 1.90	4.0 ± 1.93	3.7 ± 1.72	4.2 ± 2.11		
Median	3.0	3.0	3.0	3.0	3.0		4.0	4.0	3.5	4.0		
Min, Max	2, 8	2, 8	2, 8	2, 8	2, 8		2, 8	2, 8	2, 8	2, 8		

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
COPE Substance Use (range: 2-8)						0.02 <sup>a</sup>					<0.001 <sub>a</sub>	0.002 <sup>a</sup>
Mean ± SD	2.6 ± 1.37	2.8 ± 1.60	3.0 ± 1.56	3.1 ± 1.93	2.4 ± 1.16		2.4 ± 1.08	2.7 ± 1.28	2.4 ± 1.17	2.1 ± 0.42		
Median	2.0	2.0	2.0	2.0	2.0		2.0	2.0	2.0	2.0		
Min, Max	2, 8	2, 8	2, 8	2, 8	2, 8		2, 8	2, 8	2, 8	2, 6		
COPE Use of Emotional Support (range: 2-8)						0.46 <sup>a</sup>					0.45 <sup>a</sup>	<0.001 <sub>a</sub>
Mean ± SD	6.0 ± 1.79	5.5 ± 1.79	5.5 ± 1.64	5.4 ± 1.73	5.7 ± 1.97		6.4 ± 1.70	6.6 ± 1.47	6.3 ± 1.66	6.2 ± 1.99		
Median	6.0	6.0	6.0	6.0	6.0		7.0	7.0	7.0	7.0		
Min, Max	2, 8	2, 8	2, 8	2, 8	2, 8		2, 8	2, 8	2, 8	2, 8		
COPE Use of Instrumental Support (range: 2-8)						0.05 <sup>a</sup>					0.87 <sup>a</sup>	0.002 <sup>a</sup>
Mean ± SD	5.5 ± 1.97	5.2 ± 1.96	5.6 ± 1.73	4.8 ± 1.98	5.1 ± 2.08		5.8 ± 1.95	5.9 ± 1.84	5.7 ± 1.75	5.7 ± 2.33		
Median	6.0	6.0	6.0	5.0	5.0		6.0	6.0	6.0	6.0		
Min, Max	2, 8	2, 8	2, 8	2, 8	2, 8		2, 8	2, 8	2, 8	2, 8		
COPE Behavioral Disengagement (range: 2-8)						0.74 <sup>a</sup>					0.02 <sup>a</sup>	0.22 <sup>a</sup>
Mean ± SD	2.9 ± 1.57	3.0 ± 1.73	3.0 ± 1.57	2.9 ± 1.64	3.2 ± 1.95		2.8 ± 1.40	2.9 ± 1.30	2.5 ± 1.09	3.2 ± 1.78		
Median	2.0	2.0	2.0	2.0	2.0		2.0	2.0	2.0	2.0		
Min, Max	2, 8	2, 8	2, 8	2, 8	2, 8		2, 8	2, 8	2, 6	2, 8		

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
COPE Venting (range: 2-8)						0.76 <sup>a</sup>					0.52 <sup>a</sup>	<0.001 <sup>a</sup>
Mean ± SD	5.8 ± 1.83	5.4 ± 1.89	5.3 ± 1.77	5.4 ± 1.75	5.6 ± 2.14		6.1 ± 1.71	6.3 ± 1.48	6.1 ± 1.73	6.0 ± 1.93		
Median	6.0	5.0	5.0	5.0	6.0		6.0	7.0	6.0	6.0		
Min, Max	2, 8	2, 8	2, 8	2, 8	2, 8		2, 8	2, 8	2, 8	2, 8		
COPE Positive Reframing (range: 2-8)						0.35 <sup>a</sup>					0.42 <sup>a</sup>	0.09 <sup>a</sup>
Mean ± SD	6.6 ± 1.51	6.7 ± 1.40	6.7 ± 1.25	6.5 ± 1.51	6.9 ± 1.43		6.5 ± 1.60	6.3 ± 1.56	6.6 ± 1.60	6.4 ± 1.66		
Median	7.0	7.0	7.0	7.0	7.0		7.0	7.0	7.0	7.0		
Min, Max	2, 8	2, 8	3, 8	2, 8	2, 8		2, 8	2, 8	2, 8	2, 8		
COPE Planning (range: 2-8)						0.38 <sup>a</sup>					0.03 <sup>a</sup>	0.28 <sup>a</sup>
Mean ± SD	6.3 ± 1.75	6.4 ± 1.76	6.2 ± 1.67	6.4 ± 1.75	6.6 ± 1.85		6.2 ± 1.74	6.3 ± 1.62	6.5 ± 1.56	5.7 ± 2.02		
Median	7.0	7.0	6.0	7.0	7.0		7.0	6.0	7.0	6.0		
Min, Max	2, 8	2, 8	2, 8	2, 8	2, 8		2, 8	2, 8	2, 8	2, 8		
COPE Humor (range: 2-8)						0.09 <sup>a</sup>					0.31 <sup>a</sup>	0.75 <sup>a</sup>
Mean ± SD	5.3 ± 2.20	5.3 ± 2.13	5.8 ± 1.90	5.3 ± 2.19	5.0 ± 2.24		5.3 ± 2.26	5.6 ± 1.96	5.1 ± 2.33	5.2 ± 2.49		
Median	6.0	6.0	6.0	6.0	6.0		6.0	6.0	6.0	6.0		
Min, Max	2, 8	2, 8	2, 8	2, 8	2, 8		2, 8	2, 8	2, 8	2, 8		
COPE Acceptance (range: 2-8)						0.03 <sup>a</sup>					0.02 <sup>a</sup>	0.16 <sup>a</sup>

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Mean ± SD	6.4 ± 1.45	6.5 ± 1.39	6.3 ± 1.50	6.4 ± 1.33	6.9 ± 1.28		6.3 ± 1.50	5.9 ± 1.55	6.5 ± 1.31	6.5 ± 1.60		
Median	7.0	7.0	6.0	7.0	7.0		6.0	6.0	7.0	7.0		
Min, Max	2, 8	2, 8	2, 8	3, 8	2, 8		2, 8	2, 8	3, 8	2, 8		
COPE Religion (range: 2-8)						<0.001 <sup>a</sup>					<0.001 <sup>a</sup>	<0.001 <sup>a</sup>
Mean ± SD	5.6 ± 2.20	5.0 ± 2.20	4.2 ± 2.00	5.2 ± 2.12	5.5 ± 2.27		6.1 ± 2.07	5.3 ± 1.93	6.3 ± 2.09	7.0 ± 1.80		
Median	6.0	5.0	4.0	5.0	6.0		7.0	5.0	7.0	8.0		
Min, Max	2, 8	2, 8	2, 8	2, 8	2, 8		2, 8	2, 8	2, 8	2, 8		
COPE Self-Blame (range: 2-8)						0.046 <sup>a</sup>					0.08 <sup>a</sup>	0.04 <sup>a</sup>
Mean ± SD	4.1 ± 1.90	3.9 ± 1.83	3.5 ± 1.57	4.3 ± 1.89	3.9 ± 1.93		4.3 ± 1.95	4.0 ± 1.77	4.2 ± 1.84	4.8 ± 2.23		
Median	4.0	4.0	3.0	4.0	4.0		4.0	4.0	4.0	5.0		
Min, Max	2, 8	2, 8	2, 8	2, 8	2, 8		2, 8	2, 8	2, 8	2, 8		

