



Review – Kidney Cancer

Systematic Review of Oncological Outcomes Following Surgical Management of Localised Renal Cancer

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Abstract

Context: Renal cell carcinoma (RCC) accounts for 2–3% of adult malignancies. There remain uncertainties over the oncological outcomes for the surgical management of localised RCC. **Objective:** Systematically review relevant literature comparing oncological outcomes of surgical management of localised RCC (T1–2N0M0).

Evidence acquisition: Relevant databases including Medline, Embase, and the Cochrane Library were searched up to October 2010, and an updated scoping search was performed up to January 2012. Randomised controlled trials (RCTs) or quasi-RCTs, prospective observational studies with controls, retrospective matched-pair studies, and comparative studies from well-defined registries/databases were included. The main outcomes were overall survival, cancer-specific survival, recurrence, and metastases. The Cochrane risk of bias tool was used to assess RCTs, and an extended version was used to assess nonrandomised studies (NRSs). The quality of evidence was assessed using Grading of Recommendations Assessment, Development, and Evaluation (GRADE).

Evidence synthesis: A total of 4580 abstracts and 389 full-text articles were assessed. Thirty-four studies met the inclusion criteria (6 RCTs and 28 NRSs). Meta-analyses were planned but were deemed inappropriate due to data heterogeneity. There were high risks of bias and low-quality evidence across the evidence base. Open radical nephrectomy and open partial nephrectomy showed similar cancer-specific and overall survival, but when both open and laparoscopic approaches are considered together, the evidence showed improved survival for partial nephrectomy for tumours ≤ 4 cm. The overall evidence suggests either equivalent or better survival with partial nephrectomy. Laparoscopic radical nephrectomy offered equivalent survival to open radical nephrectomy, and all laparoscopic approaches achieved equivalent survival. Open and laparoscopic partial nephrectomy achieved equivalent survival. The issue of ipsilateral adrenalectomy or complete lymph node dissection with radical nephrectomy or partial nephrectomy remains unresolved. **Conclusions:** The evidence base suggests localised RCCs are best managed by nephron-sparing surgery where technically feasible. However, the current evidence base has significant limitations due to studies of low methodological quality marked by high risks of bias.

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1. Introduction

Renal cell carcinoma (RCC) accounts for approximately 2–3% of all adult malignancies. More than 50% of all RCCs diagnosed are a localised stage (ie, T1–T2N0M0 or stage I–II) [1]. Open radical nephrectomy has been the standard curative intervention for localised RCC for the past five decades [2]. There were controversies over whether radical nephrectomy should be performed in conjunction with ipsilateral adrenalectomy, as originally described by Robson, or if the adrenal should be preserved [3–6] and whether ipsilateral extended retroperitoneal lymphadenectomy or limited hilar lymphadenectomy should be performed [7,8].

With the advent of minimally invasive surgery, laparoscopic radical nephrectomy has become an acceptable alternative to open surgery for localised RCCs [6,7]. Another recent controversy is the use of nephron-sparing surgery (NSS; partial nephrectomy). NSS has been the accepted mode of treatment when radical nephrectomy would render the patient anephric or at high risk for subsequent renal replacement therapy [9]. This organ-preserving approach has recently emerged as a viable alternative for small renal tumours (<4 cm or T1a) in patients with a normal contralateral kidney, with encouraging short-term and long-term oncological outcomes [10,11]. The era of increasing use of NSSs has also witnessed the development of minimally invasive nephron-sparing interventions such as cryoablation, radiofrequency ablation (RFA), and high-intensity focussed ultrasound (HIFU) for the treatment of localised renal cancer [10,11].

Although various guidelines exist in relation to the various interventions for localised RCC [6,12], it is important to recognise that such guidelines were based on reviews that were not undertaken systematically and often used methodology that was not transparent, reproducible, or robust. A systematic review of current evidence is urgently needed to establish whether the outcomes of competing treatment options are comparable. Methodological rigour is needed in assessing risks of bias and quality of evidence in a standardised and transparent way to highlight weaknesses in the evidence base and to make recommendations for future research.

The objective of this systematic review was to compare the oncological outcomes for all interventions relevant to the management of localised RCC. This paper reports the oncological outcomes, and a separate article reports the surgical and quality-of-life outcomes from this systematic review. There is also a full report published online with extra methodological information and data for oncological and surgical outcomes [13].

2. Evidence acquisition

2.1. Search strategy

The databases searched were Medline (1950 to October 2010) and Embase (1980 to October 2010), Cochrane Library, all sections (Issue 4, 2010), Web of Science, with

Conference Proceedings (1970 to October 2010), and American Society of Clinical Oncology meeting abstracts (up to October 2010). The searches were not limited by language. Auto-alerts in Medline were also run during the course of the review. Reference lists of relevant articles were also checked [13]. Two reviewers screened all abstracts and full-text articles independently. Disagreement was resolved by discussion, and where no agreement was reached, a third independent party acted as an arbiter. In addition, an updated scoping search was performed up to January 2012.

2.2. Types of study design included

All relevant randomised controlled trials (RCTs) or quasi-RCTs were included. Due to the small number of RCTs, we also included nonrandomised studies (NRSs). Prospective observational studies with controls, retrospective matched-pair studies, and comparative studies from well-defined registries/databases were also included. Studies with no comparator group (eg, case series), nonmatched retrospective studies, and chart reviews were excluded.

2.3. Types of participants included

The study population was patients diagnosed with localised RCC based on computed tomography scan or magnetic resonance imaging, defined as clinical stage T1a–T2N0M0. Studies that reported pathologic T3 cases were included so long as the clinical staging was T1–2N0M0.

2.4. Types of interventions included

The following interventions were compared:

- Radical nephrectomy
- Partial nephrectomy (NSS)
- Laparoscopic surgery for radical or partial nephrectomy
- Hand-assisted laparoscopic surgery for radical or partial nephrectomy
- Robot-assisted laparoscopic surgery for radical or partial nephrectomy
- Complete regional (extended) lymphadenectomy
- Partial regional (limited) lymphadenectomy
- Adrenalectomy
- RFA
- Cryoablation
- HIFU.

A valid comparator was no intervention or any of the specified interventions (see full report for definitions of interventions [13]).

2.5. Types of outcome measures included

The principal oncological measure of effectiveness was overall survival rate at 5 and 10 yr. Other oncological measures of effectiveness were considered such as cancer-specific survival, local recurrence, metastasis, and positive

surgical margins (or tumour-free rates on ablative technique). Other outcome measures including surgical outcomes (encompassing perioperative complications and long-term adverse effects), impact on quality of life, patient satisfaction, and cost effectiveness were considered and will be reported in a separate paper. For long-term outcomes, time to event data and categorical data were extracted. For categorical data, we collected event rates at 5 and 10 yr (prespecified), or if such data were not reported, we also collected data at last follow-up.

2.6. Assessment of risks of bias

The risk of bias (RoB) in the included studies was assessed using the Cochrane Risk of Bias Assessment tool for RCTs [14]. This included sequence generation; allocation concealment; blinding of participants, therapists, and outcome assessors; completeness of outcome data; selective outcome reporting; and other potential sources of bias. Two reviewers independently assessed these domains. Any differences of opinion were resolved by consensus or by consulting a third party.

A modified version of the RoB assessment tool was used in assessing NRSs with the addition of further items (domains) to assess risk of bias through confounders [15].

The five most important potential confounders (prognostic factors) for oncological outcomes identified a priori in consultation with content experts (drawn from the British Association of Urological Surgeons Section of Oncology and European Association of Urology [EAU] Renal Cell Carcinoma Guideline Panel) were tumour stage, tumour size, tumour grade (Fuhrman), necrosis, and histologic cell type.

Each of the prespecified confounders was assessed on the following four criteria:

- Whether the confounder was considered by the researchers (yes or no)
- Precision with which confounder was measured
- Imbalance between groups
- Care with which adjustment for confounder was carried out.

Our guidelines, drawn up with clinical, statistical, and methodological advice from members of the Cochrane Non-Randomised Studies Methods Group and Grading of Recommendations Assessment, Development, and Evaluation (GRADE) Working Group, can be seen in the full report [13].

2.6.1. Assessment of the quality of evidence

The GRADE evidence quality assessment tool was used to assess patient-important outcomes across studies (full report for GRADE evidence profiles [13]). Of the seven outcomes chosen for GRADE quality assessment in consultation with clinical content experts, two were oncological outcomes and five were non-oncological outcomes. The two chosen oncological outcomes for GRADE quality assessment are reported in this review: overall survival and local recurrence or progression.

2.7. Data analysis

A quantitative synthesis (meta-analysis) was performed for trial data only. Heterogeneity of data made meta-analysis inappropriate for NRSs. In analysing dichotomous outcomes in the comparison of intervention effects, fixed-effect models were used to derive relative risk (risk ratios) with 95% confidence intervals (CIs). In analysing continuous outcomes, means and standard deviations were used to summarise the data and compare interventions with (weighted) mean difference and 95% CIs.

Heterogeneity between studies was assessed by visual inspection of plots of the data, the chi-square test for heterogeneity, and the I^2 statistic [16]. Where meta-analysis was not feasible, a narrative synthesis is provided [17]. Analysis was performed using Cochrane RevMan software.

Separate or subgroup analyses were planned for the following groups of patients:

- Those in chronic renal failure
- Elderly patients (>65 yr of age)
- Those with a solitary kidney or a solitary functioning kidney
- Patients with disease predisposing them to renal tumours
- Different American Society of Anaesthesiology grades
- Different tumour stages.

However, the data were not sufficient to address any of these meaningfully.

3. Evidence synthesis

3.1. Risk of bias and quality assessment of the included studies

The study selection process is outlined in the Preferred Reporting Items for Systematic Reviews (PRISMA) diagram (Fig. 1). There were 44 studies that met inclusion criteria, and 34 of them reported oncological outcomes (6 RCTs and 28 NRSs). The Cochrane risk of bias assessment can be viewed in Appendix 1. The additional NRS risk of bias assessment adjustment scores (outlined earlier) are displayed in Table 1, which reports baseline characteristics (all study designs) and adjustment scores (NRSs only).

3.2. Comparisons of intervention results

Principal results can be viewed in Table 2 and in the forest plots in Figures 2 and 3. Further data can be viewed in the full report of this systematic review [13].