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test



## SECTION 7. SOCIAL SUPPORT OF HG

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Emotional Support (range: 4-16)						0.009 <sup>a</sup>					0.29 <sup>a</sup>	<0.001 <sup>a</sup>
Mean ± SD	14.4 ± 1.94	14.0 ± 2.05	14.2 ± 1.79	13.3 ± 2.25	14.4 ± 1.94		14.8 ± 1.75	14.7 ± 1.55	15.0 ± 1.50	14.5 ± 2.22		
Median	15.0	14.0	15.0	14.0	15.0		16.0	15.0	16.0	16.0		
Min, Max	9, 16	9, 16	10, 16	9, 16	9, 16		9, 16	10, 16	10, 16	9, 16		
Instrumental Support (range: 4-16)						0.27 <sup>a</sup>					0.14 <sup>a</sup>	0.005 <sup>a</sup>
Mean ± SD	14.6 ± 2.10	14.3 ± 2.25	14.6 ± 1.85	14.0 ± 2.29	14.3 ± 2.53		14.9 ± 1.91	14.5 ± 1.99	15.0 ± 1.60	15.0 ± 2.16		
Median	16.0	15.0	15.0	15.0	16.0		16.0	16.0	16.0	16.0		
Min, Max	4, 16	5, 16	9, 16	6, 16	5, 16		4, 16	6, 16	9, 16	4, 16		
Need for Support (range: 4-16)						0.99 <sup>a</sup>					0.34 <sup>a</sup>	0.002 <sup>a</sup>
Mean ± SD	12.5 ± 2.66	12.1 ± 2.92	12.1 ± 2.57	12.1 ± 3.04	12.1 ± 3.14		12.9 ± 2.34	13.2 ± 2.12	12.9 ± 2.44	12.6 ± 2.45		
Median	13.0	13.0	12.0	13.0	13.0		13.0	14.0	13.0	13.0		
Min, Max	4, 16	4, 16	5, 16	4, 16	4, 16		4, 16	8, 16	5, 16	4, 16		
Network SSQS (range: 0-9)						0.14 <sup>a</sup>					0.22 <sup>a</sup>	0.003 <sup>a</sup>
Mean ± SD	4.4 ± 1.94	4.7 ± 2.01	4.9 ± 1.94	4.4 ± 1.90	5.0 ± 2.16		4.2 ± 1.82	3.9 ± 1.72	4.2 ± 1.80	4.4 ± 1.96		
Median	4.2	4.3	4.5	4.3	4.3		4.0	3.5	4.0	4.2		
Min, Max	0, 9	0, 9	2, 9	0, 9	0, 9		1, 9	1, 9	1, 9	1, 9		
Dyadic Adjustment Scale (range: 0-36)						0.18 <sup>a</sup>					0.11 <sup>a</sup>	0.48 <sup>a</sup>

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Mean ± SD	27.2 ± 6.06	27.5 ± 6.02	28.3 ± 4.43	26.4 ± 5.97	28.1 ± 6.63		27.0 ± 6.11	28.0 ± 4.19	27.6 ± 5.05	24.6 ± 8.97		
Median	28.0	28.0	29.0	27.0	29.5		27.0	28.0	28.0	27.0		
Min, Max	0, 36	4, 36	17, 35	10, 36	4, 36		0, 36	10, 35	8, 36	0, 35		
Isolated Questions												
To what extent do you see yourself as being in love with your mate?* (Mean ± SD)	4.1 ± 1.33	4.2 ± 1.30	4.5 ± 0.82	4.0 ± 1.51	4.2 ± 1.27	0.17 <sup>c</sup>	4.1 ± 1.37	4.5 ± 1.09	4.2 ± 1.15	3.3 ± 1.73	<0.001 <sup>c</sup>	0.12 <sup>c</sup>
Not at all	11.4%	9.2%	0.0%	14.0%	9.3%		13.6%	6.0%	8.5%	33.3%		
Slightly	3.7%	6.1%	6.7%	8.9%	3.2%		1.4%	2.3%	0.1%	2.8%		
A little	3.0%	2.7%	0.0%	1.8%	4.8%		3.3%	2.2%	5.6%	0.0%		
Moderate	23.3%	20.3%	33.3%	14.3%	19.4%		26.2%	15.3%	31.0%	30.6%		
Very much	58.6%	61.8%	60.0%	61.0%	63.3%		55.6%	74.2%	54.9%	33.3%		
How important to you would _____ be for your relationship?												
have a common purpose in life with partner (Mean ± SD)	4.5 ± 0.92	4.5 ± 0.97	4.3 ± 0.79	4.3 ± 1.26	4.7 ± 0.70	<0.001 <sup>c</sup>	4.5 ± 0.88	4.3 ± 0.94	4.5 ± 0.80	4.6 ± 0.87	<0.001 <sup>c</sup>	0.18 <sup>c</sup>
Not at all	2.7%	4.2%	1.8%	8.7%	2.2%		1.4%	1.3%	0.0%	3.4%		
A little bit	3.2%	2.0%	1.6%	4.5%	0.0%		4.2%	5.6%	6.0%	0.0%		
Neither	3.9%	2.6%	4.8%	1.6%	1.6%		5.1%	9.6%	1.2%	5.1%		
Important	26.1%	26.2%	48.5%	16.7%	14.6%		25.9%	32.9%	29.8%	11.9%		
Very important	64.2%	65.0%	43.4%	68.5%	81.6%		63.4%	50.7%	63.1%	79.7%		
have common aims, goals, and things that are important (Mean ± SD)	4.6 ± 0.66	4.6 ± 0.66	4.3 ± 0.74	4.6 ± 0.73	4.9 ± 0.36	<0.001 <sup>c</sup>	4.6 ± 0.65	4.4 ± 0.81	4.6 ± 0.55	4.8 ± 0.48	0.007 <sup>c</sup>	0.62 <sup>c</sup>

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Not at all	0.4%	0.5%	0.0%	1.5%	0.0%		0.2%	0.7%	0.0%	0.0%		
A little bit	1.3%	1.6%	3.1%	1.6%	0.1%		1.1%	3.1%	0.0%	0.0%		
Neither	3.5%	2.2%	6.3%	0.6%	0.1%		4.7%	7.1%	3.6%	3.4%		
Important	27.6%	27.6%	43.8%	26.6%	13.7%		27.5%	36.3%	29.8%	13.6%		
Very important	67.2%	68.1%	46.9%	69.6%	86.2%		66.5%	52.9%	66.7%	83.1%		
to spend time together with partner (Mean ± SD)	4.5 ± 0.69	4.4 ± 0.78	4.3 ± 0.69	4.3 ± 0.97	4.7 ± 0.54	<0.001 <sub>c</sub>	4.6 ± 0.59	4.5 ± 0.70	4.6 ± 0.53	4.8 ± 0.47	0.04 <sup>c</sup>	0.04 <sup>c</sup>
Not at all	0.4%	0.8%	0.0%	2.4%	0.0%		0.0%	0.1%	0.0%	0.0%		
A little bit	1.4%	2.8%	1.7%	5.4%	1.4%		0.1%	0.4%	0.0%	0.0%		
Neither	4.8%	4.8%	8.1%	6.4%	0.2%		4.8%	10.1%	2.4%	1.7%		
Important	32.0%	35.3%	49.3%	36.3%	21.3%		29.0%	32.5%	32.1%	20.3%		
Very important	61.3%	56.3%	40.9%	49.5%	77.0%		66.0%	56.9%	65.5%	78.0%		
to share housework with partner (Mean ± SD)	3.7 ± 1.30	3.6 ± 1.32	3.2 ± 1.16	3.6 ± 1.40	3.9 ± 1.31	<0.001 <sub>b</sub>	3.9 ± 1.26	3.8 ± 1.19	3.9 ± 1.16	3.9 ± 1.48	0.01 <sup>c</sup>	0.08 <sup>b</sup>
Not at all	10.1%	11.0%	10.4%	13.8%	9.0%		9.3%	6.8%	6.0%	16.9%		
A little bit	8.7%	12.2%	17.3%	10.7%	8.9%		5.6%	6.9%	8.3%	0.0%		
Neither	14.6%	14.1%	22.0%	12.1%	8.8%		15.0%	19.7%	11.9%	13.6%		
Important	31.9%	32.9%	40.9%	30.6%	27.8%		31.0%	32.8%	38.1%	18.6%		
Very important	34.7%	29.7%	9.5%	32.8%	45.6%		39.2%	33.8%	35.7%	50.8%		
to share the upbringing of children with partner (Mean ± SD)	4.6 ± 0.71	4.6 ± 0.81	4.2 ± 1.02	4.6 ± 0.78	4.9 ± 0.38	<0.001 <sub>c</sub>	4.7 ± 0.60	4.8 ± 0.53	4.7 ± 0.63	4.8 ± 0.65	0.24 <sup>c</sup>	0.17 <sup>c</sup>
Not at all	1.0%	1.5%	2.7%	1.6%	0.3%		0.5%	0.0%	0.0%	1.7%		
A little bit	2.1%	3.0%	7.8%	1.5%	0.1%		1.1%	0.7%	2.4%	0.0%		

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Neither	2.0%	2.0%	3.1%	3.0%	0.1%		2.0%	3.1%	1.2%	1.7%		
Important	21.3%	24.7%	37.6%	27.3%	10.2%		18.2%	14.1%	25.0%	13.6%		
Very important	73.7%	68.7%	48.8%	66.5%	89.4%		78.2%	82.1%	71.4%	83.1%		
to have a satisfying sexual life with partner (Mean ± SD)	4.6 ± 0.71	4.6 ± 0.69	4.6 ± 0.55	4.5 ± 0.87	4.8 ± 0.58	0.04 <sup>c</sup>	4.7 ± 0.72	4.7 ± 0.72	4.7 ± 0.68	4.6 ± 0.79	0.86 <sup>c</sup>	0.83 <sup>c</sup>
Not at all	1.3%	1.1%	0.0%	3.2%	0.1%		1.5%	1.8%	1.2%	1.7%		
A little bit	1.0%	1.0%	0.0%	1.0%	1.9%		0.9%	0.1%	1.2%	1.7%		
Neither	2.7%	2.6%	3.1%	2.8%	1.9%		2.8%	4.3%	1.2%	3.4%		
Important	21.7%	23.6%	32.9%	26.2%	12.6%		19.9%	16.5%	21.4%	22.0%		
Very important	73.3%	71.7%	63.9%	66.8%	83.5%		74.8%	77.4%	75.0%	71.2%		
that your partner is loyal to you (Mean ± SD)	4.8 ± 0.57	4.7 ± 0.70	4.7 ± 0.59	4.6 ± 0.97	4.9 ± 0.41	0.02 <sup>c</sup>	4.9 ± 0.39	4.9 ± 0.48	4.8 ± 0.37	4.9 ± 0.28	0.23 <sup>c</sup>	0.09 <sup>c</sup>
Not at all	0.9%	1.8%	0.0%	5.2%	0.4%		0.0%	0.0%	0.0%	0.0%		
A little bit	0.6%	0.7%	1.6%	0.4%	0.2%		0.5%	1.4%	0.0%	0.0%		
Neither	0.9%	1.4%	1.7%	2.1%	0.5%		0.5%	1.4%	0.0%	0.0%		
Important	12.9%	15.0%	23.6%	14.5%	7.6%		10.9%	7.2%	15.7%	8.5%		
Very important	84.7%	81.0%	73.1%	77.8%	91.3%		88.2%	90.0%	84.3%	91.5%		

\*limited to subjects in a current relationship

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

## SECTION 8. SUBJECTIVE WELL-BEING OF HG

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Satisfaction with Life Scale (range: 5-35)						0.17 <sup>a</sup>					0.81 <sup>a</sup>	0.42 <sup>a</sup>
Mean ± SD	26.1 ± 6.86	26.4 ± 6.69	26.1 ± 5.35	25.4 ± 7.17	27.7 ± 7.20		25.9 ± 7.02	26.3 ± 6.83	25.8 ± 6.83	25.4 ± 7.58		
Median	28.0	28.0	26.0	27.0	29.0		28.0	28.0	28.0	27.0		
Min, Max	6, 35	6, 35	10, 35	6, 35	7, 35		6, 35	6, 35	11, 35	10, 35		
Domain Life satisfaction (range: 13-65)						0.007 <sup>a</sup>					0.66 <sup>a</sup>	0.003 <sup>a</sup>
Mean ± SD	50.4 ± 6.70	51.4 ± 6.20	50.0 ± 5.06	51.1 ± 6.67	53.1 ± 6.39		49.5 ± 7.01	49.1 ± 7.08	50.0 ± 6.37	49.1 ± 7.84		
Median	51.0	52.0	51.0	51.0	53.0		50.0	50.0	50.5	50.0		
Min, Max	25, 65	25, 65	37, 63	25, 62	37, 65		26, 65	28, 63	32, 65	26, 62		
Purpose in Life (9-54)						0.09 <sup>a</sup>					<0.001 <sup>a</sup>	0.11 <sup>a</sup>
Mean ± SD	39.7 ± 8.85	40.4 ± 9.05	42.2 ± 8.11	40.3 ± 9.35	38.8 ± 9.42		39.0 ± 8.63	40.7 ± 6.76	41.1 ± 7.82	33.9 ± 9.77		
Median	40.0	41.0	44.0	40.0	39.0		40.0	40.0	42.5	34.0		
Min, Max	9, 54	9, 54	20, 54	9, 54	19, 54		11, 54	11, 54	21, 54	19, 54		
PANAS Positive Affect (range: 10-50)						0.54 <sup>a</sup>					0.08 <sup>a</sup>	0.35 <sup>a</sup>
Mean ± SD	32.4 ± 8.35	32.8 ± 8.30	33.7 ± 7.65	32.1 ± 8.87	32.7 ± 8.37		32.1 ± 8.39	32.4 ± 8.38	33.2 ± 8.29	30.1 ± 8.34		

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Median	33.0	34.0	35.0	34.0	33.0		32.0	32.0	34.0	31.0		
Min, Max	10, 49	13, 47	14, 47	13, 46	15, 47		10, 49	10, 48	17, 49	14, 49		
PANAS Negative Affect (range: 10-50)						0.005 <sup>a</sup>					<0.001 <sup>a</sup>	<0.001 <sup>a</sup>
Mean ± SD	20.8 ± 8.00	18.5 ± 6.56	19.9 ± 5.85	19.2 ± 7.13	16.6 ± 6.23		23.0 ± 8.61	26.0 ± 8.38	21.7 ± 7.96	20.9 ± 8.89		
Median	19.0	17.0	19.0	17.0	15.0		22.0	26.0	20.0	18.0		
Min, Max	10, 49	10, 43	10, 43	10, 38	10, 37		10, 49	11, 42	10, 49	10, 47		
Depression CESD (range: 0-30)						0.15 <sup>a</sup>					0.003 <sup>a</sup>	<0.001 <sup>a</sup>
Mean ± SD	10.4 ± 6.87	8.7 ± 5.66	8.7 ± 5.11	9.7 ± 6.38	7.8 ± 5.29		12.0 ± 7.50	12.9 ± 7.34	9.9 ± 6.92	13.8 ± 7.92		
Median	9.0	8.0	8.0	9.0	7.0		11.0	12.0	8.5	14.0		
Min, Max	0, 30	0, 28	0, 28	0, 25	0, 21		0, 30	0, 26	0, 29	1, 30		
Isolated Question												
In general, how happy are you? (Mean ± SD)	3.6 ± 0.92	3.7 ± 0.87	3.6 ± 0.75	3.8 ± 0.90	3.7 ± 0.93	0.38 <sup>a</sup>	3.6 ± 0.96	3.8 ± 0.98	3.6 ± 0.82	3.2 ± 1.03	0.007 <sup>a</sup>	0.06 <sup>a</sup>
Not at all	3.3%	2.2%	0.0%	2.2%	4.3%		4.3%	4.1%	0.2%	10.3%		
A little	5.1%	2.8%	6.6%	1.7%	0.2%		7.2%	5.7%	8.6%	7.3%		
Moderately	31.4%	32.9%	33.6%	31.1%	34.0%		30.1%	20.1%	33.2%	37.9%		
Much	44.6%	44.1%	50.3%	40.7%	41.6%		45.1%	49.1%	45.6%	39.3%		
Very much	15.6%	18.0%	9.4%	24.4%	19.8%		13.4%	21.0%	12.5%	5.2%		