3.2.1. Surgical (radical or partial nephrectomy) versus nonsurgical management

One database review [18] assessed this comparison. Nonsurgical management included pT1a patients who had either observation or active surveillance only. The analysis, which was based on a matched-pair population, revealed that surgical management had a 5-yr cancer-specific mortality benefit over nonsurgical (4.4% vs 12.4%) (Table 2). However, even though this study was matched, it

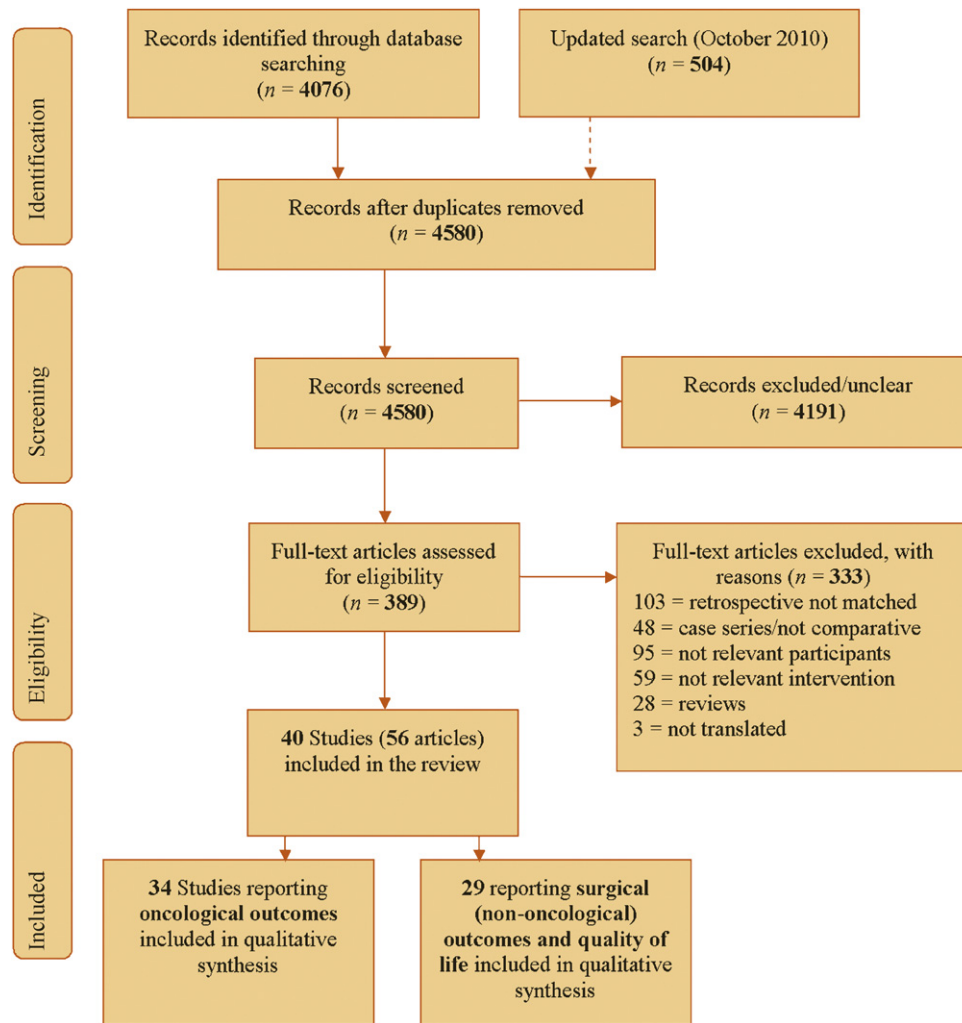


Fig. 1 – PRISMA flow diagram.

is marked by indication bias. That is, the surveillance group members were indicated to that intervention and not randomly allocated to it; surveillance patients were older (mean: 73 vs 61.4 yr of age) (Table 1), and it is likely they were generally more frail and less likely to be suitable candidates for surgery. The study was marked by other methodological flaws such as uncertain disease status in the surveillance group (indicated by failing to measure and control for two of the main prognostic confounders, ie, Fuhrman grade and histologic cell type) (Table 1).

3.2.2. Technique of radical nephrectomy

3.2.2.1. *Laparoscopic versus open radical nephrectomy.* There were no randomised studies assessing oncological outcomes. A prospective cohort study [19] and a retrospective database review [20], both of low methodological quality, found similar oncological outcomes with 5-yr overall survival for laparoscopic versus open radical nephrectomy reported at 87.8% versus 88.7% ($p = 0.87$), respectively, in the study by Hemal et al. [19] (Table 2); and all-cause deaths were 3 of 36 versus 1 of 37, respectively, in the study by Gratzke and colleagues [20] (Fig. 2). There was

no evidence of any difference in cancer-specific and recurrence-free survival at 5 yr reported in the study by Hemal et al. [19] (Table 2).

3.2.2.2. Retroperitoneal versus transperitoneal radical nephrectomy.

Two randomised studies [21,22] and one quasi-randomised study [23] compared retroperitoneal and transperitoneal laparoscopic radical nephrectomy. Both approaches were found to have similar oncological outcomes. No cancer-specific deaths were reported by Nadler et al. [23] (Fig. 3), and although Desai et al. [21] reported more all-cause deaths in the retroperitoneal approach (4 of 52 vs 2 of 50) (Fig. 2), the result was not statistically significant. A very low number of metastatic events was reported across the studies: Nadler et al. [23] and Nambirajan et al. [22] reported none, whereas Desai et al. [21] reported 1 of 52 versus 3 of 50 for retroperitoneal versus transperitoneal radical nephrectomy, respectively (plot 2.4, full report). No incidences of positive surgical margins were reported (plot 2.5, full report).

3.2.2.3. *Hand-assisted laparoscopic radical nephrectomy versus standard laparoscopic radical nephrectomy.* One RCT [23] and one

Table 1 – Baseline characteristics and oncological confounder adjustment scores

Study, design, and adjustment	Interventions	N	FU (months) mean (SD), *median [range]	Age: Mean (SD), *median [range]	Tsize (cm) Mean (SD) [range], *median	path Tstage	T grade N (Fuhrman unless stated)	Histological cell type	Necrosis
Zini 2009 [18]; matched pair	SM	430	*16 [0.1–146]	73 [unmatched; n = 433]	2.8 [unmatched; n = 433]	All pT1a	NR	NR	NR
	NSM	1545	*50 [0.1–203]	61.4 [unmatched; n = 433]	2.8 [unmatched; n = 433] (p = 0.5)	All pT1a	NR	NR	NR
Adjustment Gratzke 2009 [20]; database review (Ludwig-Maximilian and Basel University)	NA	NA	NA	NA	1	1	5	5	5
	LRN	36	22 [11–71]	67.8 (12.8)	NR	pT1a: 12 (33.3) pT1b: 17 (47.2) pT2: 0 pT3: 4 (11.1)	NR	NR	NR
Adjustment Hemal 2007 [19]; prospective cohort	ORN	37	22 [11–71]	61.1 (12.7)	NR	pT1a: 9 (24) pT1b: 20 (54) pT2: 8 (22) pT3: 0	NR	NR	NR
	NA	NA	NA	NA	5	5	5	5	5
Adjustment Nambirajan 2004 [22]; Q-RCT	HALRN	41	51.4 [3–78]	52.5 (11.3)	9.9 (2.2)	All T2	NR	NR	NR
	SLRN	71	57.2 [4–80]	52.7 (11.8)	10.1 (3.2)	All T2	NR	NR	NR
Adjustment Nambirajan 2004 [22]; Q-RCT	RLRN	20	15 [6–26]	66.8 [43–82]	4.29 (1.83)	pT1: 17 pT2: 0 pT3a: 2 pT3b: 0 Benign: 1	NR	NR	NR
	TLRN	20	17 [6–16]	62.2 [41–80]	4.58 (1.56)	pT1: 12 pT2: 2 pT3a: 2 pT3b: 3 Benign:1	NR	NR	NR
Nadler 2006 [23]; Q-RCT	RLRN	11	Overall *20 [0–51]	61 [42–85]	NR	All cT1	NR	NR	NR
	TLRN	11		63 [50–86]	NR	AllTc1	NR	NR	NR
Desai 2005 [21]; RCT	RLRN	52	13.5 (11.9) [0.5–40]	64.5 (12.3) [29–89]	5 (2) [2–10.2]	All cT1	G1: 5 (10) G2: 17 (34) G3: 12 (24) G4: 5 (10)	RCC: 39 (75) TCC: 0 Angiomyolipoma: 7 (11) Oncocytoma: 1 (2) Other: 5 (10) Clear cell: 25 (50) Granular: 2 (4) Sarcomatoid: 2 (4) Papillary: 5 (10) Mixed: 5 (10) Other: 0	NR
	TLRN	50	15 (6.2) [3–24]	62.8 (13.3) [30–38]	5.3 (2.8) [1.7–15]	All cT1	G1: 7 (14) G2: 16 (32) G3: 13 (26) G4: 6 (12)	RCC: 42 (84) TCC: 0 Angiomyolipoma: 1 (2) Oncocytoma: 4 (8) Other: 2 (4) Clear cell: 27 (54) Granular: 1 (2) Sarcomatoid: 0 Papillary: 8 (16) Mixed: 2 (4) Other: 4 (8)	NR

Table 1 (Continued)

Nadler 2006 [23]; Q-RCT	HALRN	11	Overall *20 [0–51]	61 [42–85]	NR	All cT1	NR	NR	NR
	TLRN	11		57 [42–58]	NR	All cT1	NR	NR	NR
Gabr 2009 [24]; database review (University of Michigan Health System)	HALRN	108	Overall mean: 35.2 (25) [0.3–114]; median: 30 mo	61.3 (12.7)	6.9 (2.8)	T1a: 23 (21.3) T1b: 31 (28.7) T2: 25 (23.1) T3: 29 (26.9)	G1–2: 49 (50) G3: 37 (37.8) G4: 12 (12.2%)	Low risk (papillary and chromophobe): 22 (20.4) Clear cell: 85 (78.7) High risk (collecting duct, spindle cell, and unclassified tumours): 1 (0.8)	NR
	TLRN	147		62.7 (12.9)	4.9 (21.9) $p = <0.0001$	T1a: 54 (36.7) T1b: 67 (45.6) T2: 11 (7.5) T3: 15 (10.2) $p = <0.0001$	G1–2: 77 (57.9) G3: 45 (33.8) G4: 11 (8.3) $p < 0.0001$	Low risk: 38 (25.9) Clear cell: 103 (70.1) High risk: 6 (4.1) $p = 0.1568$	NR
Adjustment	NA	NA	NA	NA	1	1	1	1	5
Nadler 2006 [23]; Q-RCT	HALRN	11	Overall *20 [0–51]	61 [42–85]	NR	All cT1	NR	NR	NR
	RLRN	11		63 [50–86]	NR	All cT1	NR	NR	NR
Hemal 2009 [19]; prospective cohort	Robotic RN	15	8.3 [1–12]	50.3 (10.2)	6.7 (2.3)	pT1a: 5 pT1b: 6 pT2: 4 pN0: 14 pN1: 1	G1: 3 G2: 8 G3: 4 G4: 0	Clear cell: 12 Papillary: 2 Chromophobe: 1	NR
	LRN	15	9.1 [2–12]	52.7 (11.8)	6.9 (2.1)	pT1a: 4 pT1b: 8 pT2: 3 pN0: 15 pN1: 0	G1: 4 G2: 9 G3: 2 G4: 0	Clear cell: 13 Papillary: 1 Chromophobe: 1	NR
Adjustment	NA	NA	NA	NA	1	1	1	1	5
Soga 2008 [26]; prospective cohort	PLRN	14	*7.1 [2.7–17.3]	57 (13.5)	3.72 (1.39) [1.6–6.9]	All cT1	NR	Clear cell: 12 Microtubular spindle: 1 Oncocytoma: 1	NR
	LRN	15	*27.2 [19.5–39.1]	53.7 (15)	3.13 (0.77) [2.4–4.4]	All cT1	NR	No data	NR
Adjustment	NA	NA	NA	NA	1	1	5	5	5
Herrlinger 1991 [27]; prospective cohort	RN plus LND	109 (subgroup)	48–251 overall	<72 overall	NR	T1–2N0M0	NR	NR	NR
	RN	82 (subgroup)			NR	T1–2N0M0	NR	NR	NR
Adjustment	NA	NA	NA	NA	5	1	5	5	5
Blom 2009 [8]; RCT subgroup analysis (note that baseline characteristics are considered randomised because the randomisation process protects against indication biases present in observational studies)	RN plus LND	271 (subgroup)	*151 (max. 264) overall	58.7 (10.8) [28–84]	5.4 (2.5) [0.4–17]	T0: 3 (1.3) T1: 21 (8.8) T2: 176 (73.3) T3: 40 (16.7)	G0: 8 (3.7) G1: 59 (27.2) G2: 104 (47.9) G3: 42 (19.4) G4: 0 Missing: 4 (1.8)	Clear cell: 40 (45.5) Spindle cell: 0 (0) Oncocytic: 23 (26.1) Mixed: 2 (2.3) Other: 13 (14.8) Unknown: 10 (11.4)	NR
	RN	288 (subgroup)		58.6 (11.6) [24–81]	5.9 (2.7) [0.7–17]	T0: 4 (1.6) T1: 19 (7.4) T2: 197 (76.7) T3: 37 (14.4)	G0: 9 (4) G1: 74 (32.7) G2: 109 (48.2) G3: 30 (13.3) G4: 1 (0.4) Missing: 3 (1.3)	Clear cell: 40 (46) Spindle cell: 3 (3.4) Oncocytic: 20 (23) Mixed: 2 (2.3) Other: 19 (21.8) Unknown: 3 (3.4)	NR
Lane 2009 [28]; prospective cohort	PN plus adrenalectomy	48	*6.2 [IQR: 2.2–8.8]	*62 [IQR: 56–69]	*3.6 [IQR: 2.2–6]	T0: 10 (21) T1a: 21 (44) T1b: 8 (17) T2or: ≥9 (19)	NR	Conventional RCC: 30 (63) Other cancer (papillary, chromophobe, etc.): 8 (17) Benign: 10 (21)	NR

Table 1 (Continued)

Study, design, and adjustment	Interventions	N	FU (months) mean (SD), *median [range]	Age: Mean (SD), *median [range]	Tsize (cm) Mean (SD) [range], *median	path Tstage	T grade N (Fuhrman unless stated)	Histological cell type	Necrosis
Adjustment D'Armiento 1997 [29]; RCT	PN	2017	*5.5 yr [IQR: 2.9–9]	*61 [IQR: 51–70]	*3.0 [IQR: 2.1–4.3]	T0: 314 (19) T1a: 940 (56) T1b: 310 (19) T2or: ≥100 (6)	NR	Conventional RCC: 1150 (63) Other cancer (papillary, chromophobe, etc.): 351 (19) Benign: 314 (17)	NR
	NA OPN	NA 19	NA 70 (max. 98)	NA 51.4 (13.7) [23–74]	1 3.34 (0.64)	5 NR	5 G1:11 G2: 7 G3:1	1 NR	5 NR
Butler 1995 [30]; database review (Cleveland Clinic)	ORN	21	70 (max. 97)	48.7 (14.7) [27–76]	3.21 (0.56)	NR	G1: 10 G2: 8 G3: 3	NR	NR
	OPN ORN	46 42	40 (26) 66 (30)	60 (14) 64 (13)	2.5 (0.8) 2.7 (0.8)	pT1: 13 (28) pT2: 28 (61) pT3a: 5 (11) pT1: 9 (21) pT2: 28 (67) pT3a: 5 (12)	NR	NR	NR
Adjustment Gratzke 2009 [20]; database review (Ludwig-Maximilian and Basel University)	NA OPN	NA 44	NA Mean: 22 mo; range: 11–71	NA 60.7 (12.4)	1 NR	1 pT1a: 35 (80) pT1b: 6 (14) pT2: 1 (2) pT3: 0 Missing: 2	5 NR	5 NR	5 NR
	ORN	37	Mean: 22 mo; range: 11–71	61.1 (12.7)	NR	pT1a: 9 (24) pT1b: 20 (54) pT2: 8 (22) pT3: 0	NR	NR	NR
Adjustment Lee 2007 [31]; matched pair	NA OPN	NA 56	NA 37.1 (26.1)	NA 51.8 (11.7)	5 2.5 (0.8)	5 Al pT1a	5 G1: 3 G2: 34 G3: 19	5 NR	5 NR
	ORN	56	39 (20.37)	52.5 (11.0)	2.5 (0.8)	Al pT1a	G1: 2 G2: 37 G3: 17	NR	NR
Adjustment Simmons 2009 [32]; database review	NA LPN	NA 35	NA *44 (27–85)	NA 63.5 (12)	1 4.6 (4.1–7.5)	1 pT1b: 29 (83) pT2: 1 (3) pT3a: 3 (9) pT3b: 2 (6)	1 Mean (SD): 2.3 (0.6) G 1: 2 (6) G 2: 20 (57) G 3: 12 (34) G 4: 1 (3)	5 Clear cell: 23 (66) Papillary: 12 (33) Chromophobe: 0 Unspecified: 0	5 NR
	LRN	75	*57 (27–79)	63.4 (12)	5.3 (4–7.3) p = 0.026	pT1b: 43 (57) pT2: 2 (3) pT3a: 25 (33) pT3b: 5 (7)	Mean (SD): 2.6 (0.6) G1: 2 (3) G2: 30 (40) G3: 38 (51) G4: 5 (6)	Clear cell: 63 (85) Papillary: 7 (9) Chromophobe: 4 (5) Unspecified: 1 (1)	NR
Adjustment Dash 2006 [39]; database review (Sloan-Kettering)	NA O/LPN	NA 45	NA *21	NA 56.7 (13)	5 4.85 (0.94)	5 pT1: 41 (91) pT3: 4 (9)	5 G1–2: 35 (78) G3–4: 9 (20) Unknown: 1 (2)	5 All clear cell	5 NR
	ORN	151	*21	63.1 (11.5)	5.42 (0.89)	pT1: 124 (82) pT3: 27 (18)	G1–2: 107 (71), G3 + 4: 43 (28), Unknown: 1 (1)	All clear cell	NR

Table 1 (Continued)

Adjustment Huang 2009 [33]; SEER database review	NA	NA	NA	NA	1	1	1	1	5
	O/LPN	556	43 overall; 48 in patients who were alive at end of follow-up	66–69: 155 (28%) 70–74: 189 (34%) 75–79: 144 (26%) 80–84: 59 (11%) 85+: 9 (1%)	<4 cm	All T1a	NR	NR	NR
Adjustment Patard 2008 [36]; matched pair (multi-institutional)	NA	NA	NA	NA	1	1	5	5	5
	O/LPN	289	Mean: 54 overall	59.3	5.47	pT1a: 273 (94.5) pT2: 16	G1–2: 234 (81)	NR	NR
Adjustment Patard 2004 [37]; database review (7 international centres)	NA	NA	NA	NA	1	1	1	5	5
	O/LPN	379: pT1a 314; pT1b 65	50.7 (40.3)	59.7 (12.3)	T1a: 2.5 (0.8) T1b: 5.3 (0.8)	pT1a: 314 (82.8) pT1b: 65 (17.2)	G1–2: T1a: 287 (91.7) T1b: 57 (89.1) Missing: 2/579	Clear cell: 310 (82.7) Papillary: 46 (12.3) Chromophobe: 19 (5)	NR
Adjustment Weight 2010 [40]; matched pair (SEER database) (USA)	NA	NA	NA	NA	1	1	1	5	5
	O/LPN	524	* 46 [IQR: 25–75]	63 [IQR: 53–71]	5.0 [IQR: 4.5–5.6] (preoperative) 4.3 [IQR: 3.5–5] (pathologic)	pT1: 394/447 (88.1) ≥pT2: 53/447 (11.9)	G3–4: 170/423 (40.2)	Of the malignant tumours (n = 438): Clear cell: 327 (74.5) Papillary: 77 (17.6) Chromophobe or oncocytic neoplasm: 24 (5.4) Other: 10 (3.1) Benign: 86/524 (16.4)	NR
Adjustment Zini 2009 [34]; matched pair (SEER database)	NA	NA	NA	NA	1	1	1	1	5
	O/LPN	1283	*35	59.6	2.5	All pT1a	G1:352 (27.4) G2:735 (57.3) G3: 180 (14) G4: 16 (1.2)	Clear cell: 1047 (81.6) Papillary: 104 (8.1) Other: 132 (10.3)	NR
Adjustment	NA	NA	NA	NA	1	1	1	1	5
	O/LRN	3166	*46	61.3	2.8	All pT1a	G1: 917 (29) G2: 1805 (57) G3: 412 (13) G4: 32 (1)	Clear cell: 2699 (85.2) Papillary: 152 (4.8) Other: 315 (9.9)	NR
Adjustment	NA	NA	NA	NA	1	1	1	1	5

Table 1 (Continued)