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

## SECTION 9. LIFESTYLE OF HG

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Do you smoke?												
I have never smoked a cigarette, not even a puff	28.7%	12.6%	14.3%	10.0%	13.6%		43.4%	20.0%	39.9%	77.4%		
I have only ever tried 1 or 2 cigarettes	9.8%	9.7%	10.9%	9.4%	8.8%		10.0%	12.8%	13.3%	1.8%		
I used to smoke sometimes, but I don't now	26.6%	41.4%	23.5%	38.2%	60.9%		12.9%	14.5%	12.2%	12.1%		
I don't smoke cigarettes, but smoke a pipe or cigars	0.7%	0.3%	0.3%	0.6%	0.2%		1.1%	1.1%	1.6%	0.3%		
I smoke cigarettes, but not as many as 1 per day	2.9%	1.8%	1.7%	2.1%	1.6%	0.04 <sup>CE</sup>	3.9%	7.2%	2.7%	1.7%	0.34 <sup>CE</sup>	0.05 <sup>CE</sup>
I usually smoke 1-10 cigarettes per day	7.7%	7.4%	9.6%	9.7%	3.2%		7.9%	15.0%	5.0%	3.4%		
I usually smoke 10-20 cigarettes per day	9.2%	7.7%	3.3%	14.0%	5.9%		10.5%	16.0%	10.8%	3.4%		
I usually smoke more than 20 cigarettes a day	14.4%	19.1%	36.4%	16.0%	5.9%		10.2%	13.5%	14.5%	0.0%		
Do you smoke?, Categories						<0.001 <sub>b</sub>					<0.001 <sub>b</sub>	<0.001 <sub>b</sub>
Non-smoker	38.5%	22.3%	25.3%	19.4%	22.4%		53.4%	32.8%	53.2%	79.2%		
Former smoker	26.6%	41.4%	23.5%	38.2%	60.9%		12.9%	14.5%	12.2%	12.1%		
Current smoker	34.9%	36.3%	51.3%	42.4%	16.7%		33.7%	52.8%	34.6%	8.7%		
IF SMOKES: Would you like to reduce the amount you smoke? (% Yes)	73.3%	79.0%	78.3%	79.5%	79.6%	0.99 <sup>b</sup>	67.7%	66.2%	67.6%	79.9%	0.79 <sup>b</sup>	0.14 <sup>b</sup>

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Pittsburg Sleep Index Questionnaire (PSIQ)						0.08 <sup>a</sup>					0.02 <sup>a</sup>	<0.001 <sup>a</sup>
Mean ± SD	5.5 ± 3.57	4.8 ± 3.12	4.2 ± 2.51	4.6 ± 3.11	5.4 ± 3.53		6.2 ± 3.81	5.9 ± 3.66	5.6 ± 3.58	7.5 ± 4.08		
Median	5.0	4.0	3.0	4.0	4.0		5.0	5.0	5.0	8.0		
Min, Max	0, 18	0, 17	0, 14	0, 16	1, 17		0, 18	1, 17	0, 18	1, 18		
Poor sleeper (PSQI 5+) (%Yes)	51.2%	43.3%	42.9%	39.3%	47.4%	0.65 <sup>b</sup>	58.6%	55.2%	51.5%	72.7%	0.03 <sup>b</sup>	0.002 <sup>b</sup>
International Physical Activity Questionnaire (IPAQ)						0.44 <sup>b</sup>					0.004 <sup>b</sup>	0.02 <sup>b</sup>
Inactive	35.5%	35.4%	26.8%	41.0%	38.1%		35.7%	34.4%	30.4%	44.7%		
Minimally active	29.9%	35.8%	37.9%	32.8%	36.6%		24.5%	31.6%	14.8%	29.4%		
HEPA active	34.6%	28.8%	35.4%	26.2%	25.3%		39.9%	34.0%	54.8%	25.8%		
Total MET-minutes/week						0.02 <sup>a</sup>					0.06 <sup>a</sup>	0.77 <sup>a</sup>
Mean ± SD	4610.9 ± 7677.7	4492.2 ± 8702.7	7164.2 ± 12545	3815.6 ± 7129.4	2661.0 ± 3940.9		4720.3 ± 6612.2	4583.9 ± 7023.1	5806.9 ± 7157.5	3341.9 ± 4872.9		
Median	1695.0	1446.0	1644.0	1050.0	1440.0		2209.5	1644.0	4053.0	1257.0		
Min, Max	0, 65831	0, 60900	0, 60900	0, 39269	0, 35328		0, 65831	0, 65831	0, 42198	0, 43825		
How often do you eat breakfast?						0.03 <sup>b</sup>					0.35 <sup>b</sup>	0.37 <sup>b</sup>
Almost every day	57.7%	61.3%	53.7%	53.4%	76.0%		54.4%	46.4%	54.3%	64.6%		
Sometimes	18.6%	16.6%	22.4%	17.0%	10.7%		20.4%	25.6%	20.0%	14.6%		
Rarely or never	23.7%	22.1%	23.9%	29.6%	13.3%		25.1%	28.0%	25.7%	20.8%		
How many meals do you eat each day?						0.01 <sup>a</sup>					0.46 <sup>a</sup>	0.14 <sup>a</sup>

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test



	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Mean ± SD	2.3 ± 0.78	2.4 ± 0.73	2.3 ± 0.82	2.2 ± 0.72	2.5 ± 0.61		2.2 ± 0.81	2.1 ± 0.83	2.3 ± 0.84	2.3 ± 0.75		
Median	2.0	2.0	2.0	2.0	3.0		2.0	2.0	2.0	2.0		
Min, Max	0, 5	0, 5	0, 5	0, 4	1, 4		0, 5	0, 5	1, 5	0, 4		
How many between-meal snacks do you eat each day?						0.06 <sup>a</sup>					0.02 <sup>a</sup>	0.03 <sup>a</sup>
Mean ± SD	1.4 ± 1.31	1.2 ± 1.38	1.4 ± 1.08	1.3 ± 1.70	0.9 ± 1.25		1.5 ± 1.24	1.7 ± 1.37	1.5 ± 1.23	1.1 ± 0.99		
Median	1.0	1.0	1.0	1.0	1.0		1.0	2.0	1.0	1.0		
Min, Max	0, 10	0, 10	0, 4	0, 10	0, 6		0, 6	0, 6	0, 5	0, 5		
Do you make a conscious effort to avoid eating foods that contain fat and cholesterol? (% Yes)	68.5%	66.8%	47.8%	72.2%	79.1%	<0.001 <sub>b</sub>	70.2%	54.8%	74.3%	83.4%	0.002 <sup>b</sup>	0.46 <sup>b</sup>
Are you trying to lose weight? (% Yes)	52.3%	43.9%	31.9%	48.1%	51.2%	0.06 <sup>b</sup>	60.0%	49.6%	63.6%	67.7%	0.10 <sup>b</sup>	0.001 <sup>b</sup>
Do you consider yourself to be (Mean ± SD)	2.7 ± 0.77	2.8 ± 0.78	2.9 ± 0.85	2.7 ± 0.83	2.8 ± 0.66	0.24 <sup>a</sup>	2.6 ± 0.75	2.8 ± 0.72	2.5 ± 0.73	2.5 ± 0.79	0.02 <sup>a</sup>	0.02 <sup>a</sup>
Very overweight	5.8%	5.2%	3.3%	9.5%	3.0%		6.3%	3.2%	7.4%	8.5%		
Overweight	30.6%	25.0%	25.5%	25.9%	23.8%		35.8%	25.5%	40.4%	41.9%		
Just about fine	53.3%	57.7%	52.1%	54.7%	65.9%		49.1%	59.9%	46.0%	40.4%		
Underweight	8.8%	9.4%	14.4%	8.3%	5.9%		8.1%	9.8%	6.1%	9.0%		
Very underweight	1.5%	2.5%	4.7%	1.6%	1.4%		0.6%	1.6%	0.0%	0.1%		
How many times per week do you eat your main meal out (restaurant)						0.002 <sup>a</sup>					0.001 <sup>a</sup>	<0.001 <sub>a</sub>