Study, design, and adjustment	Interventions	N	FU (months) mean (SD), *median [range]	Age: Mean (SD), *median [range]	Tsize (cm) Mean (SD) [range], *median	path Tstage	T grade N (Fuhrman unless stated)	Histological cell type	Necrosis
Thompson 2008 [35]; database review (Mayo Clinic)	O/LPN	358 (including 187 who were younger than age 65)	*67.2 [range: 8.4–211.2]	*64 [26–94]	*2.5 [range: 0.2–4]	All pT1a	NR	Clear cell RCC: 186 (52) Papillary RCC: 75 (21) Chromophobe RCC: 16 (4.5) Collecting duct RCC: 1 (0.3) RCC not otherwise specified: 1 (0.3) Benign: 79 (22.1)	NR
	O/LRN	290 (including 140 who were younger than age 65)	*112.8 [range: 1.2–207.6]	*65 [24–85]	*3 [range: 0.2–4] <i>p</i> < 0.001	All pT1a	NR	Clear cell RCC: 191 (65.9) Papillary RCC: 41 (14.1) Chromophobe RCC: 10 (3.5) Collecting duct RCC: 0 RCC not otherwise specified: 5 (1.7) Benign: 43 (14.8)	NR
Adjustment	NA	NA	NA	NA	1	1	5	1	5
Crepel 2010 [41]; matched pair (SEER database)	O/LPN	163	34 (23)	61 [25–84]	5.2 (5)	T1bNOM0	G1: 41 (25.2) G2: 83 (50.9) G3: 37 (22.7) G4: 2 (1.2) Unknown: 0	Clear cell: 131 (80.4) Papillary: 23 (14.1) Chromophobe: 7 (4.3) Unclassified: 2 (1.2)	NR
	O/LRN	636	39.4 (26.5)	61 [30–92]	5.2 (5)	T1bNOM0	G1: 155 (24.4) G2: 332 (52.2) G3: 145 (22.8) G4: 4 (0.6) Unknown: 0	Clear cell: 592 (93) Papillary: 29 (4.6) Chromophobe: 10 (1.6) Unclassified: 5 (0.8)	NR
Adjustment	NA	NA	NA	NA	1	1	1	1	5
Thompson 2009 [38]; database review (Mayo Clinic and Sloan-Kettering)	O/LPN	286	*40.8 [0–204]	<65: 164 (57%) ≥65: 122 (43%)	4.1–5: 155 (61%) 5.1–6: 66 (23%) 6.1–7: 45 (16%)	pT1b: 277 (97) pT3a: 11(4)	NR	Clear cell: 155 (54) Papillary: 60 (21) Chromophobe: 32 (11) Collecting duct: 0 Other RCC: 1 (0.4) Benign: 38 (13)	NR
	O/LRN	873	63.6 [0–228]	<65: 422 (48%) >65: 451 (52%)	4.1–5: 330 (38%) 5.1–6: 289 (33%) 6.1–7: 254 (29%)	pT1b: 815 (93) pT3a: 9 (3)	NR	Clear cell: 629 (72) Papillary: 100 (12) Chromophobe: 50 (6) Collecting duct: 2 (0.2) Other RCC: 7 (0.8) Benign: 85 (10)	NR
Adjustment	NA	NA	NA	NA	1	1	5	5	5
Gill 2007 [42]; database review (Cleveland Clinic, Mayo Clinic, and Johns Hopkins University)	LPN	771	*14.4 [0–84]	59.4 [range: 19–87]	2.6 [0.4–8] (pathologic)	cT1b: 68/771 (8.8) Otherwise cT1a	NR	NR	NR
	OPN	1029	*33.6 [0–91.2]	61.6 [range: 25.7–94.0]	3.3 [0.13–9.0] (pathologic)	cT1b: 323/1029 (31.4) Otherwise cT1a	NR	NR	NR
Adjustment	NA	NA	NA	NA	5	5	5	5	5
Gong 2008 [44]; matched pair	LPN	76	21.7 (25.6)	60.1 (12.5)	2.87 (0.81)	Benign: 21 (27.6) pT1a: 53 (69.7) pT1b: 2 (2.6) pT2: 0	NR	NR	NR

Table 1 (Continued)

	OPN	77	20.6 (23.1)	57.7 (13.6)	2.45 (0.87)	Benign: 17 (22.1) pT1a: 50 (64.9) pT1b: 9 (11.7) pT2: 1 (1.3)	NR	NR	NR
Adjustment Lane 2010 [43]; database review (Cleveland clinic)	NA	NA	NA	NA	1	1	5	5	5
	LPN	672	*4 yr [IQR: 3.3–6.8]	*61 [IQR: 51–69]	*2.6 [IQR: 2.0–3.4]	pT1a: 425 (85) pT1b: 42 (8.4) pT2+: 32 (6.4)	G1–2: 332 (70) G3–4: 148 (30)	Clear cell: 324 (48) Papillary: (17) Chromophobe: (8) Other: (1.2) Benign: 173 (26)	NR
	OPN	944	*5.7 [IQR: 3.9–7.3]	* 61 [IQR: 52–70]	*3.5 [IQR: 2.5–4.5]	pT1a: 510 (67) pT1b: 193 (25) pT2+: 58 (7.6)	G1–2: 481 (64) G3–4: 286 (36)	Clear cell: 554 (59) Papillary: (14) Chromophobe: (6) Other: (1.8) Benign: 182 (19)	NR
Adjustment Marszalek 2009 [45]; matched pair	NA	NA	NA	NA	1	1	1	1	5
	LPN	100	44.4 (2.4) [19.2–110.4] (mean, SE, range)	62.3 [range: 22.9–83.4]	*2.8, [IQR: 2.0–3.2]	All pT1a	NR	Of the malignant tumours (n = 81): Clear cell: 52 (64.2) Papillary: 15 (18.5) Other: 14 (17.3) Benign = 19/100	NR
	OPN	100	42 (2.4) [12–117.6] (mean, SE, range)	62.5 [range: 21.9–84.6]	*2.9, [IQR: 2.3–3.5]	All pT1a	NR	Of the malignant tumours (n = 66) Clear cell: 49 (74.2) Papillary: 10 (15.2) Other: 7 (10.6) Benign: 34/100	NR
Adjustment Wu 2010 [46]; database review (Northwestern University of Feinberg Medical School)	NA	NA	NA	NA	1	1	5	1	5
	RF-RCPN	42	25.8 [range: 0.5–71.5]	56 [27–77]	2.8 [0.9–12]	NR	NR	RCC: 32 (76.2) Benign: 10 (23.8) Other malignancy: 0	NR
	LPN	36	7.8 [range: 1.0–18.9]	58 [36–79]	2 [0.5–3.5]	NR	NR	RCC: 24 (66.7) Benign: 12 (33.3) Other malignancy: 0	NR
Adjustment Desai 2005 [47]; database review	NA	NA	NA	NA	2	5	5	1	5
	Lap-Cryo	78 (89 tumours)	24.6 [1–60]	65.55 (12.69) [28–88]	2.05 (0.56) [0.6–3]	All cT1	NR	RCC: 56 Benign: 38 Inconclusive: 6 Of the RCC (n = 50): Clear cell: 28 Papillary: 19 Other: 3	NR
	LPN	153 (153 tumours)	5.8 [1–36]	60.59 (13.19) [17–87]	2.25 (0.67) [0.9–3]	All cT1	NR	RCC: 68 Benign: 32 Inconclusive: 0 Of the RCC (n = 104): Clear cell: 64 Papillary: 32 Other: 8	NR
Adjustment O'Malley 2007 [48]; matched pair	NA	NA	NA	NA	1	1	5	1	5
	Lap-Cryo	15	11.9 (7.2)	76.1 (4.5)	2.7 (1.3)	All cT1	NR	NR	NR
	LPN	15	9.83 (8.8)	75.7 (4.6)	2.5 (1)	All cT1	NR	NR	NR

Table 1 (Continued)

Study, design, and adjustment	Interventions	N	FU (months) mean (SD), *median [range]	Age: Mean (SD), *median [range]	T size (cm) Mean (SD) [range], *median	path Tstage	T grade N (Fuhrman unless stated)	Histological cell type	Necrosis
Adjustment Ko 2008 [49]; matched pair	NA Lap-Cryo	NA 20	NA 27.3 (10.8)	NA 56.3 (11.5) [24–76]	1 2.38 (1.67) [1.0–4.0]	1 pT1	5 G1: 3 G2: 12 G3: 6 G4: 0	5 Non-clear type: 2 (of these, 1 is papillary type 1; the other is papillary type 2)	5 NR
Adjustment	OPN	20	28.7 (14.9)	57.6 (10.9) [44–77]	2.16 (1.08) [1.3–3.9]	pT1	G1: 4 G2: 15 G3: 0 G4: 1	Non-clear type: 1 (papillary type 2)	NR
Adjustment	NA	NA	NA	NA	1	1	1	1	5

NA = not applicable; NR = not reported; SM = surgical management; HALRN = hand-assisted laparoscopic radical nephrectomy; SLRN = standard laparoscopic radical nephrectomy; RLNR = retroperitoneal laparoscopic radical nephrectomy; TLNR = transperitoneal laparoscopic radical nephrectomy; Robotic RN = robotic radical nephrectomy; LRN = laparoscopic radical nephrectomy; PLRN = portless laparoscopic radical nephrectomy; RN = radical nephrectomy; RN+LND = radical nephrectomy + lymph node dissection; OPN = open partial nephrectomy; ORN = open radical nephrectomy; LPN = laparoscopic partial nephrectomy; O/LPN = open or laparoscopic partial nephrectomy; O/LRN = open or partial laparoscopic radical nephrectomy; RF-RCPN = radiofrequency-assisted robotic clampless partial nephrectomy; Lap-Cryo = laparoscopic cryoablation; RCC = renal cell carcinoma.

database review [24] compared hand-assisted and transperitoneal laparoscopic radical nephrectomy. There were no cancer-specific deaths (Fig. 3), positive surgical margins, or recurrences (plots 3.1–3.4, full report [13]) in the trial by Nadler and colleagues [23] (which used the transperitoneal approach only), but it should be noted that study numbers were very low with only 11 patients in each arm, and follow-up was short (median: 20 mo). Oncological outcomes were comparable in the study by Gabr et al. [24] (which used transperitoneal and retroperitoneal approaches). Estimated 5-yr overall survival (74% vs 79%; $p = 0.69$), cancer-specific survival (87.2% vs 88.9%; $p = 0.76$), and recurrence-free survival (81.3% vs 76.5%; $p = 0.87$) rates were comparable between hand-assisted and standard laparoscopic radical nephrectomy, respectively (Table 2). Reported hazard ratios (HRs) favoured the hand-assisted procedure; however, the estimated CIs were wide, indicating considerable uncertainty. For example, the overall survival-adjusted HR was 0.407 (0.150–1.395) (Table 2).

3.2.2.4. *Hand-assisted laparoscopic radical nephrectomy versus retroperitoneal laparoscopic radical nephrectomy.* Only one small RCT [23] ($n = 22$) compared hand-assisted and retroperitoneal laparoscopic radical nephrectomy. There were no reported cancer deaths, positive surgical margins, or recurrences (plots 4.1–4.4, full report [13]), however, probably due to the short follow-up time (median: 20 mo).

3.2.2.5. *Robot-assisted laparoscopic radical nephrectomy versus laparoscopic radical nephrectomy.* Only one small prospective cohort study ($n = 30$) compared robotic and laparoscopic radical nephrectomy [25]. There were no local recurrences, port-site, or distant metastases (plot 6.1–6.2, full report [13]). The study groups were comparable, but sample size was small and follow-up was <1 yr.

3.2.2.6. *Single-port laparoscopic radical nephrectomy versus laparoscopic radical nephrectomy.* One prospective cohort study compared “portless” ($n = 14$) and three-port ($n = 15$) laparoscopic radical nephrectomy [26]. There were no local recurrences, but the study was small with a short follow-up (especially in the portless group; mean: 7.1 mo; range: 2.7–17.3 mo) (plot 7.1, full report [13]).

3.2.3. *Ipsilateral lymphadenectomy and ipsilateral adrenalectomy*
3.2.3.1. *Radical or partial nephrectomy with limited or extended lymphadenectomy versus radical or partial nephrectomy alone.* Blom et al. [8] conducted a Europeanwide multicentre RCT ($n = 772$) comparing radical nephrectomy with or without complete lymph node dissection. The subgroup analysis of the cT1 and cT2 population from this trial showed no evidence of a difference between the groups (HR: 1.096 [0.81–1.47]; log-rank $p = 0.55$). However, the lymphadenectomy in this trial was not standardised.

Herrlinger et al. [27] performed a retrospective observational study, comparing radical nephrectomy with either extended lymphadenectomy or facultative lymphadenectomy (ie, no lymph node dissection or node sampling for

Table 2 – Results

Experimental (Exp)	Control (Ctr)	Author	Outcome	N at baseline		Value		Reported P values	Note
				Exp	Ctr	Exp	Ctr		
Non-surgical management	Surgery	Zini 2009 [18]	Cancer-specific death at 5 yr	430	1545	12.4%	4.40%	NR	Matched for age, tumour size, and year of diagnosis
		Zini 2009 [18]	Other-cause death at 5 yr	430	1545	57.4%	22.40%	NR	Matched for age, tumour size, and year of diagnosis
Laparoscopic radical nephrectomy	Open radical nephrectomy	Hemal 2007 [19]	Overall survival at 5 yr	41	71	87.8%	88.7%	0.87	Published KM estimate
		Hemal 2007 [19]	Cancer-specific survival at 5 yr	41	71	95.12%	94.36%	0.79	Published KM estimate
		Hemal 2007 [19]	Recurrence-free survival at 5 yr	41	71	92.6%	90.1%	0.91	Published KM estimate
Hand-assisted laparoscopic radical nephrectomy	Standard laparoscopic radical nephrectomy	Gabr 2009 [24]	Overall survival	108	147	–	–	–	HR: 0.407 (95% CI, 0.150–1.395) Adjusted for specimen handling (intact/morcellation), mass size, pathologic risk (based on UCLA integrated staging), and histologic subtype
		Gabr 2009 [24]	Cancer-specific survival	108	147	–	–	–	HR: 0.385 (95% CI, 0.087–1.694) Adjusted for specimen handling (intact or morcellation), mass size, pathologic risk (based on UCLA integrated staging, inkling T stage), and histologic subtype
		Gabr 2009 [24]	Recurrence-free survival	108	147	–	–	–	HR: 0.384 (95% CI, 0.122–1.209) Adjusted for specimen handling (intact or morcellation), mass size, pathologic risk (based on UCLA integrated staging, inkling T stage), and histologic subtype
		Gabr 2009 [24]	Overall survival at 5 yr	108	147	74% (95% CI, 63–85)	79% (95% CI, 68–90)	0.6864	Published KM estimate
		Gabr 2009 [24]	Cancer-specific survival at 5 yr	108	147	87.2 (95% CI, 79–95)	88.9% (95% CI, 81–97)	0.7589	Published KM estimate
		Gabr 2009 [24]	Recurrence-free survival at 5 yr	108	147	81.3% (95% CI, 72–91)	76.5% (95% CI, 64–89)	0.8663	Published KM estimate
Radical nephrectomy with lymph node dissection	Radical nephrectomy	Blom 2009 [8]	Overall survival	271	288	–	–	–	HR: 1.096 (95% CI, 0.81–1.47); log-rank p = 0.55
Radical nephrectomy with extended lymph node dissection	Radical nephrectomy with facultative lymph node dissection	Herrlinger 1991 [27]	Survival rates	109	82	80.2% (SD 12.5)	54% (SD 14.1)	<0.01	Life table method
Partial nephrectomy with ipsilateral adrenalectomy	Partial nephrectomy	Lane 2009 [28]	Overall survival at 5 yr	48	2017	82%	85%	0.56	Published KM estimate
Open partial nephrectomy (<4 cm)	Open radical nephrectomy (<4 cm)	Lane 2009 [28]	Overall survival at 10 yr	48	2017	72.4%	68%	NR	Published KM estimate
		Butler 1995 [30]	Overall survival at 5 yr	46	42	75%	80%	NR	Published KM estimate
		Lee 2007 [31]	Overall survival at 5 yr	56	56	98.2%	88.8%	0.63	Published KM estimate
		Butler 1995 [30]	Cancer-specific survival at 5 yr	46	42	100%	97%	NR	Published KM estimate
		Lee 2007 [31]	Cancer-specific survival at 5 yr	56	56	100%	97.9%	0.98	Published KM estimate (matched)
Laparoscopic partial nephrectomy (>4 cm)	Laparoscopic radical nephrectomy (>4 cm)	Lee 2007 [31]	Disease-free survival at 5 yr	56	56	92.4%	95.6%	0.18	Published KM estimate (matched)
		Simmons 2009 [32]	Overall survival rate at 80 mo, including pT3	35	75	74% (67–76)	72% (67–76)	0.660	Published KM estimate
		Simmons 2009 [32]	Cancer-specific survival rate at 80 mo, including pT3	35	75	81% (74–87)	77% (75–80)	0.986	Published KM estimate
		Simmons 2009 [32]	Recurrence-free survival at 80 mo, including pT3	35	75	81% (74–87)	77% (74–79)	0.495	Published KM estimate

Table 2 (Continued)

		Patard 2008 [36]	Cancer-specific survival	289	257	–	–	–	“Survival curves perfectly overlapped”; log-rank test $p = 0.9$
		Thompson 2009 [38]	Cancer-specific deaths	239	704	–	–	–	HR 0.51 (95% CI, 0.24–1.09), $p = 0.079$ Adjusting for age, impaired renal function, tumour stage, and tumour size Unadjusted HR 0.46 (95% CI, 0.22–0.96), $p = 0.039$
		Weight 2010 [40]	Cancer-specific survival (pathologically malignant tumours only)	438	429	–	–	–	HR: 0.77 (95% CI, 0.41–1.42), $p = 0.4$ Multivariate regression analysis including pathologic size, nuclear grade, pathologic T stage, and final eGFR HR from univariate analysis: 1.39 (95% CI, 1.07–1.83), $p = 0.01$
		Dash 2006 [39]	Disease-free survival	45	151	–	–	–	HR: 0.36 (95% CI, 0.05–2.82), $p = 0.3$ Adjusted for disease severity (confounder score approach) HR from the propensity score model: 1.75 (95% CI, 0.5–6.14), $p = 0.4$ Unadjusted HR: 0.22 (95% CI, 0.03–1.66), $p = 0.14$
		Weight 2010 [40]	Overall survival at 5 yr	524	480	85% (95% CI, 81.4–88.6)	78% (95% CI, 73.7–82.3)	NR	Published KM estimate
		Crépel 2010 [41]	Cancer-specific survival at 5 yr	163	636	90.1%	93.8%	NR	Published KM estimate
		Patard 2004 [37]	Cancer-specific survival at 5 yr (T1b only)	65	576	96%	91%	NR	KM estimate from graph; chi-square test, $p = 0.6$; log-rank test, $p = 0.8$
		Weight 2010 [40]	Cancer-specific survival at 5 yr	438	429	87.6% (95% CI, 84–91.2)	94% (95% CI, 91.3–96.7)	NR	KM estimates
		Dash 2006 [39]* (open/lap vs open)	Disease-free survival at 5 yr	45	151	83%	71%	NR	Published KM estimate
Laparoscopic radical nephrectomy	Open radical nephrectomy	Hemal 2007 [19]	Overall survival at 5 yr	41	71	87.8%	88.7%	0.87	–
		Hemal 2007 [19]	Cancer-specific survival at 5 yr	41	71	95.12%	94.36%	0.79	–
		Hemal 2007 [19]	Recurrence-free survival at 5 yr	41	71	92.6%	90.1%	0.91	–
Laparoscopic partial nephrectomy	Open partial nephrectomy	Lane 2010 [43]	Overall survival (RCC with minimum follow-up of 1 yr)	499	762	–	–	–	HR: 0.69 (95% CI, 0.45–1.02), $p = 0.07$ Adjusted for age, gender, race, Charlson-Romano Index, tumour size, hypertension, preoperative GFR, and oncological potential (calculated as predicted risk of recurrence estimated based on pathology, tumour size, histologic subtype, pathologic stage, and symptoms at presentation) Published KM estimate
		Marszalek 2009 [45]	Overall survival at 5 yr (pT1 only)	81	66	96% (95% CI, 92–99)	85% (95% CI, 79–92)	0.1	Published KM estimate
		Lane 2010 [43]	Survival at 7 yr (subset: RCC with minimum follow-up of 7 yr)	77	310	83.1%	83.5%	NR	Actual rate
		Gill 2007 [42]	Cancer-specific survival at 3 yr (pathologic RCC only)	514	676	99.3% (95% CI, 98.0–100.0)	99.2% (95% CI, 98.4–100.0)	NR	Published KM estimate
		Lane 2010 [43]	Cancer-specific survival at 7 yr (RCC with minimum follow-up of 1 yr)	499	762	96.9% (95% CI, 94.3–99.5)	97.7% (95% CI, 96.3–99.1)	0.79	KM estimated
		Lane 2010 [43]	Cancer-specific survival at 7 yr (subset: RCC with minimum follow-up of 7 yr)	55	249	92.7% (51/55)	95.6% (238/249)	–	Actual rate
		Marszalek 2009 [45]	Recurrence-free survival at 5 yr (local recurrence in pT1 only)	81	66	97% (95% CI, 94–99)	98v (95% CI, 95–100)	–	KM estimates; log-rank test $p = 0.8$
		Marszalek 2009 [45]	Recurrence-free survival at 5 yr (distant recurrence in pT1 only)	81	66	99% (95% CI, 94–100)	96% (95% CI, 92–99)	–	KM estimates; log-rank test $p = 0.2$