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Mean ± SD	0.7 ± 1.14	1.0 ± 1.40	1.5 ± 1.59	0.9 ± 1.29	0.6 ± 1.17		0.5 ± 0.77	0.7 ± 0.97	0.4 ± 0.61	0.2 ± 0.55		
Median	0.0	1.0	1.0	0.0	0.0		0.0	1.0	0.0	0.0		
Min, Max	0, 7	0, 7	0, 7	0, 7	0, 7		0, 5	0, 5	0, 3	0, 3		
How many times per week do you eat your main meal by take away						<0.001 <sup>a</sup>					<0.001 <sup>a</sup>	0.17 <sup>a</sup>
Mean ± SD	0.5 ± 0.93	0.5 ± 1.07	1.1 ± 1.45	0.4 ± 0.74	0.1 ± 0.62		0.4 ± 0.78	0.7 ± 0.94	0.2 ± 0.48	0.3 ± 0.79		
Median	0.0	0.0	1.0	0.0	0.0		0.0	0.0	0.0	0.0		
Min, Max	0, 7	0, 7	0, 7	0, 3	0, 4		0, 5	0, 4	0, 3	0, 5		
Would you describe yourself as:						0.03 <sup>b</sup>					0.22 <sup>b</sup>	<0.001 <sup>b</sup>
A non-drinker	23.0%	16.6%	8.1%	17.6%	23.5%		28.9%	20.8%	30.5%	36.7%		
A very occasional drinker (special occasions only)	25.1%	22.1%	19.1%	23.6%	23.5%		27.9%	23.3%	31.9%	27.9%		
An occasional drinker	37.1%	39.9%	51.9%	42.2%	26.4%		34.6%	47.4%	28.0%	28.3%		
A regular drinker	14.7%	21.4%	20.9%	16.5%	26.6%		8.5%	8.5%	9.6%	7.1%		
If you are an "occasional" or "regular" drinker:												
On how many days over the past 30 days did you have a drink?						0.002 <sup>a</sup>					0.41 <sup>a</sup>	0.02 <sup>a</sup>
Mean ± SD	3.7 ± 4.26	4.3 ± 4.76	3.2 ± 3.17	3.2 ± 3.95	7.0 ± 6.07		2.9 ± 3.36	2.4 ± 3.33	3.3 ± 2.84	3.4 ± 4.07		
Median	2.0	2.0	2.0	2.0	5.0		2.0	1.0	2.0	2.0		

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Min, Max	0, 33	0, 33	0, 17	0, 20	0, 33		0, 23	0, 16	0, 23	0, 14		
On the days that you did drink, how many drinks did you have, on average?						0.08 <sup>a</sup>					0.35 <sup>a</sup>	<0.001 <sub>a</sub>
Mean ± SD	1.7 ± 1.72	2.0 ± 2.04	2.6 ± 2.31	1.7 ± 2.08	1.7 ± 1.41		1.2 ± 1.05	1.3 ± 1.21	1.3 ± 0.99	1.0 ± 0.75		
Median	1.0	1.0	2.0	1.0	1.0		1.0	1.0	1.0	1.0		
Min, Max	0, 11	0, 11	0, 9	0, 8	0, 11		0, 6	0, 6	0, 5	0, 4		
Would you like to reduce the amount that you drink? (%Yes)	13.4%	17.7%	17.6%	18.9%	16.7%	0.97 <sup>b</sup>	7.6%	7.2%	9.9%	5.2%	0.82 <sup>b</sup>	0.03 <sup>b</sup>
Please check the frequency in which you engaged in the following activities in the past 2 months												
Watching TV (Mean ± SD)	3.4 ± 0.97	3.4 ± 1.01	3.1 ± 1.15	3.4 ± 1.04	3.7 ± 0.76	0.007 <sup>a</sup>	3.4 ± 0.92	3.3 ± 0.89	3.3 ± 1.04	3.7 ± 0.70	0.003 <sup>a</sup>	0.51 <sup>c</sup>
0:Never	1.4%	2.5%	3.1%	4.5%	0.0%		0.5%	0.0%	1.2%	0.0%		
1:Seldom	6.1%	5.6%	9.4%	3.0%	4.5%		6.6%	7.3%	8.3%	3.5%		
2:Occasionally	7.3%	7.1%	12.9%	5.3%	3.6%		7.5%	7.9%	9.8%	3.7%		
3:Frequently	20.6%	19.7%	20.9%	24.7%	13.7%		21.5%	36.2%	16.0%	10.9%		
4:Very frequently	64.5%	65.1%	53.7%	62.5%	78.1%		63.9%	48.6%	64.6%	82.0%		
Listening to music (Mean ± SD)	2.6 ± 1.38	2.7 ± 1.38	3.3 ± 1.10	2.6 ± 1.26	2.2 ± 1.54	<0.001 <sub>a</sub>	2.6 ± 1.39	3.1 ± 1.20	2.5 ± 1.36	2.2 ± 1.49	<0.001 <sub>a</sub>	0.99 <sup>b</sup>
0:Never	12.5%	12.1%	1.6%	10.1%	23.8%		13.0%	6.4%	14.4%	19.0%		
1:Seldom	10.1%	10.4%	12.6%	9.2%	9.4%		9.9%	5.3%	8.7%	17.3%		
2:Occasionally	14.2%	13.5%	3.6%	18.2%	18.2%		14.8%	12.6%	16.0%	15.7%		

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
3:Frequently	27.0%	26.7%	23.8%	35.8%	20.8%		27.3%	24.9%	33.9%	20.9%		
4:Very frequently	36.1%	37.3%	58.6%	26.7%	27.8%		35.1%	50.8%	27.0%	27.1%		
Played adult games (Mean ± SD)	0.8 ± 1.35	1.0 ± 1.43	1.3 ± 1.49	0.6 ± 1.11	1.2 ± 1.57	0.003 <sup>a</sup>	0.7 ± 1.26	1.0 ± 1.36	0.6 ± 1.19	0.5 ± 1.17	0.06 <sup>a</sup>	0.03 <sup>b</sup>
0:Never	67.5%	61.1%	48.9%	74.5%	59.5%		73.5%	60.9%	78.4%	82.2%		
1:Seldom	6.2%	8.1%	12.9%	8.7%	3.2%		4.4%	5.3%	4.1%	3.9%		
2:Occasionally	7.8%	7.1%	8.1%	3.8%	9.3%		8.4%	14.4%	6.5%	3.7%		
3:Frequently	11.3%	15.4%	20.4%	11.2%	14.8%		7.4%	13.5%	5.0%	3.4%		
4:Very frequently	7.2%	8.3%	9.7%	1.9%	13.1%		6.2%	6.0%	6.0%	6.8%		
Walked for leisure (Mean ± SD)	1.6 ± 1.51	1.8 ± 1.53	1.6 ± 1.44	1.7 ± 1.53	2.0 ± 1.62	0.09 <sup>b</sup>	1.5 ± 1.48	1.6 ± 1.50	1.5 ± 1.49	1.2 ± 1.45	0.61 <sup>b</sup>	0.32 <sup>b</sup>
0:Never	36.8%	33.1%	33.4%	37.7%	28.5%		40.1%	35.2%	38.6%	48.3%		
1:Seldom	13.8%	12.1%	14.6%	7.9%	13.9%		15.4%	15.9%	15.8%	14.3%		
2:Occasionally	14.2%	14.8%	17.4%	12.1%	15.0%		13.7%	13.3%	12.5%	16.1%		
3:Frequently	19.8%	22.0%	23.6%	29.5%	13.3%		17.7%	21.2%	20.7%	9.1%		
4:Very frequently	15.4%	18.0%	11.0%	12.8%	29.3%		13.1%	14.4%	12.4%	12.3%		
Reading books for pleasure (Mean ± SD)	1.4 ± 1.52	1.1 ± 1.43	1.1 ± 1.43	1.1 ± 1.42	1.2 ± 1.46	0.97 <sup>b</sup>	1.6 ± 1.56	1.7 ± 1.47	1.7 ± 1.56	1.6 ± 1.67	0.03 <sup>b</sup>	0.02 <sup>b</sup>
0:Never	45.0%	52.2%	52.0%	50.2%	54.2%		38.3%	30.7%	39.7%	45.7%		
1:Seldom	12.7%	13.2%	12.8%	17.7%	9.4%		12.1%	19.6%	8.9%	7.5%		
2:Occasionally	13.4%	13.2%	14.6%	11.3%	13.8%		13.5%	14.5%	11.2%	15.5%		
3:Frequently	14.7%	10.5%	9.5%	9.8%	12.0%		18.6%	19.8%	25.5%	7.1%		
4:Very frequently	14.4%	10.9%	11.1%	11.0%	10.6%		17.5%	15.3%	14.8%	24.2%		

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Taking part in team sports (basketball, football) (Mean ± SD)	0.2 ± 0.72	0.3 ± 0.97	0.7 ± 1.35	0.3 ± 0.91	0.0 ± 0.10	<0.001 <sup>a</sup>	0.0 ± 0.27	0.1 ± 0.44	0.0 ± 0.06	0.0 ± 0.09	0.26 <sup>a</sup>	<0.001 <sup>c</sup>
0:Never	93.0%	87.6%	72.7%	89.6%	99.4%		98.0%	95.0%	99.7%	99.2%		
1:Seldom	1.8%	2.6%	5.2%	2.5%	0.4%		1.1%	2.2%	0.3%	0.8%		
2:Occasionally	1.5%	2.7%	4.8%	3.3%	0.2%		0.5%	1.4%	0.0%	0.0%		
3:Frequently	1.7%	3.1%	9.6%	0.1%	0.0%		0.5%	1.4%	0.0%	0.0%		
4:Very frequently	1.9%	4.0%	7.8%	4.5%	0.0%		0.0%	0.0%	0.0%	0.0%		
Taking part in individual sports (tennis, ping pong) (Mean ± SD)	0.2 ± 0.67	0.2 ± 0.64	0.3 ± 0.96	0.1 ± 0.55	0.0 ± 0.06	0.006 <sup>a</sup>	0.2 ± 0.69	0.3 ± 0.82	0.1 ± 0.64	0.1 ± 0.57	0.38 <sup>a</sup>	0.78 <sup>c</sup>
0:Never	92.9%	93.3%	87.0%	93.0%	99.6%		92.5%	86.8%	94.6%	96.3%		
1:Seldom	2.9%	2.6%	3.5%	3.9%	0.4%		3.1%	6.2%	1.8%	1.1%		
2:Occasionally	0.9%	0.6%	1.7%	0.1%	0.0%		1.1%	2.7%	0.0%	0.7%		
3:Frequently	2.0%	2.5%	4.7%	3.0%	0.0%		1.4%	1.4%	2.4%	0.1%		
4:Very frequently	1.4%	1.0%	3.1%	0.0%	0.0%		1.9%	2.7%	1.2%	1.7%		
Going out for the evening for drinks and entertainment (Mean ± SD)	1.4 ± 1.35	1.6 ± 1.41	2.2 ± 1.29	1.4 ± 1.30	1.2 ± 1.43	<0.001 <sup>a</sup>	1.3 ± 1.27	1.9 ± 1.22	1.3 ± 1.21	0.4 ± 0.79	<0.001 <sup>a</sup>	0.01 <sup>b</sup>
0:Never	36.4%	31.0%	11.1%	33.6%	47.1%		41.3%	14.3%	38.7%	78.6%		
1:Seldom	19.0%	20.9%	22.3%	19.8%	20.8%		17.2%	23.6%	15.0%	12.4%		
2:Occasionally	18.8%	17.2%	17.5%	24.9%	9.6%		20.2%	27.2%	25.6%	3.7%		
3:Frequently	17.9%	18.5%	31.6%	13.9%	10.7%		17.3%	24.4%	19.5%	5.3%		
4:Very frequently	8.0%	12.3%	17.5%	7.8%	11.8%		4.0%	10.5%	1.2%	0.0%		
Going to the movies (Mean ± SD)	0.3 ± 0.81	0.4 ± 0.82	0.6 ± 0.90	0.4 ± 0.89	0.1 ± 0.54	<0.001 <sup>a</sup>	0.3 ± 0.80	0.6 ± 1.04	0.3 ± 0.75	0.0 ± 0.21	<0.001 <sup>a</sup>	0.21 <sup>c</sup>

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
0:Never	81.4%	79.7%	61.9%	79.3%	96.7%		83.0%	67.6%	87.5%	95.7%		
1:Seldom	9.4%	10.7%	22.4%	10.0%	0.4%		8.1%	16.1%	4.1%	4.1%		
2:Occasionally	3.8%	5.1%	9.4%	4.6%	1.4%		2.7%	3.7%	3.7%	0.1%		
3:Frequently	4.9%	3.5%	6.3%	4.5%	0.0%		6.1%	12.6%	4.8%	0.0%		
4:Very frequently	0.5%	1.0%	0.0%	1.5%	1.4%		0.0%	0.0%	0.0%	0.0%		
Visiting art galleries and museums (Mean ± SD)	0.1 ± 0.55	0.1 ± 0.51	0.2 ± 0.65	0.1 ± 0.35	0.1 ± 0.51	0.44 <sup>a</sup>	0.2 ± 0.57	0.2 ± 0.56	0.2 ± 0.67	0.1 ± 0.42	0.35 <sup>a</sup>	0.31 <sup>c</sup>
0:Never	91.5%	91.6%	87.1%	91.9%	95.4%		91.4%	90.8%	89.0%	95.6%		
1:Seldom	4.8%	5.9%	8.2%	6.6%	3.1%		3.8%	3.5%	5.0%	2.6%		
2:Occasionally	2.2%	1.5%	3.1%	1.5%	0.0%		2.9%	4.3%	3.6%	0.1%		
3:Frequently	0.7%	0.0%	0.0%	0.0%	0.0%		1.4%	1.4%	1.2%	1.7%		
4:Very frequently	0.7%	1.0%	1.6%	0.0%	1.4%		0.5%	0.0%	1.2%	0.0%		
Collecting or making something, e.g. hobbies (Mean ± SD)	1.1 ± 1.52	1.2 ± 1.53	1.3 ± 1.54	1.1 ± 1.57	1.1 ± 1.51	0.79 <sup>a</sup>	1.1 ± 1.52	0.6 ± 1.18	1.1 ± 1.53	1.6 ± 1.72	0.001 <sup>a</sup>	0.51 <sup>b</sup>
0:Never	61.3%	58.4%	55.1%	58.0%	61.7%		64.0%	75.5%	63.9%	50.1%		
1:Seldom	4.8%	6.8%	5.1%	10.2%	4.9%		3.0%	4.5%	2.9%	1.2%		
2:Occasionally	8.8%	8.6%	9.8%	8.5%	7.8%		9.0%	6.5%	7.5%	14.2%		
3:Frequently	12.6%	13.3%	19.0%	6.2%	14.8%		12.0%	10.2%	14.6%	10.4%		
4:Very frequently	12.5%	12.9%	11.1%	17.0%	10.7%		12.1%	3.3%	11.2%	24.1%		
Attending sport events (Mean ± SD)	0.6 ± 1.23	1.0 ± 1.51	1.1 ± 1.52	0.9 ± 1.54	1.0 ± 1.48	0.67 <sup>a</sup>	0.2 ± 0.74	0.4 ± 0.88	0.2 ± 0.67	0.2 ± 0.63	0.32 <sup>a</sup>	<0.001 <sup>c</sup>
0:Never	76.6%	64.9%	58.3%	72.0%	64.2%		87.4%	80.5%	90.3%	91.8%		
1:Seldom	4.9%	4.1%	6.6%	0.9%	4.7%		5.7%	10.5%	3.6%	2.6%		