Table 2 (Continued)

Experimental (Exp)	Control (Ctr)	Author	Outcome	N at baseline		Value		Reported P values	Note
				Exp	Ctr	Exp	Ctr		
		Lane 2010 [43]	Metastases-free survival at 7 yr (RCC with minimum follow-up of 1 yr)	499	762	97.5% (95% CI, 95.9–99.0)	97.3% (95% CI, 95.9–98.7)	0.47	KM estimated
		Lane 2010 [43]	Metastases-free survival at 7 yr (RCC with minimum follow-up of 7 yr only)	55	249	90.9% (50/55)	94.8% (234/249)	–	Actual rate
		Gill 2007 [42]	Local recurrence rate at 3 yr (pathologic RCC only)	514	676	1.4% (95% CI, 0–2.8)	1.5% (95% CI, 0.4–2.6)	–	KM estimates
		Gill 2007 [42]	Distant recurrence rate at 3 yr (pathologic RCC only)	514	676	0.9% (95% CI 0, 2.2)	2.1% (95% CI, 0.7–3.4)	–	KM estimates

NR = not reported; HR = hazard ratio; KM = Kaplan-Meier; RR = risk ratio; CI = confidence interval; SD = standard deviation; eGFR = estimated glomerular filtration rate.

staging purposes). Using the life table analysis method, the authors reported an overall survival benefit at 10 yr (80.2% vs 54%; $p < 0.01$) with extended lymphadenectomy ($n = 109$) compared with a facultative lymphadenectomy ($n = 82$). However, the study did not report important baseline information about Fuhrman grade and cell type (Table 1), and these results should therefore be treated with caution [25].

3.2.3.2. *Radical or partial nephrectomy with ipsilateral adrenalectomy versus radical or partial nephrectomy alone.* One prospective NRS met inclusion criteria [28] comparing partial nephrectomy with ipsilateral adrenalectomy versus without adrenalectomy. Using strict criteria based on radiographic (suspicious nodule) and intraoperative assessment (adrenal involvement) to justify adrenalectomy, of 2065 patients who underwent partial nephrectomy, only 48 patients (2.3%) underwent concurrent ipsilateral adrenalectomy of which 42 (87%) were histologically benign lesions. On multivariate analysis, upper pole location was not predictive of adrenal involvement (HR: 0.482 [0.050–1.043]; $p = 0.08$), but tumour size was statistically significantly predictive of adrenal involvement (HR: 0.262 [0.074–0.416]; $p = 0.01$). After a follow-up of 5.5 yr, only 15 patients of 2017 (0.74%) subsequently underwent ipsilateral adrenalectomy. There was no evidence of a difference in overall survival at 5 yr (82% with adrenalectomy vs 85% without adrenalectomy; $p = 0.56$) or 10 yr (72.4% with adrenalectomy vs 68% without adrenalectomy; p value not reported). However, this observation should be interpreted with caution because it remains unknown how adrenalectomy had an impact on the survival of this patient population.

3.2.4. Nephron-sparing interventions

3.2.4.1. Partial nephrectomy versus radical nephrectomy

3.2.4.1.1. *Open partial nephrectomy versus open radical nephrectomy.* One RCT [29], a prospective cohort study [20], a database review [30], and one retrospective matched-pair study [31] were identified that compared various aspects of the oncological effectiveness of open radical nephrectomy with open partial nephrectomy. The study populations of D'Armiento et al. [29], Butler et al. [30], and Lee et al. [31] included only patients with tumour sizes < 4 cm. The study by Gratzke and colleagues does not give any information on tumour size, but T1–T2 patients were included. However, there were prognostically relevant baseline imbalances in the radical versus partial nephrectomy tumour stages (see Table 1). It is important to describe the tumour sizes in terms of whether they are > 4 cm or < 4 cm because historically there has been clinical uncertainty over whether partial resection is appropriate for tumours > 4 cm.

The RCT by D'Armiento et al. [29] reported an equal median survival time of 96 mo, although HRs for survival or survival rates were not available. Two NRSs reported the estimated overall survival rates at 5 yr. There was an inconsistency in the direction of effect: Butler et al. [30] reported 75% versus 80%, whereas Lee et al. [31] reported 98.2% versus 88.8% ($p = 0.63$; Table 2) for open partial versus open radical nephrectomy, respectively. However,

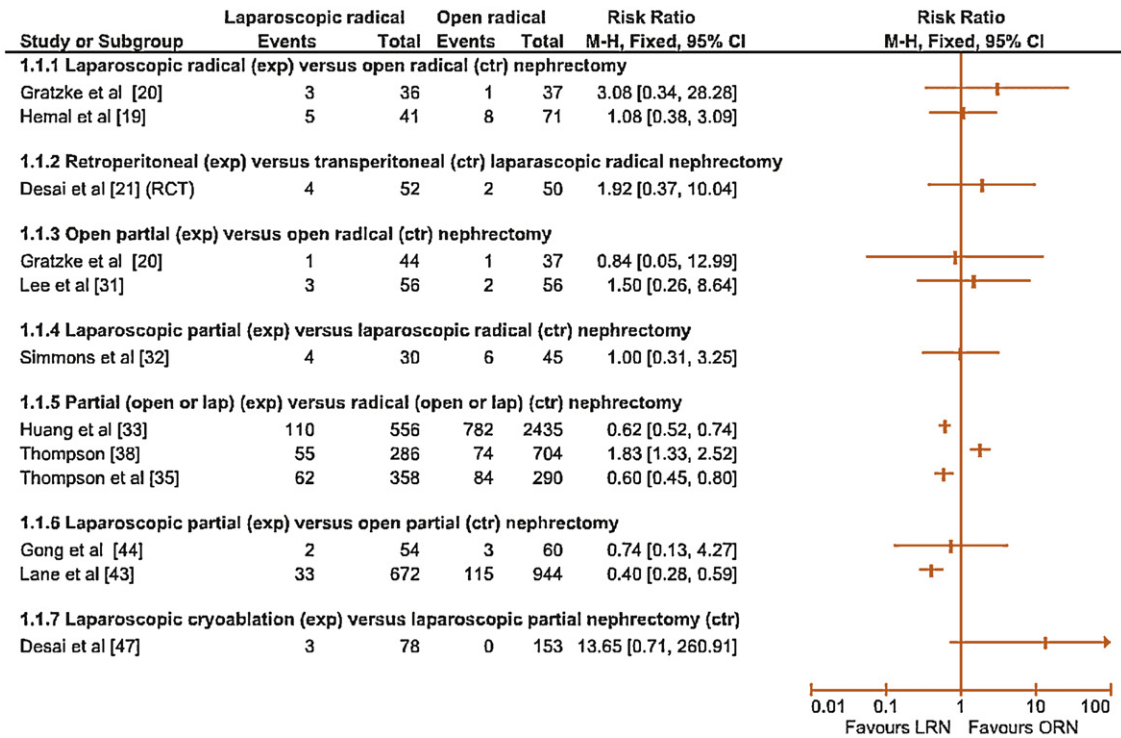


Fig. 2 – All-cause deaths during study period. CI = confidence interval; ctr = control; exp = experimental; M-H = Mantel-Haenszel.

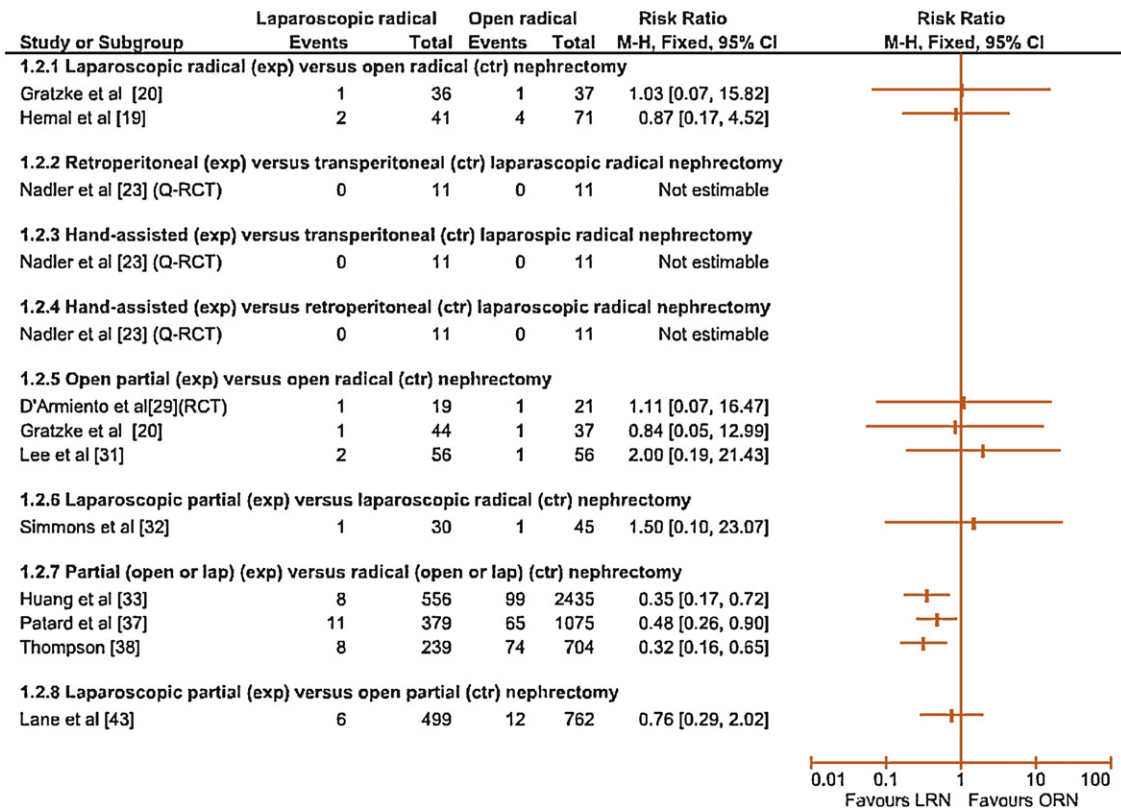


Fig. 3 – Cancer-specific deaths during study period. CI = confidence interval; ctr = control; exp = experimental; M-H = Mantel-Haenszel; Q-RCT = quasi-randomised controlled trial; RCT = randomised controlled trial.

these estimates should be interpreted with caution because data were available for a shorter follow-up period in partial nephrectomy cases (40 ± 26 mo) than in radical nephrectomy cases (66 ± 30 mo) [30]. In addition, neither study was randomised, and prognostically important covariates such as tumour grade and cell type were not reported. The estimated cancer-specific survival rates at 5 yr for radical versus partial nephrectomy, respectively, were 97% versus 100% [30] and 97.9% versus 100% ($p = 0.98$) [31] (Table 2).