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
2:Occasionally	5.3%	8.1%	8.1%	5.4%	10.6%		2.7%	2.0%	3.7%	2.0%		
3:Frequently	6.8%	10.7%	15.9%	7.7%	8.8%		3.3%	5.5%	1.2%	3.5%		
4:Very frequently	6.4%	12.3%	11.1%	14.0%	11.7%		0.9%	1.4%	1.2%	0.0%		
Attending theatre, music, or dance performances (Mean ± SD)	0.5 ± 1.00	0.5 ± 1.00	0.5 ± 0.90	0.6 ± 1.11	0.4 ± 0.98	0.62 <sup>a</sup>	0.5 ± 1.01	0.5 ± 0.94	0.6 ± 1.05	0.5 ± 1.04	0.83 <sup>a</sup>	0.78 <sup>c</sup>
0:Never	76.7%	78.6%	75.8%	76.5%	83.2%		74.9%	71.8%	72.9%	81.4%		
1:Seldom	7.2%	6.4%	9.8%	4.4%	5.0%		7.9%	9.8%	9.0%	4.1%		
2:Occasionally	7.7%	6.3%	8.1%	6.7%	4.3%		9.0%	12.1%	9.7%	4.1%		
3:Frequently	7.0%	7.2%	6.4%	10.8%	4.5%		6.8%	6.1%	6.0%	8.7%		
4:Very frequently	1.5%	1.5%	0.0%	1.5%	2.9%		1.4%	0.2%	2.4%	1.7%		
Surfing the web or working on the computer (Mean ± SD)	0.7 ± 1.33	0.9 ± 1.48	1.7 ± 1.66	0.8 ± 1.44	0.2 ± 0.86	<0.001 <sup>a</sup>	0.5 ± 1.16	1.1 ± 1.45	0.3 ± 0.99	0.1 ± 0.54	<0.001 <sup>a</sup>	0.05 <sup>b</sup>
0:Never	75.1%	70.9%	42.3%	74.4%	94.0%		79.0%	55.3%	87.1%	96.9%		
1:Seldom	4.8%	3.2%	6.6%	2.5%	0.6%		6.3%	12.7%	4.2%	1.2%		
2:Occasionally	4.7%	5.3%	11.5%	4.2%	0.5%		4.2%	10.5%	1.5%	0.2%		
3:Frequently	6.3%	8.4%	17.5%	8.1%	0.3%		4.4%	10.2%	2.4%	0.0%		
4:Very frequently	9.1%	12.2%	22.1%	10.8%	4.5%		6.1%	11.3%	4.8%	1.7%		

<sup>‡</sup> this p-value is testing for a difference in the answers to the last 4 levels of the smoking variable (i.e. whether there's a difference in how much subjects who smoke smoke by gender or age within gender)

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

**SECTION 10. PATIENT PREFERENCES FOR CARE OF HG**

	Men and Women		Men				Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
KHOS (range: 0-7)						<0.001 <sup>a</sup>					<0.001 <sup>a</sup>	0.01 <sup>a</sup>
Mean ± SD	2.3 ± 1.76	2.1 ± 1.59	2.8 ± 1.50	2.0 ± 1.55	1.5 ± 1.44		2.5 ± 1.88	3.3 ± 1.84	2.5 ± 1.79	1.6 ± 1.62		
Median	2.0	2.0	3.0	2.0	1.0		2.0	3.0	2.0	1.0		
Min, Max	0, 7	0, 7	0, 7	0, 5	0, 6		0, 7	0, 7	0, 6	0, 6		
PPOS Preference for Caring (range: 1-6)						0.22 <sup>a</sup>					0.74 <sup>a</sup>	0.91 <sup>a</sup>
Mean ± SD	4.0 ± 0.73	4.0 ± 0.73	4.0 ± 0.72	3.9 ± 0.70	4.1 ± 0.76		4.0 ± 0.73	4.0 ± 0.76	4.0 ± 0.71	4.1 ± 0.73		
Median	4.0	4.0	4.1	3.8	4.1		4.0	4.0	4.1	4.1		
Min, Max	2, 6	2, 6	2, 6	3, 5	2, 6		2, 6	2, 6	2, 6	3, 6		
PPOS Preference for Sharing (range: 1-6)						0.004 <sup>a</sup>					<0.001 <sup>a</sup>	0.78 <sup>a</sup>
Mean ± SD	3.4 ± 0.68	3.5 ± 0.69	3.7 ± 0.57	3.3 ± 0.67	3.4 ± 0.78		3.4 ± 0.68	3.7 ± 0.72	3.4 ± 0.60	3.1 ± 0.60		
Median	3.4	3.6	3.6	3.4	3.4		3.4	3.8	3.4	3.0		
Min, Max	2, 6	2, 5	2, 5	2, 5	2, 5		2, 6	2, 6	2, 5	2, 4		
API Information Preferences (range: 20-100)						0.88 <sup>a</sup>					0.59 <sup>a</sup>	0.84 <sup>a</sup>
Mean ± SD	88.8 ± 8.76	88.7 ± 8.82	88.6 ± 8.69	88.3 ± 8.98	89.1 ± 8.89		88.8 ± 8.73	89.4 ± 8.66	89.1 ± 8.44	87.8 ± 9.28		
Median	90.0	90.0	90.0	90.0	90.0		90.0	92.5	90.0	87.5		

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test



	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
API Decision Making (range: 20-100)	58, 100	58, 100	58, 100	60, 100	65, 100	<0.001 <sup>a</sup>	60, 100	63, 100	65, 100	60, 100	0.66 <sup>a</sup>	0.23 <sup>a</sup>
Min, Max												
Mean ± SD	53.1 ± 9.52	52.5 ± 10.01	55.8 ± 8.97	52.9 ± 9.24	49.2 ± 10.71		53.7 ± 9.03	54.3 ± 9.31	53.1 ± 8.38	53.7 ± 9.64		
Median	53.3	53.3	56.7	53.3	50.0		53.3	53.3	53.3	53.3		
Min, Max	27, 83	27, 83	37, 83	33, 77	27, 73		27, 80	27, 80	30, 73	33, 77		
Tolerance towards Medical Errors (range: 9-45)						<0.001 <sup>a</sup>					0.002 <sup>a</sup>	0.002 <sup>a</sup>
Mean ± SD	28.2 ± 3.74	27.6 ± 3.67	29.1 ± 3.13	27.7 ± 3.57	26.2 ± 3.70		28.8 ± 3.74	29.7 ± 2.98	29.0 ± 3.42	27.2 ± 4.53		
Median	28.0	27.0	29.0	28.0	26.0		29.0	30.0	29.0	27.0		
Min, Max	16, 41	16, 41	20, 36	21, 41	16, 39		19, 40	23, 37	21, 40	19, 38		
Medication Adherence Score* range: (0-4)						0.33 <sup>a</sup>					0.91 <sup>a</sup>	0.44 <sup>a</sup>
Mean ± SD	3.0 ± 1.20	3.0 ± 1.17	2.8 ± 1.31	3.1 ± 1.05	3.1 ± 1.13		2.9 ± 1.23	2.9 ± 1.19	3.0 ± 1.32	2.9 ± 1.14		
Median	3.0	3.0	3.0	3.0	3.0		3.0	3.0	4.0	3.0		
Min, Max	0, 4	0, 4	0, 4	0, 4	0, 4		0, 4	0, 4	0, 4	0, 4		
How many times have you visited a health care provider during the last year?						0.64 <sup>a</sup>					0.03 <sup>a</sup>	0.47 <sup>a</sup>
Mean ± SD	10.8 ± 15.31	11.4 ± 19.99	10.1 ± 21.95	10.8 ± 18.45	13.2 ± 19.66		10.3 ± 9.08	9.5 ± 8.89	9.1 ± 9.18	12.9 ± 8.79		
Median	7.0	7.0	4.0	6.5	10.0		7.5	7.0	6.0	12.0		