The numbers of all-cause deaths, cancer-specific deaths, local recurrences, and metastases events for open radical versus open partial nephrectomy (plots 10.1–10.4, full report [13]) were similar but marked by low event rates and small sample sizes. Disease-free rates were similar for open versus partial nephrectomy (plot 10.5, full report [13]).

3.2.4.1.2. Laparoscopic partial nephrectomy versus laparoscopic radical nephrectomy. One NRS, a database review [32], compared laparoscopic partial nephrectomy ($n = 35$) and laparoscopic radical nephrectomy ($n = 75$) in tumours >4 cm. There was no evidence of a difference in estimated overall survival, cancer-specific survival, and recurrence-free survival rates, respectively, at 80 mo (Table 2).

3.2.4.1.3. Open or laparoscopic partial nephrectomy versus open or laparoscopic radical nephrectomy. There has been controversy as to whether partial nephrectomy should be used for larger tumours, and a cut-off of 4 cm has been recommended. However, some study authors have argued that partial nephrectomy is feasible up to 7 cm with no reduction in oncological control or overall survival. For this reason this section is split into two: studies reporting populations with tumour sizes ≤ 4 cm and studies with populations reporting 4–7 cm. The surgical approach used (whether open or laparoscopic) was not clearly reported in these studies. These results should be treated with caution because there is limited high-quality evidence.

3.2.4.1.3.1. Open or laparoscopic partial nephrectomy versus open or laparoscopic radical nephrectomy ≤ 4 cm. Huang et al. [33], Zini et al. [34], Thompson et al. [35], and Patard et al. [36] studied small renal tumours. Huang et al. [33] and Zini et al. [34] both report data from the Surveillance Epidemiology and End Results (SEER) database. Huang et al. limited the population to those >66 yr of age; Zini et al. [34] included those aged over 18 years, and both studies adopted different analytic approaches (Huang et al. used multivariate logistic regression and Zini et al. used calliper matching).

In the study by Huang et al., about 30% of the patients died during the study period, including 110 (19.8%) in the partial nephrectomy group and 782 (32.1%) in the radical nephrectomy group. The 5-yr survival probability was 74% after partial nephrectomy and 68% after radical nephrectomy. After adjusting for patient characteristics, radical nephrectomy was found to be significantly associated with death from any cause (HR: 0.72 [0.59–0.88], $p < 0.001$) (Table 2).

For those matched by age, tumour size, and year of surgery, Zini et al. reported an overall mortality HR of 0.84 ($p = 0.048$) in favour of patients who underwent partial

nephrectomy based on Cox regression modelling (Table 2). The 5-yr overall survival rates of the partial nephrectomy and radical nephrectomy groups were 89.3% and 84.4%, respectively, and the 10-yr overall survival rates were 71.3% and 68.2% in favour of partial nephrectomy (Table 2).

Thompson et al. [35] reported data from the Mayo Clinic institutional databases and found no evidence that radical and partial nephrectomy were different in terms of all-cause death (risk ratio [RR]: 1.2 [0.80–1.56]; $p = 0.52$). However, when age was controlled for in the analysis, in a subset of patients <65 yr, radical nephrectomy was significantly associated with death from any cause compared with partial nephrectomy (RR: 2.16 [1.09–4.23]; $p = 0.02$). The increased risk of death from any cause persisted after adjusting for year of surgery (RR: 2.34 [1.17–4.69]; $p = 0.016$), preoperative creatinine (RR: 2.15 [1.12–4.19]; $p = 0.027$), Charlson-Romano index (RR: 2.14 [1.05–4.35]; $p = 0.037$), symptoms at presentation (RR: 2.17 [1.11–4.24]; $p = 0.023$), diabetes at presentation (RR: 2.23 [1.09–4.56]; $p = 0.028$), and histology (RR: 2.32 [1.18–4.55]; $p = 0.015$).

In a subset of T1a patients (ie, ≤ 4 cm), Patard et al. [37] noted no difference in cancer-specific survival at 5 yr (log-rank test $p = 0.7$) in a multi-institutional study. There was no evidence of differences in partial versus radical nephrectomy, respectively, in local (1 of 123 vs 1 of 175) or distant (3 of 123 vs 8 of 175) recurrence at a mean follow-up of 62.5 mo (plots 13.1–13.4, full report [13]).

3.2.4.1.3.2. Open or laparoscopic partial nephrectomy versus open or laparoscopic radical nephrectomy >4 cm. Thompson et al. [38], Dash et al. [39], Weight et al. [40], Cr epel et al. [41], and Patard et al. [36,37] report on tumours 4–7 cm. Thompson et al. [38], combining Mayo Clinic and Memorial Sloan-Kettering Cancer Centre (MSKCC) institutional databases, and Weight et al. [40], reporting SEER database data, failed to show evidence of differences between partial nephrectomy and radical nephrectomy (HR: 1.06 [0.79–1.45] and 0.903 [0.56–1.5], respectively; $p = 0.68$).

Four studies reported adjusted HRs for cancer-specific survival again showing no evidence of differences between partial nephrectomy and radical nephrectomy: Cr epel et al. (HR 0.8; $p = 0.4$) [41], Patard et al. ($p = 0.9$) [36], Thompson et al. (HR: 0.51 [0.24–1.09]; $p = 0.079$) [38], and Weight et al. (HR: 0.77 [0.41–1.42]; $p = 0.4$) [40] (Table 2).

One database review [39] using MSKCC data reported an adjusted HR for disease-free survival and failed to show evidence of a difference between partial nephrectomy and radical nephrectomy (HR 0.36 [0.05–2.82]; $p = 0.3$) (Table 2).

In the SEER database study by Weight et al. (Table 2), at a median follow-up of 48 mo, controlling for the propensity to undergo a partial nephrectomy (age, tumour size, presence of contralateral disease, solitary kidney, surgery type [laparoscopic versus open], and Charlson comorbidity index), partial nephrectomy was associated with better overall survival (HR: 0.62 [0.4–0.94]; $p = 0.03$). However, when pathologic stage and reduction in estimated glomerular filtration rate (eGFR) were included in the model, partial nephrectomy was no longer a significant predictor of survival (HR: 0.903 [0.56–1.5]; $p = 0.68$). The Kaplan-Meier

estimates of overall survival at 5 yr were 85% and 78.8% in the partial and radical nephrectomy groups, respectively.

In a subset of T1b patients (ie, 4–7 cm), Patard et al. [37] noted no difference in cancer-specific survival at 5 yr (log-rank test $p = 0.8$) in a multi-institutional study. There were no statistically significant differences in partial versus radical nephrectomy, respectively, in local (1 of 28 vs 5 of 218) or distant (8 of 28 vs 34 of 218) recurrence at a mean follow-up of 62.5 mo.

3.2.4.1.3.3. Minimally invasive ablative procedure versus laparoscopic radical nephrectomy. There were no comparative studies that reported on oncological outcomes.

3.3. Technique of partial nephrectomy

3.3.1. Laparoscopic partial nephrectomy versus open partial nephrectomy

Two database reviews [42,43] and two matched-pair analyses [44,45] compared laparoscopic and open techniques of partial nephrectomy.

Lane and Gill [43] noted an overall survival benefit estimate in laparoscopic versus open partial nephrectomy patients when adjusting for age, gender, race, Charlson-Romano index, tumour size, hypertension, preoperative eGFR, and oncological potential (defined as predicted risk of recurrence at 5 yr) in those patients with a minimum of 1-yr follow-up (HR: 0.69 [0.45–1.02]; $p = 0.07$). At 7-yr follow-up, there was no evidence of a difference between the two groups. There were no differences in 3-yr cancer-specific survival [42] and 5-yr overall survival [45] (Table 2).

Regarding the number of deaths during the study period, a lower risk of all-cause death was shown in the laparoscopic group (RR: 0.4 [0.28–0.59]; $p = 0.0001$) [43] (Fig. 2).

The studies by Gill et al. [42] and Marszalek et al. [45] reported no statistically significant difference in the recurrence patterns between laparoscopic and open partial nephrectomy (Table 2).

It is important to note that the evidence base for this comparison remains poor, with all studies suffering from methodological flaws inherent in most NRSs.

3.3.2. Robotic partial nephrectomy versus laparoscopic partial nephrectomy

There were no comparative studies that reported on oncological outcomes.

3.3.3. Radiofrequency-assisted robotic clampless partial nephrectomy versus laparoscopic partial nephrectomy

A database review by Wu et al. [46] compared patients who underwent standard laparoscopic partial nephrectomy ($n = 36$, but only 24 were RCCs) and radiofrequency-assisted robotic laparoscopic partial nephrectomy (RFRCPN) ($n = 42$, but only 32). The groups were comparable for positive surgical margins (0 of 42 vs 1 of 36) and recurrence rates (1 of 34 vs 0 of 34) (plots 16.1–16.2, full report [13]) for the RFRCPN and RFA-assisted robotic laparoscopic nephrectomy, but the study was marked by very low event rates, a high number of benign tumours, and lacked longer term survival data.

3.3.4. Partial nephrectomy versus minimally invasive ablative procedures

3.3.4.1. Laparoscopic cryoablation versus laparoscopic partial nephrectomy. Data were obtained from one database review [47] and one matched-pair study [48]. For the cryoablation and partial nephrectomy arms, respectively, 3 of 78 and 0 of 153 deaths were reported by Desai et al. [47] at last follow-up (Fig. 3). Time to detection of local recurrence was noted at a mean follow-up time of 5.8 mo among those who underwent partial nephrectomy (1 of 153), and 24.6 mo after cryoablation (2 of 78) [47] (plot 17.1, full report [13]). No recurrences were reported in either treatment group after a mean follow-up of 9.8 and 11.9 mo in the report by O'Malley et al. [48] (plot 17.2, full report [13]). oncological outcomes in terms of development of recurrence therefore differed between the two studies. This may be a reflection of different definitions and ways of establishing disease recurrence following cryoablation. The study also includes data on benign tumours and therefore should be treated with caution. Determining local recurrence on imaging alone is known to be subjective.

3.3.4.2. Laparoscopic cryoablation versus open partial nephrectomy.

Data were obtained from one matched comparison [49]. There were no local recurrences or metastases in either group (plots 18.1–18.2, full report [13]). However, there were only 20 patients in each arm, and follow-up was short at 27–28 mo.

3.4. Discussion

3.4.1. Principal findings

Open radical nephrectomy and open partial nephrectomy show no difference in either overall or cancer-specific survival. However, if data from studies comparing open or laparoscopic radical nephrectomy versus open or laparoscopic partial nephrectomy are considered, the evidence base indicates improved survival for partial nephrectomy in tumours ≤ 4 cm. However, there is no evidence of a difference in tumours >4 cm. Recurrence rates and metastases appear similar for all approaches. Although the included studies differed in quality and outcomes reported, overall the evidence suggests either equivalent or better survival with partial nephrectomy, suggesting that NSS should be applied when possible.

Laparoscopic radical nephrectomy appears to offer equivalent survival to open radical nephrectomy, and all laparoscopic approaches achieve equivalent survival. Open and laparoscopic partial nephrectomy achieve equivalent survival. Different laparoscopic and ablative techniques also achieve similar survival, but studies are of low methodological quality.

There is no evidence to support removal of the ipsilateral adrenal gland with radical nephrectomy. The performance of complete lymph node dissection with radical nephrectomy for localised RCC remains unanswered due to large inconsistencies in the data.

Although this systematic review compared surgical management with nonsurgical management for renal

tumours, the evidence available falls short of proving that surgery improves survival, due to the absence of high-quality studies. However, from a practical point of view, this is a question that could be answered for surveillance of small renal masses but it is unlikely to be answered for larger or more advanced tumours due to the ethical implications of withholding treatment.

Since the last search update for this review (October 2010), several potentially relevant studies have been published. An updated scoping exercise performed in January 2012 returned 240 abstracts, from which 4 relevant studies were identified, of which 2 are RCTs [50,51] and 2 are nonrandomised retrospective matched-pair analyses [52,53]. The study by van Poppel et al. [50] was a multicentre RCT of NSS versus radical nephrectomy for T1–T2 renal cancers. Despite being an RCT, the study had significant limitations (including premature closing of the study due to poor accrual, a change in protocol, and being significantly underpowered), a fact the authors acknowledged. The results from the intention-to-treat analysis showed a lower overall survival for NSS compared with radical nephrectomy, although this difference becomes insignificant if the analysis is restricted to the targeted population of RCC patients and those who are clinically and pathologically eligible. Given such methodological flaws and uncertainty, the results from this study should be interpreted cautiously. Yu et al. [51] conducted a RCT comparing open partial nephrectomy versus open radical nephrectomy, and similar oncological outcomes were reported at a minimum of 5 yr. Klatte et al. [52] performed a retrospective matched-pair study comparing laparoscopic cryoablation with open partial nephrectomy for T1a renal tumours only. The results showed substantially higher local recurrence rate at 3 yr for laparoscopic cryoablation. Antonelli et al. [53] conducted a retrospective analysis comparing elective open partial nephrectomy with open radical nephrectomy for clinical T1 tumours only. However, patients with pathologic T2 and T3 tumours in the open radical nephrectomy group were excluded from the analysis. The results showed similar recurrence rate and cancer-specific mortality for both procedures.

3.4.2. Strengths and limitations

The strength of this review is the systematic approach taken to examine the evidence base using a methodologically rigorous review process including Cochrane methodology throughout, reporting standards such as PRISMA, using novel tools to assess risks of bias in NRSs, and requesting peer review throughout from a reference group of international experts. A clinical care pathway identifying the major comparisons of interest was formulated in consultation with international experts. An in-depth description of this consensus-building process was previously reported [54].

The major limitation of this systematic review results from the methodological concessions that needed to be made to ensure the review reflects the current state of the available evidence base. In particular, the inclusion criteria had to be more inclusive of study designs from further down

the hierarchy of evidence than is desirable (full report [13]). Another limitation is that NRSs have inherent biases, meaning they should always be treated with caution. The review has addressed this by using a methodologically rigorous system of assessing risks of bias in NRS (see full report [13]). In addition, it was not possible to perform meta-analyses for all outcomes of interest, due to statistical and trial design limitations. However, to derive the highest possible level of evidence for the review, uncontrolled case series (ie, nonrandomised studies without a control arm) were excluded because such studies can provide level 4 evidence only at best [55] for comparative assessments of interventions.

3.4.3. How this systematic review compares with other recent systematic reviews and technology assessments by guideline panels

The current EAU and American Urological Association (AUA) Renal Cancer Guidelines provide primary reference points for the management of localised RCC. The review methodology underpinning both guidelines differ from that offered in this systematic review mainly on the point of strict inclusion criteria for primary reports and the assessment of the methodological quality of those included reports (full report [13]).

There are specific methodological limitations of the research underpinning the AUA Renal Cancer Guidelines, such as conduct of meta-analyses of observational studies. The guideline itself acknowledged that it may not be methodologically appropriate to do so [56,57]. The current internationally recognised EAU Renal Cancer Guidelines include many case series (ie, no comparator groups) that are susceptible to selection biases. In coauthoring this systematic review, EAU Renal Cancer Guideline Panel members and the UCAN Systematic Review Team used the most rigorous research methods to assess the best evidence available for the management of localised RCC. A comparison between this systematic review with two other reviews [58,59] can be accessed in the full report [13]. Other reviews were either not systematically performed [60] or were based on noncomparative case series [61,62]; these are not considered any further.

4. Conclusions

Patient and tumour characteristics permitting, the current oncological outcomes evidence base suggests that localised RCCs are best managed by NSS rather than by radical nephrectomy irrespective of surgical approach. Where open surgery is deemed necessary, open NSS oncological outcomes are at least as good as open radical nephrectomy and should be the preferred option when technically feasible. The evidence around minimally invasive ablative technologies is weak due to low methodological quality studies and mixed patient populations that include benign renal lesions, making judgements about effectiveness unsafe. In the absence of obvious tumour involvement of the ipsilateral adrenal gland, the evidence available does not support routine removal of the adrenal gland. It remains unclear whether complete lymph node dissection has any role in the management of

localised RCC due to large inconsistencies in limited data, and therefore on currently available evidence it is best not to offer it to patients. Future research efforts must aim to rectify this paucity of evidence with well-designed and well-reported prospective studies, especially for newer interventions. Studies should use predefined, ideally standardised, measures of outcome and be multicentre to ensure that the studies give sufficiently precise estimates of the various outcomes. Ideally, allocation should be randomised. There is an urgent need for standardisation of outcome reporting in RCC trials, observational studies, and registry databases. Such standardisation will make it easier to compare, contrast, and synthesise the results of such studies, reduce the risk of inappropriate outcomes being measured, and reduce outcome reporting bias.

Author contributions: James N'Dow had full access to all the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis.

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Obtaining funding: N'Dow.

Administrative, technical, or material support: Canfield (GRADE), S.J. MacLennan.

Supervision: S.J. MacLennan.

Other (specify): UCAN Systematic Review Reference Group (Michael Aitchison, Philipp Dahm).

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Appendix 1. Assessment of risk of bias*

Study	Randomised?	Adequate sequence generation?	Allocation concealment?	Blinding for survival outcomes?	Incomplete outcome data addressed?	Free of selective outcome reporting?	Free of other bias?
Blom 2009 [8]	Yes	Yes	Yes	Unclear	Yes	Yes	No
Butler 1995 [30]	No	No	No	Unclear	Yes	Unclear	Unclear
Crépel 2010 [41]	No	No	No	Unclear	Unclear	Unclear	Unclear
D'Armiento 1997 [29]	Yes	Yes	Unclear	Unclear	No	Yes	Unclear
Dash 2006 [39]	No	No	No	No	Yes	Unclear	Unclear
Desai 2005 [21]	Yes	Yes	Yes	No	Yes	Yes	Unclear
Desai 2005 [47]	No	No	No	No	Unclear	Unclear	No
Gabr 2009 [24]	No	No	No	Unclear	Yes	Unclear	Unclear
Gill 2007 [42]	No	No	No	No	No	Unclear	Unclear
Gong 2008 [44]	No	No	No	No	No	Unclear	Unclear
Gratzke 2009 [20]	No	No	No	NA	NA	Yes	Unclear
Hemal 2007 [19]	No	No	No	Unclear	Unclear	Unclear	Unclear
Hemal 2009 [25]	No	No	No	NA	NA	Yes	Unclear
Herrlinger 1991 [27]	No	No	No	No	Yes	Yes	Unclear
Huang 2009 [33]	No	No	No	No	Unclear	Unclear	Unclear
Ko 2008 [49]	No	No	No	No	Yes	Unclear	Unclear
Lane 2009 [28]	No	No	No	No	Yes	Yes	Unclear
Lane 2010 [43]	No	No	No	No	Yes	No	Unclear
Lee 2007 [31]	No	No	No	No	Yes	Unclear	Unclear
Marszalek 2009 [45]	No	No	No	No	Yes	Yes	Yes
Nadler (3 arm) 2006 [23]	Yes	No (quasi-RCT)	No	No	Yes	Yes	Unclear
Nambirajan 2004 [22]	Yes	Unclear	Unclear	Unclear	Yes	Unclear	Unclear
O'Malley 2007 [48]	No	No	No	NA	NA	Yes	Unclear
Patard 2004 [37]	No	No	No	No	Yes	Yes	Unclear
Patard 2008 [36]	No	No	No	Unclear	Unclear	Unclear	Unclear
Simmons 2009 [32]	No	No	No	Unclear	Unclear	Unclear	Unclear

Appendix 1 (Continued)

Study	Randomised?	Adequate sequence generation?	Allocation concealment?	Blinding for survival outcomes?	Incomplete outcome data addressed?	Free of selective outcome reporting?	Free of other bias?
Soga 2008 [26]	No	No	No	NA	NA	Unclear	Unclear
Thompson 2008 [35]	No	No	No	Assessor	Unclear	Unclear	Unclear
Thompson 2009 [38]	No	No	No	Unclear	Unclear	Unclear	Unclear
Weight 2010 [40]	No	No	No	Unclear	Unclear	Unclear	Unclear
Wu 2010 [46]	No	No	No	Unclear	Unclear	Unclear	Unclear
Zini 2009 [18]	No	No	No	No	Unclear	Unclear	Unclear
Zini 2009 [34]	No	No	No	No	Unclear	Unclear	Unclear

NA = not applicable (survival outcome not reported).

* According to a recommended tool for randomized controlled trials by the Cochrane Handbook [14].

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