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value
Min, Max	0, 170	0, 170	1, 170	0, 144	2, 160		0, 50	0, 50	1, 50	1, 40		
<i>What was the major reason for your visit?</i>												
An urgent (acute) problem (% Yes)	66.7%	68.2%	62.5%	75.5%	66.7%	0.26 <sup>b</sup>	65.3%	58.9%	65.5%	72.9%	0.24 <sup>b</sup>	0.52 <sup>b</sup>
A routine visit for an ongoing problem (% Yes)	57.8%	56.2%	42.2%	48.4%	76.8%	<0.001 <sub>b</sub>	59.3%	47.9%	56.0%	78.0%	<0.001 <sub>b</sub>	0.54 <sup>b</sup>
A flare-up of an ongoing problem (% Yes)	23.9%	19.2%	15.6%	20.1%	21.7%	0.64 <sup>b</sup>	28.2%	32.9%	23.8%	28.8%	0.45 <sup>b</sup>	0.03 <sup>b</sup>
Pre- or post-surgery/injury care (% Yes)	23.0%	21.4%	18.8%	20.5%	24.6%	0.70 <sup>b</sup>	24.5%	21.9%	27.4%	23.7%	0.72 <sup>b</sup>	0.45 <sup>b</sup>
Non-illness care (e.g., routine prenatal, general exam) (% Yes)	66.8%	60.4%	48.4%	57.8%	73.9%	0.008 <sup>b</sup>	72.7%	71.2%	70.2%	78.0%	0.54 <sup>b</sup>	0.008 <sup>b</sup>
<i>Where or from whom would you normally expect to find information about new treatments?</i>												
GP (% Yes)	67.2%	65.3%	68.8%	60.6%	66.7%	0.60 <sup>b</sup>	69.0%	61.6%	70.2%	76.3%	0.19 <sup>b</sup>	0.43 <sup>b</sup>
Medical specialist (% Yes)	77.8%	76.9%	81.3%	72.7%	76.8%	0.51 <sup>b</sup>	78.7%	74.0%	84.5%	76.3%	0.22 <sup>b</sup>	0.66 <sup>b</sup>
Friends / family (% Yes)	75.2%	68.8%	71.9%	71.2%	63.8%	0.54 <sup>b</sup>	81.0%	74.0%	85.7%	83.1%	0.19 <sup>b</sup>	0.004 <sup>b</sup>
Public library (% Yes)	30.4%	27.6%	40.6%	25.8%	17.4%	0.01 <sup>b</sup>	32.9%	49.3%	31.0%	15.3%	<0.001 <sub>b</sub>	0.25 <sup>b</sup>
Television programs (% Yes)	72.0%	65.3%	51.6%	72.7%	71.0%	0.03 <sup>b</sup>	78.2%	68.5%	79.8%	88.1%	0.02 <sup>b</sup>	0.004 <sup>b</sup>
Newspapers or magazines (% Yes)	45.5%	44.2%	46.9%	47.0%	39.1%	0.57 <sup>b</sup>	46.8%	58.9%	50.0%	27.1%	<0.001 <sub>b</sub>	0.60 <sup>b</sup>

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test

	Men and Women	Men					Women					Men v. Women	
	Overall	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	Overall	Age 18-40	Age 41-60	Age 61-80	Age p-value	p-value	
Internet (% Yes)	12.9%	15.1%	26.6%	19.7%	0.0%	<0.001 <sub>c</sub>	11.0%	24.7%	6.8%	0.0%	<0.001 <sub>c</sub>	0.22 <sup>b</sup>	
Advertisements (% Yes)	38.8%	33.2%	35.9%	33.3%	30.4%	0.80 <sup>b</sup>	44.0%	54.8%	41.7%	33.9%	0.048 <sup>b</sup>	0.02 <sup>b</sup>	
Pharmacists (% Yes)	52.5%	51.8%	50.0%	57.6%	47.8%	0.50 <sup>b</sup>	53.2%	49.3%	52.4%	59.3%	0.51 <sup>b</sup>	0.76 <sup>b</sup>	
Patient group (% Yes)	58.1%	53.3%	57.8%	54.5%	47.8%	0.50 <sup>b</sup>	62.5%	60.3%	64.3%	62.7%	0.87 <sup>b</sup>	0.06 <sup>b</sup>	
Other (% Yes)	3.4%	3.5%	4.7%	1.5%	4.3%	0.63 <sup>c</sup>	3.2%	6.8%	2.4%	0.0%	0.09 <sup>c</sup>	0.88 <sup>b</sup>	
<i>What health insurance do you have?</i>													
Private insurance (% Yes)	0.0%	0.0%	0.0%	0.0%	0.0%	--	0.0%	0.0%	0.0%	0.0%	--	--	
IKA / TEBE (% Yes)	57.1%	60.3%	62.5%	59.1%	59.4%	0.91 <sup>b</sup>	54.2%	57.5%	53.6%	50.8%	0.74 <sup>b</sup>	0.21 <sup>b</sup>	
OGA (% Yes)	24.1%	18.6%	10.9%	13.6%	30.4%	0.02 <sup>b</sup>	29.2%	19.2%	25.0%	47.5%	0.003 <sup>b</sup>	0.01 <sup>b</sup>	
Public (% Yes)	12.8%	12.1%	14.1%	18.2%	4.3%	0.03 <sup>c</sup>	13.4%	20.5%	15.5%	1.7%	0.002 <sup>c</sup>	0.68 <sup>b</sup>	
Welfare (% Yes)	1.0%	2.0%	4.7%	1.5%	0.0%	0.08 <sup>c</sup>	0.0%	0.0%	0.0%	0.0%	--	0.05 <sup>c</sup>	
Other (% Yes)	4.6%	6.0%	6.3%	6.1%	5.8%	1.00 <sup>c</sup>	3.2%	2.7%	6.0%	0.0%	0.15 <sup>c</sup>	0.18 <sup>b</sup>	
None (% Yes)	0.7%	1.5%	1.6%	1.5%	1.4%	1.00 <sup>c</sup>	0.0%	0.0%	0.0%	0.0%	--	0.11 <sup>c</sup>	
Would you ever sue your doctor?						<0.001 <sub>b</sub>						<0.001 <sub>b</sub>	0.88 <sup>b</sup>
Yes	15.0%	15.1%	17.2%	16.7%	11.6%		14.9%	19.0%	18.3%	5.1%			
Maybe	46.5%	45.2%	62.5%	43.9%	30.4%		47.6%	63.9%	50.2%	23.7%			
No	38.6%	39.7%	20.3%	39.4%	58.0%		37.5%	17.2%	31.5%	71.2%			

\* a high score represents better medical adherence

<sup>a</sup> p-value from an ANOVA test  
<sup>b</sup> p-value from chi-square test  
<sup>c</sup> p-value from Fishers Exact test